

MARCH 5, 2019

7 PM PT / 10 PM ET LIVE BROADCAST

MITCH HOROWITZ  
SPECIAL GUEST

**Ep. 1005**

**F2B**  
WITH JIMMY CHURCH



MITCHHOROWITZ.COM

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1  
00:00:17,910 --> 00:00:14,950

[Music]

2  
00:00:20,790 --> 00:00:17,920

the smoke radio for the masses headline

3  
00:00:22,630 --> 00:00:20,800

edition july 8 1947

4  
00:00:25,109 --> 00:00:22,640

the army air forces has announced that a

5  
00:00:27,429 --> 00:00:25,119

flying disc has been found and is now in

6  
00:00:29,509 --> 00:00:27,439

the possession of the army if the game

7  
00:00:31,509 --> 00:00:29,519

is rigged change the game

8  
00:00:34,389 --> 00:00:31,519

game changer

9  
00:00:36,709 --> 00:00:34,399

i occasionally think how quickly

10  
00:00:38,069 --> 00:00:36,719

our differences worldwide

11  
00:00:40,790 --> 00:00:38,079

would vanish

12  
00:00:44,130 --> 00:00:40,800

if we were facing an alien threat from

13  
00:00:46,950 --> 00:00:44,140

outside this world

14

00:00:49,750 --> 00:00:46,960

[Applause]

15

00:00:52,389 --> 00:00:49,760

this is fade to black with your host

16

00:00:55,590 --> 00:00:52,399

jimmy church on the game changer radio

17

00:00:59,270 --> 00:00:55,600

network and kgra the global radio

18

00:01:04,559 --> 00:01:01,430

i need your help to get to the year

19

00:01:10,390 --> 00:01:08,310

[Music]

20

00:01:13,360 --> 00:01:10,400

you are listening to fate to black with

21

00:01:19,990 --> 00:01:13,370

jimmy judge on the game changer network

22

00:01:23,030 --> 00:01:20,000

[Music]

23

00:01:27,030 --> 00:01:25,200

fade to black

24

00:01:30,310 --> 00:01:27,040

[Music]

25

00:01:35,270 --> 00:01:31,990

for

26

00:01:40,710 --> 00:01:37,190

masses

27

00:01:42,950 --> 00:01:40,720

yeah man

28

00:01:47,350 --> 00:01:42,960

how you doing

29

00:01:50,670 --> 00:01:47,360

[Music]

30

00:01:55,350 --> 00:01:50,680

today's tuesday march 5th

31

00:01:57,830 --> 00:01:55,360

2019 64 days into the new year 301 days

32

00:02:01,510 --> 00:01:59,910

we are live from a bunker somewhere in

33

00:02:03,030 --> 00:02:01,520

the middle of beautiful downtown burbank

34

00:02:04,870 --> 00:02:03,040

california and i would like to welcome

35

00:02:08,710 --> 00:02:04,880

everybody listening all around the world

36

00:02:11,270 --> 00:02:08,720

all across the united states hither and

37

00:02:13,510 --> 00:02:11,280

tether to and fro back and forth up and

38

00:02:15,750 --> 00:02:13,520

down east and west north and south far

39

00:02:19,910 --> 00:02:15,760

and near

40

00:02:23,110 --> 00:02:19,920

this is fade to black for kjcr

41

00:02:25,190 --> 00:02:23,120

the game changer network in kgra the

42

00:02:29,910 --> 00:02:25,200

planet i am your host jimmy church what

43

00:02:35,589 --> 00:02:32,470

man oh man oh man

44

00:02:37,430 --> 00:02:35,599

tonight i've got some things to say i'm

45

00:02:38,949 --> 00:02:37,440

gonna say it

46

00:02:40,949 --> 00:02:38,959

i'm gonna kick it off with tonight we

47

00:02:43,990 --> 00:02:40,959

have very special guest mitch horowitz

48

00:02:47,509 --> 00:02:44,000

is here live from new york city

49

00:02:49,350 --> 00:02:47,519

we're gonna talk about his two books

50

00:02:52,229 --> 00:02:49,360

and other things as well but his two

51  
00:02:55,910 --> 00:02:52,239  
books occult america one simple idea how

52  
00:02:59,670 --> 00:02:55,920  
positive thinking reshaped modern life

53  
00:03:01,509 --> 00:02:59,680  
and the miracle club how thoughts become

54  
00:03:03,750 --> 00:03:01,519  
reality

55  
00:03:06,149 --> 00:03:03,760  
i'm gonna discuss some of this in just a

56  
00:03:08,949 --> 00:03:06,159  
bit stay with me tomorrow night

57  
00:03:11,509 --> 00:03:08,959  
is our soul tech special events

58  
00:03:13,589 --> 00:03:11,519  
featuring the premiere of our

59  
00:03:15,990 --> 00:03:13,599  
documentary it is called boarding

60  
00:03:17,030 --> 00:03:16,000  
benevolence it was shot last year in

61  
00:03:19,350 --> 00:03:17,040  
august

62  
00:03:21,350 --> 00:03:19,360  
up at e-city ranch that premieres

63  
00:03:22,550 --> 00:03:21,360

tomorrow night cannot wait for it okay

64

00:03:23,670 --> 00:03:22,560

now

65

00:03:25,589 --> 00:03:23,680

thursday

66

00:03:28,390 --> 00:03:25,599

is another fader night with open lines

67

00:03:29,830 --> 00:03:28,400

all night long you can follow me on

68

00:03:32,789 --> 00:03:29,840

twitter

69

00:03:33,830 --> 00:03:32,799

you can do that if you wish at j church

70

00:03:35,910 --> 00:03:33,840

radio

71

00:03:38,710 --> 00:03:35,920

you know i'm big i'm big into social

72

00:03:40,149 --> 00:03:38,720

media twitter seems to be my home these

73

00:03:42,789 --> 00:03:40,159

days

74

00:03:44,630 --> 00:03:42,799

still hanging over on facebook

75

00:03:46,309 --> 00:03:44,640

and of course youtube is right there and

76

00:03:47,869 --> 00:03:46,319

you can follow like and subscribe over

77

00:03:50,229 --> 00:03:47,879

at

78

00:03:51,670 --> 00:03:50,239

jimmychurchradio.com now the sandbox if

79

00:03:54,710 --> 00:03:51,680

you want to hang out with everybody

80

00:03:56,949 --> 00:03:54,720

tonight is hashtag f2b and that is on

81

00:04:00,070 --> 00:03:56,959

twitter any questions or comments

82

00:04:05,030 --> 00:04:00,080

for myself or our guest tonight mitch

83

00:04:06,630 --> 00:04:05,040

horowitz you can uh do hashtag f2bq

84

00:04:08,390 --> 00:04:06,640

as you know everything is live in front

85

00:04:10,949 --> 00:04:08,400

of me and of course we have two chat

86

00:04:11,710 --> 00:04:10,959

rooms one over in speaker and one over

87

00:04:14,470 --> 00:04:11,720

at

88

00:04:15,350 --> 00:04:14,480

kgra the planet you can also email

89

00:04:17,349 --> 00:04:15,360

throughout the show jimmy

90

00:04:18,789 --> 00:04:17,359

jimmychurchradio.com let's get to the

91

00:04:20,390 --> 00:04:18,799

breaking news i've got a lot to talk

92

00:04:21,189 --> 00:04:20,400

about tonight it's going to be a busy

93

00:04:24,469 --> 00:04:21,199

show

94

00:04:25,749 --> 00:04:24,479

so let me get all of this stuff in

95

00:04:27,990 --> 00:04:25,759

volvo

96

00:04:29,350 --> 00:04:28,000

synonymous with automobile safety

97

00:04:32,310 --> 00:04:29,360

worldwide

98

00:04:36,230 --> 00:04:32,320

will limit the top speed of all of its

99

00:04:38,230 --> 00:04:36,240

cars to 112 miles per hour to further

100

00:04:42,230 --> 00:04:38,240

reduce fatalities

101  
00:04:44,150 --> 00:04:42,240  
involved in its vehicles

102  
00:04:46,469 --> 00:04:44,160  
they're boxy

103  
00:04:47,749 --> 00:04:46,479  
but safe

104  
00:04:50,150 --> 00:04:47,759  
that's right

105  
00:04:53,990 --> 00:04:50,160  
also today

106  
00:04:56,469 --> 00:04:54,000  
check this out spacex ceo elon musk

107  
00:04:57,990 --> 00:04:56,479  
believes that a moon base should be

108  
00:05:00,629 --> 00:04:58,000  
first

109  
00:05:02,550 --> 00:05:00,639  
that's right before his company

110  
00:05:05,510 --> 00:05:02,560  
heads to mars

111  
00:05:07,990 --> 00:05:05,520  
i'm quoting from elon here quote yeah

112  
00:05:10,790 --> 00:05:08,000  
yeah you need to get there that's the

113  
00:05:13,270 --> 00:05:10,800

big deal i think starship will also be

114

00:05:15,189 --> 00:05:13,280

good for creating a base on the moon

115

00:05:18,469 --> 00:05:15,199

we'll probably have a base on the moon

116

00:05:20,790 --> 00:05:18,479

before going to mars and quote

117

00:05:24,870 --> 00:05:20,800

and elon recently said this in an

118

00:05:26,710 --> 00:05:24,880

interview with popular mechanics

119

00:05:28,710 --> 00:05:26,720

that's right next up the national

120

00:05:31,510 --> 00:05:28,720

security agency

121

00:05:33,909 --> 00:05:31,520

has stopped using a surveillance program

122

00:05:35,430 --> 00:05:33,919

in recent months that relied on bulk

123

00:05:37,990 --> 00:05:35,440

data collected

124

00:05:40,629 --> 00:05:38,000

from u.s domestic phone records

125

00:05:41,670 --> 00:05:40,639

according to a republican congressional

126  
00:05:44,469 --> 00:05:41,680  
official

127  
00:05:45,830 --> 00:05:44,479  
the program authorized under the usa

128  
00:05:48,469 --> 00:05:45,840  
freedom act

129  
00:05:50,230 --> 00:05:48,479  
requires reauthorization at the end of

130  
00:05:52,710 --> 00:05:50,240  
the year and the trump administration

131  
00:05:55,110 --> 00:05:52,720  
may not seek to extend it and this is

132  
00:05:57,270 --> 00:05:55,120  
according to luke murray national

133  
00:05:59,430 --> 00:05:57,280  
security adviser to house minority

134  
00:06:02,790 --> 00:05:59,440  
leader kevin mccarthy

135  
00:06:06,390 --> 00:06:02,800  
murray's comments came on a podcast

136  
00:06:10,230 --> 00:06:06,400  
produced by law fair a national security

137  
00:06:10,630 --> 00:06:10,240  
legal affairs website

138  
00:06:11,909 --> 00:06:10,640

yeah

139

00:06:15,270 --> 00:06:11,919

[Applause]

140

00:06:17,110 --> 00:06:15,280

we'll see spying on u.s citizens and

141

00:06:19,029 --> 00:06:17,120

remember up until a couple of months ago

142

00:06:21,029 --> 00:06:19,039

that's apparently

143

00:06:23,189 --> 00:06:21,039

uh what they did now do we trust the nsa

144

00:06:25,430 --> 00:06:23,199

with this have they stopped or they is a

145

00:06:27,270 --> 00:06:25,440

smoke screen i don't know

146

00:06:28,950 --> 00:06:27,280

i don't know but we'll see we'll see

147

00:06:30,710 --> 00:06:28,960

what happens it's got to get re-upped

148

00:06:32,830 --> 00:06:30,720

and reauthorized by trump by the end of

149

00:06:35,670 --> 00:06:32,840

the year so we'll see

150

00:06:36,629 --> 00:06:35,680

okay man i need this river moon coffee

151  
00:06:38,950 --> 00:06:36,639  
right now

152  
00:06:41,189 --> 00:06:38,960  
you've got to go and check out the

153  
00:06:44,230 --> 00:06:41,199  
surfer music streaming app

154  
00:06:47,670 --> 00:06:44,240  
they are our newest sponsors here at uh

155  
00:06:49,510 --> 00:06:47,680  
fade to black it's an amazing app

156  
00:06:51,189 --> 00:06:49,520  
all you have to do is download it you

157  
00:06:53,029 --> 00:06:51,199  
don't have to sign up for you don't have

158  
00:06:54,629 --> 00:06:53,039  
to give up your personal information

159  
00:06:56,309 --> 00:06:54,639  
you're not doing anything but click the

160  
00:06:58,710 --> 00:06:56,319  
download button

161  
00:06:59,909 --> 00:06:58,720  
and it's amazing and it's totally 100

162  
00:07:02,550 --> 00:06:59,919  
free

163  
00:07:04,469 --> 00:07:02,560

click on the surfer music banners over

164

00:07:07,350 --> 00:07:04,479

at jimmychurchradio.com it'll take you

165

00:07:09,990 --> 00:07:07,360

straight to surfer.fm boom you take a

166

00:07:12,390 --> 00:07:10,000

look you got two choices for downloads

167

00:07:15,589 --> 00:07:12,400

google or apple right there do the

168

00:07:17,909 --> 00:07:15,599

download done you've got streaming music

169

00:07:19,830 --> 00:07:17,919

on your phone just like that everything

170

00:07:21,589 --> 00:07:19,840

is there all of the categories you've

171

00:07:23,990 --> 00:07:21,599

got unlimited everything that you want

172

00:07:25,749 --> 00:07:24,000

to do unlimited skipping you've got you

173

00:07:28,790 --> 00:07:25,759

can establish your favorites all the

174

00:07:31,469 --> 00:07:28,800

channels it's just totally cool

175

00:07:33,029 --> 00:07:31,479

totally cool surfer

176

00:07:36,550 --> 00:07:33,039

s-u-r-f-r

177

00:07:39,990 --> 00:07:38,950

it's amazing and it's so simple it is so

178

00:07:43,270 --> 00:07:40,000

cool it's one of those things where you

179

00:07:46,550 --> 00:07:43,280

just go how how can this be happening

180

00:07:48,790 --> 00:07:46,560

to me where i get a free music streaming

181

00:07:50,100 --> 00:07:48,800

app with no obligation all i got to do

182

00:07:51,350 --> 00:07:50,110

is just download it

183

00:07:54,469 --> 00:07:51,360

[Laughter]

184

00:07:56,230 --> 00:07:54,479

that's it go and download it today our

185

00:07:58,469 --> 00:07:56,240

next event coming up is contact in the

186

00:08:01,029 --> 00:07:58,479

desert that's may 31st through june 3rd

187

00:08:03,589 --> 00:08:01,039

in indian wells palm springs california

188

00:08:05,830 --> 00:08:03,599

at the renaissance indian wells resort

189

00:08:08,230 --> 00:08:05,840

and spa tickets and info contact in the

190

00:08:10,070 --> 00:08:08,240

desert dot com and then coming up of

191

00:08:13,110 --> 00:08:10,080

course our big show

192

00:08:14,230 --> 00:08:13,120

is tomorrow night our big soul tech

193

00:08:16,390 --> 00:08:14,240

special

194

00:08:19,189 --> 00:08:16,400

and our soul tech conference is over the

195

00:08:22,230 --> 00:08:19,199

july 4th weekend at the sunrise ranch in

196

00:08:23,790 --> 00:08:22,240

loveland colorado all right now get over

197

00:08:25,589 --> 00:08:23,800

sign up for tickets and info at

198

00:08:27,670 --> 00:08:25,599

soultechgathering.com the new website's

199

00:08:29,350 --> 00:08:27,680

gonna launch tomorrow it's first come

200

00:08:30,230 --> 00:08:29,360

first serve right off of that mailing

201  
00:08:34,230 --> 00:08:30,240  
list

202  
00:08:36,389 --> 00:08:34,240  
get it done do it and then tomorrow

203  
00:08:38,389 --> 00:08:36,399  
night a great preview special and our

204  
00:08:41,430 --> 00:08:38,399  
guest tonight mitch horowitz is one of

205  
00:08:42,949 --> 00:08:41,440  
our featured speakers and teachers at

206  
00:08:44,870 --> 00:08:42,959  
soul tech and we'll be talking about

207  
00:08:47,030 --> 00:08:44,880  
that in a little bit when we get mitch

208  
00:08:49,269 --> 00:08:47,040  
on the show all right don't forget to

209  
00:08:51,509 --> 00:08:49,279  
subscribe to our podcast

210  
00:08:54,070 --> 00:08:51,519  
it's just two dollars per month

211  
00:08:57,430 --> 00:08:54,080  
two dollars per month you've got over a

212  
00:08:59,990 --> 00:08:57,440  
thousand archive shows it's a thousand

213  
00:09:01,829 --> 00:09:00,000

shows for just two dollars a month all

214

00:09:03,350 --> 00:09:01,839

right click on the podcast banner help

215

00:09:05,430 --> 00:09:03,360

support the show

216

00:09:07,829 --> 00:09:05,440

and uh get signed up today and also you

217

00:09:10,630 --> 00:09:07,839

become an official fader not now we're

218

00:09:13,509 --> 00:09:10,640

going to be expanding all of this uh

219

00:09:16,310 --> 00:09:13,519

over this year so becoming a fate or not

220

00:09:18,389 --> 00:09:16,320

is uh becoming not only a part of this

221

00:09:20,470 --> 00:09:18,399

family helps support the show but you

222

00:09:23,190 --> 00:09:20,480

get so many cool things with you get to

223

00:09:25,110 --> 00:09:23,200

call yourself a fader not and if you go

224

00:09:28,550 --> 00:09:25,120

full tilt boogie you get autographed

225

00:09:32,150 --> 00:09:28,560

shirts and hats you're going to get uh

226  
00:09:34,790 --> 00:09:32,160  
commercial free downloadable mp3 files

227  
00:09:36,470 --> 00:09:34,800  
fully audio optimized

228  
00:09:38,630 --> 00:09:36,480  
it's just totally cool they get the

229  
00:09:40,870 --> 00:09:38,640  
bunker cam and and all of that stuff

230  
00:09:42,790 --> 00:09:40,880  
there's going to be changes

231  
00:09:45,269 --> 00:09:42,800  
i'm letting you guys know there's going

232  
00:09:47,590 --> 00:09:45,279  
to be changes with youtube coming up

233  
00:09:49,110 --> 00:09:47,600  
all right i'm just just letting you know

234  
00:09:51,670 --> 00:09:49,120  
we've been working behind the scenes to

235  
00:09:54,150 --> 00:09:51,680  
get all of this set up and

236  
00:09:55,110 --> 00:09:54,160  
if you're a fate or not you need it you

237  
00:09:57,269 --> 00:09:55,120  
need

238  
00:09:59,030 --> 00:09:57,279

those privileges okay so there's going

239

00:10:01,110 --> 00:09:59,040

to be some changes coming up here on

240

00:10:03,990 --> 00:10:01,120

youtube right now we have to use youtube

241

00:10:05,750 --> 00:10:04,000

the way it's set up in order to optimize

242

00:10:08,230 --> 00:10:05,760

their stream to feed that back into the

243

00:10:10,949 --> 00:10:08,240

bunker cam they used to let us use the

244

00:10:13,190 --> 00:10:10,959

stream and not stream on youtube and we

245

00:10:16,670 --> 00:10:13,200

could just take this stream and put it

246

00:10:19,670 --> 00:10:16,680

on our website they stopped that

247

00:10:21,910 --> 00:10:19,680

unbelievable just a strange violation

248

00:10:23,750 --> 00:10:21,920

man i felt so violated about it but

249

00:10:25,509 --> 00:10:23,760

anyway we've got our work around we've

250

00:10:27,590 --> 00:10:25,519

got our solutions

251  
00:10:29,509 --> 00:10:27,600  
and if you're a fade or not and and

252  
00:10:31,670 --> 00:10:29,519  
you've got the bunker cam you deserve

253  
00:10:32,790 --> 00:10:31,680  
that exclusivity

254  
00:10:34,949 --> 00:10:32,800  
all right

255  
00:10:36,389 --> 00:10:34,959  
where am i at don't forget all of our

256  
00:10:38,790 --> 00:10:36,399  
sponsors here

257  
00:10:40,630 --> 00:10:38,800  
okay click on all

258  
00:10:41,829 --> 00:10:40,640  
life change tea

259  
00:10:44,069 --> 00:10:41,839  
um

260  
00:10:46,069 --> 00:10:44,079  
ancient life oil

261  
00:10:48,949 --> 00:10:46,079  
fade to black blend from river moon

262  
00:10:51,509 --> 00:10:48,959  
coffee hoffman's optics sacred skulls

263  
00:10:54,470 --> 00:10:51,519

new mana food storage they have been

264

00:10:56,150 --> 00:10:54,480

with us forever the surfer music app you

265

00:10:58,310 --> 00:10:56,160

know these are sponsors that have been

266

00:11:01,269 --> 00:10:58,320

with us and supporting us and helping

267

00:11:04,310 --> 00:11:01,279

you the fader knots for years

268

00:11:05,910 --> 00:11:04,320

okay so go and click on their banners go

269

00:11:08,710 --> 00:11:05,920

and check out their products it's all

270

00:11:10,310 --> 00:11:08,720

the best and i use all of it myself

271

00:11:12,230 --> 00:11:10,320

okay

272

00:11:14,870 --> 00:11:12,240

all right let's get to show cracking

273

00:11:17,910 --> 00:11:14,880

happy birthday to today former chili

274

00:11:22,630 --> 00:11:17,920

pepper and guitar virtuoso john

275

00:11:24,790 --> 00:11:22,640

fusciante today is 48 years old case you

276

00:11:27,110 --> 00:11:24,800

didn't know this he was in the peppers

277

00:11:31,670 --> 00:11:27,120

for 20 years he was in the pepper since

278

00:11:33,269 --> 00:11:31,680

1988 all the way to 2007.

279

00:11:34,550 --> 00:11:33,279

i'll never forget the first time i saw

280

00:11:36,870 --> 00:11:34,560

him play i was like that dude that

281

00:11:39,350 --> 00:11:36,880

dude's the real deal right there

282

00:11:41,670 --> 00:11:39,360

happy birthday john our dead guy's

283

00:11:44,030 --> 00:11:41,680

birthday today is

284

00:11:47,509 --> 00:11:44,040

andy gibb

285

00:11:49,509 --> 00:11:47,519

1958-1988 died at the age of 30 of

286

00:11:51,750 --> 00:11:49,519

course brother of barry robin and

287

00:11:53,829 --> 00:11:51,760

maurice who had some pretty big hits of

288

00:11:55,829 --> 00:11:53,839

his own i was cranking him today here in

289

00:11:57,590 --> 00:11:55,839

the bunker i just want to be your

290

00:12:00,710 --> 00:11:57,600

everything and i know readers down the

291

00:12:01,990 --> 00:12:00,720

hall going what is jimmy listening to

292

00:12:03,990 --> 00:12:02,000

but i did

293

00:12:05,350 --> 00:12:04,000

love is thicker than water that's what

294

00:12:08,829 --> 00:12:05,360

i'm talking about

295

00:12:11,829 --> 00:12:08,839

andy gibb on march 10th

296

00:12:13,430 --> 00:12:11,839

1988 and he felt a pain in his chest

297

00:12:16,310 --> 00:12:13,440

goes to the hospital

298

00:12:18,550 --> 00:12:16,320

and andy's doctor told him

299

00:12:20,470 --> 00:12:18,560

that morning that more tests were needed

300

00:12:21,509 --> 00:12:20,480

to determine the cause of his chest

301  
00:12:25,350 --> 00:12:21,519  
pains

302  
00:12:27,910 --> 00:12:25,360  
later that day he just slumped over went

303  
00:12:29,190 --> 00:12:27,920  
unconscious and died

304  
00:12:31,790 --> 00:12:29,200  
that's right

305  
00:12:34,310 --> 00:12:31,800  
he died as the result of a

306  
00:12:36,829 --> 00:12:34,320  
myocarditis an inflammation of the heart

307  
00:12:39,829 --> 00:12:36,839  
muscle caused by a recent viral

308  
00:12:41,269 --> 00:12:39,839  
infection absolutely incredible happy

309  
00:12:43,590 --> 00:12:41,279  
birthday andy i hope you're up there

310  
00:12:45,110 --> 00:12:43,600  
listening man your stuff is incredible

311  
00:12:48,550 --> 00:12:45,120  
absolutely incredible on this day in

312  
00:12:51,750 --> 00:12:48,560  
history 1969 jim morrison is charged

313  
00:12:53,430 --> 00:12:51,760

with lewd behavior at a miami concert

314

00:12:54,790 --> 00:12:53,440

when morrison first got word of the

315

00:12:58,550 --> 00:12:54,800

charges he thought that it was a

316

00:13:01,670 --> 00:12:58,560

practical joke but suny he learned

317

00:13:04,069 --> 00:13:01,680

that miami authorities were very serious

318

00:13:07,269 --> 00:13:04,079

because they added an additional charge

319

00:13:09,910 --> 00:13:07,279

of simulated oral copulation on

320

00:13:12,790 --> 00:13:09,920

guitarist robbie kriegler

321

00:13:14,710 --> 00:13:12,800

during the same show

322

00:13:18,230 --> 00:13:14,720

that's right and also on this day in

323

00:13:21,910 --> 00:13:18,240

1982 i need a moment of silence

324

00:13:24,389 --> 00:13:21,920

jim belushi john belushi jim belushi

325

00:13:26,790 --> 00:13:24,399

john belushi dies of an overdose at the

326

00:13:29,110 --> 00:13:26,800

chateau marmont in los angeles

327

00:13:30,389 --> 00:13:29,120

california fader fact

328

00:13:33,350 --> 00:13:30,399

uranus

329

00:13:35,430 --> 00:13:33,360

has 27 moons

330

00:13:37,350 --> 00:13:35,440

all of these moons are named after the

331

00:13:38,629 --> 00:13:37,360

characters from the works of william

332

00:13:41,350 --> 00:13:38,639

shakespeare

333

00:13:43,829 --> 00:13:41,360

and alexander pope

334

00:13:44,710 --> 00:13:43,839

and that is your favorite fader fact

335

00:13:46,629 --> 00:13:44,720

tonight

336

00:13:48,870 --> 00:13:46,639

mitch horowitz is here we're talking

337

00:13:50,389 --> 00:13:48,880

going to talk about his two books

338

00:13:52,389 --> 00:13:50,399

and talk a little bit about soul tech

339

00:13:54,470 --> 00:13:52,399

too but it's two books occult america

340

00:13:57,189 --> 00:13:54,480

one simple idea how positive thinking

341

00:14:00,069 --> 00:13:57,199

reshaped modern life and

342

00:14:03,509 --> 00:14:00,079

the miracle club how

343

00:14:05,269 --> 00:14:03,519

you ready how thoughts become reality

344

00:14:06,629 --> 00:14:05,279

which is what i want to talk about right

345

00:14:08,710 --> 00:14:06,639

now

346

00:14:10,310 --> 00:14:08,720

as i hit this river moon coffee and let

347

00:14:12,069 --> 00:14:10,320

me tell you something

348

00:14:15,430 --> 00:14:12,079

when you hear what i have to say right

349

00:14:17,430 --> 00:14:15,440

now you'll understand my love

350

00:14:20,310 --> 00:14:17,440

for river moon coffee and everything

351

00:14:22,150 --> 00:14:20,320

that juanita and jeff get done for us

352

00:14:24,550 --> 00:14:22,160

and for all of you every single day i

353

00:14:27,350 --> 00:14:24,560

need this coffee i need it

354

00:14:32,230 --> 00:14:28,870

because

355

00:14:35,110 --> 00:14:32,240

can you change your own reality

356

00:14:36,870 --> 00:14:35,120

the answer is simple of course you can

357

00:14:39,110 --> 00:14:36,880

of course you can and it's easier than

358

00:14:40,310 --> 00:14:39,120

you think

359

00:14:45,350 --> 00:14:40,320

when

360

00:14:47,750 --> 00:14:45,360

especially for the first time

361

00:14:49,910 --> 00:14:47,760

most think that it's like magic or that

362

00:14:52,870 --> 00:14:49,920

it's fake that one day you light some

363

00:14:55,910 --> 00:14:52,880

candles and you chant a few lines from

364

00:14:57,670 --> 00:14:55,920

from some secret book and then bam

365

00:14:58,949 --> 00:14:57,680

the next day you wake up and everything

366

00:15:00,389 --> 00:14:58,959

is changed

367

00:15:02,550 --> 00:15:00,399

right

368

00:15:05,509 --> 00:15:02,560

and no sadly

369

00:15:07,189 --> 00:15:05,519

it doesn't work this way

370

00:15:08,389 --> 00:15:07,199

usually

371

00:15:09,910 --> 00:15:08,399

well

372

00:15:11,910 --> 00:15:09,920

i'm sure it's happened to someone in the

373

00:15:14,150 --> 00:15:11,920

past because anything is possible right

374

00:15:18,230 --> 00:15:14,160

okay i'm i'm hip to that

375

00:15:20,069 --> 00:15:18,240

but changing your reality is work

376  
00:15:21,430 --> 00:15:20,079  
it's real work

377  
00:15:23,509 --> 00:15:21,440  
and

378  
00:15:26,949 --> 00:15:23,519  
11 years ago

379  
00:15:29,750 --> 00:15:26,959  
i decided to change mine

380  
00:15:32,790 --> 00:15:29,760  
i'm gonna say this

381  
00:15:33,590 --> 00:15:32,800  
be careful what you wish for

382  
00:15:35,189 --> 00:15:33,600  
okay

383  
00:15:36,870 --> 00:15:35,199  
seriously

384  
00:15:40,389 --> 00:15:36,880  
today

385  
00:15:41,829 --> 00:15:40,399  
i was at the doctor

386  
00:15:44,629 --> 00:15:41,839  
this morning

387  
00:15:48,150 --> 00:15:44,639  
for a chronic ear issue

388  
00:15:50,150 --> 00:15:48,160

that hasn't gone away for over seven

389

00:15:55,350 --> 00:15:50,160

months

390

00:15:57,110 --> 00:15:55,360

and it's nearly driven me insane

391

00:15:59,829 --> 00:15:57,120

okay

392

00:16:01,749 --> 00:15:59,839

and it's in the inner ear it's not the

393

00:16:04,870 --> 00:16:01,759

outer ear it's in the inner ear you

394

00:16:07,269 --> 00:16:04,880

can't get to it you can't do anything

395

00:16:08,949 --> 00:16:07,279

and it is

396

00:16:10,230 --> 00:16:08,959

constantly

397

00:16:12,710 --> 00:16:10,240

clogged

398

00:16:14,069 --> 00:16:12,720

and i can hear

399

00:16:16,870 --> 00:16:14,079

fluid

400

00:16:18,710 --> 00:16:16,880

moving around in my head

401  
00:16:22,389 --> 00:16:18,720  
all day all night

402  
00:16:24,550 --> 00:16:22,399  
it has not stopped

403  
00:16:26,230 --> 00:16:24,560  
we've been trying to fix it

404  
00:16:28,069 --> 00:16:26,240  
i don't talk about it

405  
00:16:29,509 --> 00:16:28,079  
nobody knows about this

406  
00:16:31,350 --> 00:16:29,519  
right

407  
00:16:33,350 --> 00:16:31,360  
last week

408  
00:16:35,829 --> 00:16:33,360  
i had an allergic reaction to

409  
00:16:37,110 --> 00:16:35,839  
antibiotics that i was taking for this

410  
00:16:39,829 --> 00:16:37,120  
ear thing

411  
00:16:42,470 --> 00:16:39,839  
and my head blew up into a pumpkin

412  
00:16:44,230 --> 00:16:42,480  
that's right i was pumpkin head

413  
00:16:46,069 --> 00:16:44,240

and all this was going on while i'm

414

00:16:47,749 --> 00:16:46,079

fighting this stupid ear thing and i'm

415

00:16:51,990 --> 00:16:47,759

telling you

416

00:16:57,430 --> 00:16:54,790

over the last six or seven months

417

00:17:01,110 --> 00:16:57,440

dealing with this has caused my nights

418

00:17:02,230 --> 00:17:01,120

to be merely void of sleep

419

00:17:05,750 --> 00:17:02,240

right

420

00:17:08,069 --> 00:17:05,760

through all of it i work

421

00:17:10,630 --> 00:17:08,079

and i work a lot

422

00:17:13,270 --> 00:17:10,640

everything that i do out there is

423

00:17:15,669 --> 00:17:13,280

is for the world to see everybody knows

424

00:17:16,710 --> 00:17:15,679

my schedule everybody knows what i am

425

00:17:19,270 --> 00:17:16,720

doing

426  
00:17:20,789 --> 00:17:19,280  
everybody knows that there are no real

427  
00:17:24,549 --> 00:17:20,799  
days off

428  
00:17:26,390 --> 00:17:24,559  
you either see me here or hear me here

429  
00:17:29,190 --> 00:17:26,400  
see me here

430  
00:17:32,710 --> 00:17:29,200  
i'm over at coast i'm over taping for

431  
00:17:34,789 --> 00:17:32,720  
history channel i'm over uh at a

432  
00:17:37,510 --> 00:17:34,799  
conference somewhere

433  
00:17:40,549 --> 00:17:37,520  
i'm always every single day working

434  
00:17:44,870 --> 00:17:40,559  
working through this insanity

435  
00:17:47,990 --> 00:17:46,950  
and i'm not complaining

436  
00:17:50,549 --> 00:17:48,000  
right

437  
00:17:53,190 --> 00:17:50,559  
but there are no days off and they are

438  
00:17:55,110 --> 00:17:53,200

rare when i get them

439

00:17:57,830 --> 00:17:55,120

everything that was sort of normal you

440

00:18:01,190 --> 00:17:57,840

know weekends off and holidays

441

00:18:03,029 --> 00:18:01,200

you know a cycle that made sense

442

00:18:05,029 --> 00:18:03,039

those are totally gone it's been gone

443

00:18:08,470 --> 00:18:05,039

for 11 years

444

00:18:10,789 --> 00:18:08,480

now i wanted to change my reality

445

00:18:12,830 --> 00:18:10,799

and i did

446

00:18:16,630 --> 00:18:12,840

you can do it it

447

00:18:18,630 --> 00:18:16,640

works but what it has turned into

448

00:18:20,150 --> 00:18:18,640

is nearly trend 10 straight years of

449

00:18:23,990 --> 00:18:20,160

madness

450

00:18:29,190 --> 00:18:25,830

i'm not complaining

451  
00:18:31,750 --> 00:18:29,200  
i ask for it

452  
00:18:33,270 --> 00:18:31,760  
i realize that there are

453  
00:18:35,110 --> 00:18:33,280  
so many out there

454  
00:18:38,150 --> 00:18:35,120  
who would do anything to be in the

455  
00:18:41,029 --> 00:18:38,160  
position that rita and i are in right

456  
00:18:42,549 --> 00:18:41,039  
now i understand that we've got an

457  
00:18:44,950 --> 00:18:42,559  
amazing audience

458  
00:18:48,070 --> 00:18:44,960  
right we've got a great network

459  
00:18:50,789 --> 00:18:48,080  
we've got an amazing show that's so much

460  
00:18:54,070 --> 00:18:50,799  
fun to do every single day and much more

461  
00:18:56,870 --> 00:18:54,080  
important we've earned your respect

462  
00:18:59,669 --> 00:18:56,880  
and all of this comes from hard work we

463  
00:19:01,990 --> 00:18:59,679

have never stopped anyone out there who

464

00:19:03,909 --> 00:19:02,000

has put in the effort that it takes to

465

00:19:05,510 --> 00:19:03,919

pull off something like this

466

00:19:08,390 --> 00:19:05,520

will tell you

467

00:19:11,669 --> 00:19:08,400

that they are tired they are exhausted

468

00:19:13,750 --> 00:19:11,679

and they are bordering on crazy

469

00:19:16,710 --> 00:19:13,760

but they wouldn't change a thing

470

00:19:18,549 --> 00:19:16,720

and we won't either

471

00:19:21,750 --> 00:19:18,559

so when you hear me say these words

472

00:19:26,230 --> 00:19:21,760

tonight or you see me on stage somewhere

473

00:19:27,990 --> 00:19:26,240

smiling and happy remember this

474

00:19:29,830 --> 00:19:28,000

i'm here for you

475

00:19:31,830 --> 00:19:29,840

it's all of you that give me the

476

00:19:34,470 --> 00:19:31,840

strength to fight through the lack of

477

00:19:37,830 --> 00:19:34,480

sleep i'm deaf in one ear

478

00:19:41,510 --> 00:19:37,840

barely keeping my wits about me and what

479

00:19:44,230 --> 00:19:41,520

drives me is it and takes my mind off

480

00:19:46,310 --> 00:19:44,240

the madness of this world in my head and

481

00:19:48,789 --> 00:19:46,320

what's going on in my health

482

00:19:51,590 --> 00:19:48,799

is preparing for this show

483

00:19:53,510 --> 00:19:51,600

getting ready for you the audience and

484

00:19:56,310 --> 00:19:53,520

then going through three hours of the

485

00:19:58,150 --> 00:19:56,320

show i'm able to not think about the

486

00:20:00,710 --> 00:19:58,160

madness of the world

487

00:20:04,230 --> 00:20:00,720

i'm just hanging out with you i my ear i

488

00:20:06,789 --> 00:20:04,240

don't like right now the craziness of my

489

00:20:08,310 --> 00:20:06,799

this thing that's been going on for over

490

00:20:11,190 --> 00:20:08,320

a half a year

491

00:20:14,870 --> 00:20:11,200

i'm not even thinking about it

492

00:20:17,430 --> 00:20:14,880

saying something like this this personal

493

00:20:20,310 --> 00:20:17,440

may seem strange

494

00:20:23,830 --> 00:20:20,320

because i never talk about this stuff

495

00:20:27,510 --> 00:20:23,840

but i wanted to change my reality and

496

00:20:30,470 --> 00:20:27,520

this reality where i am today

497

00:20:31,270 --> 00:20:30,480

is that i can speak about this to all of

498

00:20:34,549 --> 00:20:31,280

you

499

00:20:37,270 --> 00:20:34,559

because of this show and and our desire

500

00:20:40,390 --> 00:20:37,280

to change the world that rita and i were

501  
00:20:43,110 --> 00:20:40,400  
in so many years ago

502  
00:20:45,110 --> 00:20:43,120  
you know this morning

503  
00:20:47,990 --> 00:20:45,120  
this morning i was at a doctor's office

504  
00:20:50,390 --> 00:20:48,000  
trying to desperately find the magic

505  
00:20:52,470 --> 00:20:50,400  
cure for something that's been going on

506  
00:20:54,549 --> 00:20:52,480  
which seems like now forever

507  
00:20:56,390 --> 00:20:54,559  
so i could get back to the studio and

508  
00:20:58,230 --> 00:20:56,400  
prepare for the show tonight and act

509  
00:21:00,070 --> 00:20:58,240  
like nothing is going on

510  
00:21:01,590 --> 00:21:00,080  
right i come on the show how to feed the

511  
00:21:03,669 --> 00:21:01,600  
black

512  
00:21:04,630 --> 00:21:03,679  
bespoke radio

513  
00:21:09,909 --> 00:21:04,640

right

514

00:21:12,710 --> 00:21:09,919

through today to get here what i went

515

00:21:15,029 --> 00:21:12,720

through last night after the show just

516

00:21:18,149 --> 00:21:15,039

trying to get to sleep

517

00:21:20,549 --> 00:21:18,159

fighting what's going on in my head

518

00:21:22,070 --> 00:21:20,559

desperately trying to get through the

519

00:21:23,510 --> 00:21:22,080

night so i can get up in the morning get

520

00:21:24,789 --> 00:21:23,520

to the doctor's office get into the

521

00:21:29,430 --> 00:21:24,799

video

522

00:21:33,270 --> 00:21:30,789

so remember

523

00:21:37,350 --> 00:21:33,280

things are never what they seem

524

00:21:40,470 --> 00:21:37,360

and tomorrow is always a brand new day

525

00:21:42,870 --> 00:21:40,480

i will change this reality this crazy

526

00:21:45,909 --> 00:21:42,880

thing that has been going on with me

527

00:21:49,350 --> 00:21:45,919

somehow seriously and i know

528

00:21:53,029 --> 00:21:49,360

that part of what is going on with me is

529

00:21:55,110 --> 00:21:53,039

the fact that we worked so hard to get

530

00:21:58,630 --> 00:21:55,120

where we are at

531

00:22:00,149 --> 00:21:58,640

okay rita and i ran ourselves into the

532

00:22:03,190 --> 00:22:00,159

ground

533

00:22:05,909 --> 00:22:03,200

you know and through all of all of this

534

00:22:07,990 --> 00:22:05,919

just trying to stay in our lane

535

00:22:11,430 --> 00:22:08,000

you know trying to put on a great show

536

00:22:13,430 --> 00:22:11,440

and have fun and discover and and

537

00:22:16,230 --> 00:22:13,440

knowledge and and all these amazing

538

00:22:18,549 --> 00:22:16,240

guests and all of this the torture

539

00:22:20,870 --> 00:22:18,559

that has been brought down

540

00:22:22,549 --> 00:22:20,880

on uh on rita

541

00:22:24,710 --> 00:22:22,559

from those out there that want to

542

00:22:27,510 --> 00:22:24,720

complain about the show or talk about

543

00:22:29,270 --> 00:22:27,520

her or talk about me and and we've got

544

00:22:31,669 --> 00:22:29,280

this and we've got that if you know what

545

00:22:34,310 --> 00:22:31,679

i am dealing with so much to get the

546

00:22:37,270 --> 00:22:34,320

show on the air every single day and and

547

00:22:39,029 --> 00:22:37,280

whatever goes into it it's the reality

548

00:22:41,029 --> 00:22:39,039

that i chose

549

00:22:43,110 --> 00:22:41,039

you know and fighting those forces out

550

00:22:44,789 --> 00:22:43,120

there that don't know us or don't do

551  
00:22:46,630 --> 00:22:44,799  
anything else meanwhile we're dealing

552  
00:22:48,870 --> 00:22:46,640  
with everything else rita's got to deal

553  
00:22:51,110 --> 00:22:48,880  
with my insanity

554  
00:22:53,430 --> 00:22:51,120  
she's got to put up with me every single

555  
00:22:54,950 --> 00:22:53,440  
day she she looks at me she knows i'm

556  
00:22:58,310 --> 00:22:54,960  
not healthy

557  
00:23:00,950 --> 00:22:58,320  
and she knows yesterday before the show

558  
00:23:03,590 --> 00:23:00,960  
yesterday yesterday morning cancel the

559  
00:23:05,590 --> 00:23:03,600  
show cancel the week you can't do this

560  
00:23:07,110 --> 00:23:05,600  
every single night just cancel

561  
00:23:09,510 --> 00:23:07,120  
everything

562  
00:23:11,430 --> 00:23:09,520  
jimmy you can't continue no rita we have

563  
00:23:12,310 --> 00:23:11,440

the audience we have responsibilities of

564

00:23:13,909 --> 00:23:12,320

this and

565

00:23:15,990 --> 00:23:13,919

and and i'm able to not think about

566

00:23:17,830 --> 00:23:16,000

what's going on please just you know

567

00:23:19,990 --> 00:23:17,840

and and she's watching me suffer through

568

00:23:23,909 --> 00:23:20,000

all of this meanwhile we're getting

569

00:23:26,789 --> 00:23:23,919

stupid attacks from absolute retards out

570

00:23:29,590 --> 00:23:26,799

there that want to say this about me or

571

00:23:31,430 --> 00:23:29,600

this about my wife and meanwhile

572

00:23:33,830 --> 00:23:31,440

i've had lack of sleep and everything

573

00:23:36,549 --> 00:23:33,840

else and i just want to lash out but i

574

00:23:38,710 --> 00:23:36,559

have to be professional i got to be cool

575

00:23:40,789 --> 00:23:38,720

we are we play the game at a different

576

00:23:42,870 --> 00:23:40,799

level from where we are at we're not

577

00:23:45,510 --> 00:23:42,880

going to stoop down to those levels but

578

00:23:47,830 --> 00:23:45,520

i want to protect what is mine

579

00:23:48,950 --> 00:23:47,840

you know and and going through all of

580

00:23:51,029 --> 00:23:48,960

this

581

00:23:52,070 --> 00:23:51,039

it's just about getting on the air each

582

00:23:54,470 --> 00:23:52,080

night

583

00:23:56,310 --> 00:23:54,480

and and having fun and just forgetting

584

00:23:58,070 --> 00:23:56,320

about everything else

585

00:23:59,350 --> 00:23:58,080

and that is

586

00:24:02,390 --> 00:23:59,360

what you get

587

00:24:05,190 --> 00:24:02,400

when you change your reality

588

00:24:06,950 --> 00:24:05,200

we wanted this we asked for it and i am

589

00:24:08,870 --> 00:24:06,960

not complaining

590

00:24:10,870 --> 00:24:08,880

but i just want you to know what i went

591

00:24:12,149 --> 00:24:10,880

through today what i went through last

592

00:24:14,470 --> 00:24:12,159

night what i went through the night

593

00:24:15,830 --> 00:24:14,480

before every single night for the last

594

00:24:17,430 --> 00:24:15,840

seven months

595

00:24:19,990 --> 00:24:17,440

no sleep

596

00:24:22,789 --> 00:24:20,000

nothing insanity

597

00:24:24,070 --> 00:24:22,799

i'll take you back every conference that

598

00:24:26,710 --> 00:24:24,080

i have done

599

00:24:30,390 --> 00:24:26,720

this year out there in public i had an

600

00:24:34,390 --> 00:24:30,400

ear infection i'm going back to my room

601  
00:24:36,789 --> 00:24:34,400  
every hour and dealing with this

602  
00:24:38,390 --> 00:24:36,799  
and going back out and smiling and

603  
00:24:39,669 --> 00:24:38,400  
sitting down and hanging out with all of

604  
00:24:42,230 --> 00:24:39,679  
you you guys don't know what's going on

605  
00:24:44,070 --> 00:24:42,240  
you guys don't have a any idea what i

606  
00:24:46,630 --> 00:24:44,080  
went through at soul tech and i had to

607  
00:24:48,230 --> 00:24:46,640  
fly on a plane and this thing it was

608  
00:24:52,390 --> 00:24:48,240  
insane

609  
00:24:53,510 --> 00:24:52,400  
knew you know who knew nurse nancy and

610  
00:24:59,269 --> 00:24:53,520  
stacy

611  
00:25:01,029 --> 00:24:59,279  
taking me back to my rv i'm laying down

612  
00:25:03,350 --> 00:25:01,039  
and the medical procedures that they

613  
00:25:07,430 --> 00:25:03,360

were doing on me in there would freak

614

00:25:10,549 --> 00:25:07,440

you out just so i could get up go out

615

00:25:12,549 --> 00:25:10,559

and get it done and smile and hang out

616

00:25:14,149 --> 00:25:12,559

and you gave me the energy to do that

617

00:25:16,390 --> 00:25:14,159

and that's what that's what we go

618

00:25:17,590 --> 00:25:16,400

through i ask for it i ask for this

619

00:25:19,830 --> 00:25:17,600

reality

620

00:25:22,630 --> 00:25:19,840

so that's it

621

00:25:24,630 --> 00:25:22,640

okay i i love all of you i have the

622

00:25:27,110 --> 00:25:24,640

energy at the beginning of this show

623

00:25:28,470 --> 00:25:27,120

tonight i want to make this clear at the

624

00:25:29,669 --> 00:25:28,480

beginning of the show tonight you didn't

625

00:25:31,909 --> 00:25:29,679

know what i was going to talk about

626

00:25:34,230 --> 00:25:31,919

right now i just came off with the nice

627

00:25:36,070 --> 00:25:34,240

fade to black and let's do this and we

628

00:25:39,269 --> 00:25:36,080

got mitch horowitz on tomorrow night is

629

00:25:42,950 --> 00:25:39,279

soul tech rah rah rah team the

630

00:25:45,909 --> 00:25:42,960

reality is a little bit different

631

00:25:48,950 --> 00:25:45,919

and you guys give me the energy to fight

632

00:25:51,269 --> 00:25:48,960

through it all so i'm here to thank you

633

00:25:54,710 --> 00:25:51,279

thank you i mean you guys have carried

634

00:25:57,590 --> 00:25:54,720

me carried me on your back for the last

635

00:26:00,149 --> 00:25:57,600

seven months and i hope that with all of

636

00:26:01,430 --> 00:26:00,159

your energy everything that you guys can

637

00:26:04,390 --> 00:26:01,440

manifest

638

00:26:07,269 --> 00:26:04,400

let's just focus on the stupid ear of

639

00:26:09,350 --> 00:26:07,279

mine it's my left ear inside my head by

640

00:26:11,510 --> 00:26:09,360

the way i wish you what's on the outside

641

00:26:12,630 --> 00:26:11,520

throw something on it and let it go away

642

00:26:14,470 --> 00:26:12,640

it's not

643

00:26:17,510 --> 00:26:14,480

you know let's get rid of this thing

644

00:26:19,909 --> 00:26:17,520

let's change this reality that i'm in

645

00:26:21,830 --> 00:26:19,919

and hopefully maybe tomorrow

646

00:26:24,950 --> 00:26:21,840

for the first time

647

00:26:26,549 --> 00:26:24,960

in in over a half a year i'll go i feel

648

00:26:29,269 --> 00:26:26,559

better

649

00:26:32,950 --> 00:26:29,279

all right

650

00:26:35,990 --> 00:26:32,960

so tonight it's mitch bleepin horowitz

651  
00:26:37,350 --> 00:26:36,000  
is here to talk about changing your

652  
00:26:39,990 --> 00:26:37,360  
reality

653  
00:26:42,010 --> 00:26:40,000  
you can do it i did it

654  
00:26:45,830 --> 00:26:42,020  
don't you want to be me

655  
00:26:47,110 --> 00:26:45,840  
[Laughter]

656  
00:26:49,269 --> 00:26:47,120  
yeah you do

657  
00:26:52,070 --> 00:26:49,279  
you do and you can

658  
00:26:53,830 --> 00:26:52,080  
whatever it is around you that you want

659  
00:26:55,750 --> 00:26:53,840  
to change you can do it and mitch

660  
00:26:56,789 --> 00:26:55,760  
horowitz is here to talk about it i'm

661  
00:26:58,710 --> 00:26:56,799  
going to get out of here and take a

662  
00:27:00,789 --> 00:26:58,720  
quick break this is fade to black i'm

663  
00:27:02,750 --> 00:27:00,799

your host jimmy church

664

00:27:04,390 --> 00:27:02,760

you can email me right now jimmy

665

00:27:08,230 --> 00:27:04,400

jimmychurchradio.com you can follow me

666

00:27:12,390 --> 00:27:08,240

on twitter at jchurchradio hashtag f2b

667

00:27:14,149 --> 00:27:12,400

is the sandbox hashtag f2bq is fade to

668

00:27:16,390 --> 00:27:14,159

black questions on the game changer

669

00:27:17,990 --> 00:27:16,400

network and kgra

670

00:27:19,590 --> 00:27:18,000

the planet i'm your host jimmy church

671

00:27:20,789 --> 00:27:19,600

this is fade to black i'll be right back

672

00:27:23,970 --> 00:27:20,799

with our guest

673

00:27:51,910 --> 00:27:23,980

mitch horwitz stay with me

674

00:27:58,470 --> 00:27:56,310

[Music]

675

00:28:00,710 --> 00:27:58,480

this is nicole church daughter of you

676  
00:28:01,710 --> 00:28:00,720  
know who and you're listening to fade to

677  
00:28:03,350 --> 00:28:01,720  
black on

678  
00:28:07,110 --> 00:28:03,360  
jimmychurchradio.com and the game

679  
00:28:13,510 --> 00:28:09,430  
you're listening to jimmy church fade to

680  
00:28:18,070 --> 00:28:15,750  
fade to black will now pause for alien

681  
00:28:21,430 --> 00:28:18,080  
identification

682  
00:28:25,830 --> 00:28:21,440  
the station that talks the net ktra

683  
00:28:30,630 --> 00:28:27,990  
when you take the beans from central

684  
00:28:33,029 --> 00:28:30,640  
america with dashes of indonesian and

685  
00:28:36,230 --> 00:28:33,039  
african mixed in and then roasted to the

686  
00:28:38,710 --> 00:28:36,240  
dark side of fade to black you create

687  
00:28:41,669 --> 00:28:38,720  
the ultimate brew of fringe

688  
00:28:44,950 --> 00:28:41,679

introducing the fade to black blend from

689

00:28:47,750 --> 00:28:44,960

river moon coffee yes river moon's

690

00:28:50,549 --> 00:28:47,760

darkest customized roast was created for

691

00:28:53,190 --> 00:28:50,559

the love of fade to black

692

00:28:55,750 --> 00:28:53,200

the alchemy of masterful roasting and

693

00:28:59,350 --> 00:28:55,760

smoking the beans is in every sip of

694

00:29:02,310 --> 00:28:59,360

this full-bodied dark java i need my

695

00:29:04,549 --> 00:29:02,320

coffee doc deep with distinct

696

00:29:07,350 --> 00:29:04,559

bittersweet chocolate highlights just

697

00:29:09,909 --> 00:29:07,360

like the bunker leaning further into the

698

00:29:12,389 --> 00:29:09,919

darkness of the roast is fade to black

699

00:29:14,110 --> 00:29:12,399

blend from river moon coffee

700

00:29:16,149 --> 00:29:14,120

just click on the banner at

701  
00:29:19,110 --> 00:29:16,159  
jimmychurchradio.com and use the promo

702  
00:29:21,029 --> 00:29:19,120  
code f2b blend for fifteen percent off

703  
00:29:23,990 --> 00:29:21,039  
of your order today

704  
00:29:25,750 --> 00:29:24,000  
go back lee teppy

705  
00:29:28,630 --> 00:29:25,760  
this is jimmy church of fade to black

706  
00:29:30,950 --> 00:29:28,640  
and you can get our podcast for just two

707  
00:29:34,269 --> 00:29:30,960  
dollars per month all you have to do is

708  
00:29:36,789 --> 00:29:34,279  
click on the podcast banner over at

709  
00:29:38,310 --> 00:29:36,799  
jimmychurchradio.com hey folks guess

710  
00:29:40,950 --> 00:29:38,320  
what the number one phrase that life

711  
00:29:44,149 --> 00:29:40,960  
change t receives by email you ready we

712  
00:29:46,950 --> 00:29:44,159  
love this tea we love this tea time

713  
00:29:49,029 --> 00:29:46,960

after time week after week we love this

714

00:29:51,830 --> 00:29:49,039

tea life change tea gives you more

715

00:29:54,549 --> 00:29:51,840

energy a beautiful cleansing and

716

00:29:56,470 --> 00:29:54,559

fulfills its slogan perfectly the tea

717

00:29:58,470 --> 00:29:56,480

that makes you go so if you want to be

718

00:30:01,110 --> 00:29:58,480

on your health game log on to get the

719

00:30:03,350 --> 00:30:01,120

tea.com and order life change super

720

00:30:05,590 --> 00:30:03,360

strength tea packages come in a one

721

00:30:08,149 --> 00:30:05,600

month supply and when you brew this

722

00:30:10,149 --> 00:30:08,159

stuff wait until you see the results

723

00:30:12,630 --> 00:30:10,159

aren't we all about the results and with

724

00:30:14,470 --> 00:30:12,640

a lot of people's health struggling we

725

00:30:17,350 --> 00:30:14,480

can use a little bit of help doctors

726

00:30:18,310 --> 00:30:17,360

will tell you disease starts in the gut

727

00:30:20,950 --> 00:30:18,320

so

728

00:30:24,870 --> 00:30:20,960

log on to get the tea dot com that's get

729

00:30:28,870 --> 00:30:24,880

the tea.com be our next email saying i

730

00:30:31,350 --> 00:30:28,880

love this tea i mean i love this tea get

731

00:30:34,789 --> 00:30:31,360

the tea at get the tea.com helping

732

00:30:39,110 --> 00:30:34,799

america one teabag at a time nine out of

733

00:30:42,870 --> 00:30:41,510

fade to black

734

00:30:45,510 --> 00:30:42,880

is not

735

00:30:48,830 --> 00:30:45,520

your father's radio show

736

00:30:53,990 --> 00:30:48,840

on the game changer radio network and

737

00:30:58,870 --> 00:30:56,149

do you want to lose weight but have no

738

00:31:00,789 --> 00:30:58,880

idea where to begin the fast start diet

739

00:31:03,190 --> 00:31:00,799

a three-day weight loss plan is the

740

00:31:05,350 --> 00:31:03,200

answer three days of nutritionally

741

00:31:08,230 --> 00:31:05,360

balanced calorie restricted meals

742

00:31:10,950 --> 00:31:08,240

delivered right to your door no shopping

743

00:31:13,350 --> 00:31:10,960

no measuring and no cooking everything

744

00:31:15,029 --> 00:31:13,360

is prepared for you and ready to eat at

745

00:31:17,190 --> 00:31:15,039

home or on the go

746

00:31:19,190 --> 00:31:17,200

the fast start diet has all the amazing

747

00:31:21,590 --> 00:31:19,200

benefits of intermittent fasting without

748

00:31:23,350 --> 00:31:21,600

starving we've helped thousands of

749

00:31:25,590 --> 00:31:23,360

people who have struggled to reach their

750

00:31:27,990 --> 00:31:25,600

weight loss goals isn't it time we

751  
00:31:30,950 --> 00:31:28,000  
helped you with the fast start diet

752  
00:31:33,029 --> 00:31:30,960  
you'll lose weight and feel great fine

753  
00:31:34,710 --> 00:31:33,039  
fast start diet on amazon or go to

754  
00:31:37,430 --> 00:31:34,720  
faststartdiet.com

755  
00:31:40,310 --> 00:31:37,440  
and use promo code talk to get 10 off

756  
00:31:42,149 --> 00:31:40,320  
your first box and as a special bonus

757  
00:31:45,029 --> 00:31:42,159  
fast start will include their number one

758  
00:31:47,190 --> 00:31:45,039  
rated lipo 3 appetite suppressant spray

759  
00:31:49,909 --> 00:31:47,200  
free with your order this is jimmy

760  
00:31:54,470 --> 00:31:49,919  
church and whatever your diet plans are

761  
00:31:56,470 --> 00:31:54,480  
do what i did go to faststartdiet.com

762  
00:32:01,029 --> 00:31:56,480  
hi this is rob reiner from anvil and

763  
00:32:04,630 --> 00:32:02,870

what's up i'm chris what up this is kyle

764

00:32:06,740 --> 00:32:04,640

matson you're listening to jimmy church

765

00:32:20,870 --> 00:32:06,750

radio

766

00:32:26,950 --> 00:32:23,350

all right welcome back fade to black oh

767

00:32:29,190 --> 00:32:26,960

it just held up uh to the uh studio cam

768

00:32:31,750 --> 00:32:29,200

the bunker cam

769

00:32:35,029 --> 00:32:31,760

the hoffman's optics uh jimmy church

770

00:32:38,389 --> 00:32:35,039

edition and uh it just came today and

771

00:32:41,269 --> 00:32:38,399

this has the cell phone mount to record

772

00:32:43,430 --> 00:32:41,279

but uh yeah pretty incredible

773

00:32:47,350 --> 00:32:43,440

you want yours night vision goggles just

774

00:32:49,430 --> 00:32:47,360

like this go to hoffman's optics.com

775

00:32:51,350 --> 00:32:49,440

hoffman's optics.com and scroll down the

776

00:32:55,190 --> 00:32:51,360

bottom of the page and right there the

777

00:32:57,509 --> 00:32:55,200

jimmy church edition the deep blue

778

00:32:59,509 --> 00:32:57,519

right there check it out uh give alec

779

00:33:01,350 --> 00:32:59,519

hoffman a call and he will guide you

780

00:33:04,310 --> 00:33:01,360

straight through he is a fate or not

781

00:33:06,230 --> 00:33:04,320

tonight our guest mitch horowitz he is a

782

00:33:08,310 --> 00:33:06,240

writer in residence at the new york

783

00:33:10,389 --> 00:33:08,320

public library lecturer in residence at

784

00:33:12,870 --> 00:33:10,399

the university of philosophical research

785

00:33:15,909 --> 00:33:12,880

right here in los angeles and the pen

786

00:33:17,990 --> 00:33:15,919

award-winning author of books including

787

00:33:20,789 --> 00:33:18,000

occult america one simple idea how

788

00:33:23,830 --> 00:33:20,799

positive thinking reshaped modern life

789

00:33:26,389 --> 00:33:23,840

and the miracle club how thoughts become

790

00:33:29,190 --> 00:33:26,399

reality i have both books i have read

791

00:33:31,269 --> 00:33:29,200

them i recommend them he has written on

792

00:33:33,350 --> 00:33:31,279

everything from the war on witches to

793

00:33:35,909 --> 00:33:33,360

the secret life of ronald reagan for the

794

00:33:38,630 --> 00:33:35,919

new york times the wall street journal

795

00:33:41,430 --> 00:33:38,640

the washington post salontime.com and

796

00:33:44,310 --> 00:33:41,440

politico the washington post says mitch

797

00:33:46,230 --> 00:33:44,320

and i'm quoting treats esoteric ideas

798

00:33:49,110 --> 00:33:46,240

and movements with an even-handed

799

00:33:51,750 --> 00:33:49,120

intellectual studiousness that is too

800

00:33:54,549 --> 00:33:51,760

often lost in today's raised voice

801  
00:33:56,870 --> 00:33:54,559  
discussions mitch has discussed

802  
00:34:00,070 --> 00:33:56,880  
alternative spirituality on cbs sunday

803  
00:34:02,549 --> 00:34:00,080  
morning dateline nbc npr's all things

804  
00:34:04,310 --> 00:34:02,559  
considered cnn and throughout all of the

805  
00:34:07,669 --> 00:34:04,320  
national media including right here on

806  
00:34:10,149 --> 00:34:07,679  
fade to black the chinese government has

807  
00:34:12,310 --> 00:34:10,159  
censored his work and that says it all

808  
00:34:13,669 --> 00:34:12,320  
right there mitch welcome back my friend

809  
00:34:15,669 --> 00:34:13,679  
how are you

810  
00:34:17,430 --> 00:34:15,679  
thank you my man very glad to be here

811  
00:34:20,790 --> 00:34:17,440  
it's it's always good to hear your voice

812  
00:34:23,430 --> 00:34:20,800  
now look mitch before we get started

813  
00:34:24,629 --> 00:34:23,440

you're on with us tonight

814

00:34:26,629 --> 00:34:24,639

tomorrow

815

00:34:28,389 --> 00:34:26,639

you go from new york to l.a you're in

816

00:34:30,629 --> 00:34:28,399

los angeles tomorrow night what are you

817

00:34:32,230 --> 00:34:30,639

doing here in town

818

00:34:34,550 --> 00:34:32,240

in fact i'm leaving in about two hours

819

00:34:35,510 --> 00:34:34,560

to go to los angeles i'm going to be

820

00:34:38,389 --> 00:34:35,520

speaking

821

00:34:40,470 --> 00:34:38,399

uh thursday through saturday at manly p

822

00:34:42,869 --> 00:34:40,480

hall's mystery school in the griffith

823

00:34:45,669 --> 00:34:42,879

park neighborhood we're kicking it off

824

00:34:48,230 --> 00:34:45,679

with a lecture on thursday night called

825

00:34:50,950 --> 00:34:48,240

unvanquished angels about america's

826

00:34:52,790 --> 00:34:50,960

not-so-forgotten occult heroes

827

00:34:55,270 --> 00:34:52,800

and continuing with another lecture on

828

00:34:58,710 --> 00:34:55,280

friday night about hermetic spirituality

829

00:35:00,310 --> 00:34:58,720

uh saturday i'm giving a all a workshop

830

00:35:02,630 --> 00:35:00,320

in the afternoon called the miracle club

831

00:35:04,870 --> 00:35:02,640

which deals with mind power techniques

832

00:35:06,630 --> 00:35:04,880

and also friday afternoon i'm going to

833

00:35:08,550 --> 00:35:06,640

be reading tarot cards for people

834

00:35:10,710 --> 00:35:08,560

talking about the history of tarot and

835

00:35:12,349 --> 00:35:10,720

other great things in manly hawk library

836

00:35:14,030 --> 00:35:12,359

if you go to

837

00:35:19,190 --> 00:35:14,040

uprs.edu

838

00:35:20,790 --> 00:35:19,200

buy tickets and it's just going to be

839

00:35:22,790 --> 00:35:20,800

wonderful it's a gathering of great

840

00:35:25,829 --> 00:35:22,800

friends with a lot of esoteric

841

00:35:27,589 --> 00:35:25,839

exploration i can't wait and could you

842

00:35:29,430 --> 00:35:27,599

do me a favor mitch i hate to say this

843

00:35:31,109 --> 00:35:29,440

live on the air but can i get you to

844

00:35:34,150 --> 00:35:31,119

speak closer

845

00:35:37,030 --> 00:35:34,160

uh to your phone uh or take me or take

846

00:35:39,270 --> 00:35:37,040

me off of speaker one or the other

847

00:35:41,270 --> 00:35:39,280

oh you're you're off the speaker never

848

00:35:43,270 --> 00:35:41,280

speaker for you jimmy oh now there you

849

00:35:44,870 --> 00:35:43,280

are there you are there you are okay all

850

00:35:48,310 --> 00:35:44,880

right all right

851

00:35:50,550 --> 00:35:48,320

um this is this is what uh i want to

852

00:35:52,950 --> 00:35:50,560

discuss tonight um i don't know if you

853

00:35:56,870 --> 00:35:52,960

heard my opening rant earlier

854

00:35:58,630 --> 00:35:56,880

but um about changing your reality i did

855

00:36:01,829 --> 00:35:58,640

i did just that

856

00:36:03,990 --> 00:36:01,839

and 11 years ago rita and i were at a

857

00:36:05,510 --> 00:36:04,000

point in our lives where we were like

858

00:36:07,030 --> 00:36:05,520

okay you know what

859

00:36:09,270 --> 00:36:07,040

this ain't working

860

00:36:11,030 --> 00:36:09,280

you know and and let's

861

00:36:14,310 --> 00:36:11,040

let's do

862

00:36:15,510 --> 00:36:14,320

what we want to do i mean epic

863

00:36:17,670 --> 00:36:15,520

changes

864

00:36:20,150 --> 00:36:17,680

you know going from uh a certain

865

00:36:22,230 --> 00:36:20,160

lifestyle and it's you know the things

866

00:36:25,030 --> 00:36:22,240

that we were doing and raising our kids

867

00:36:28,470 --> 00:36:25,040

and doing it and just took a right-hand

868

00:36:30,630 --> 00:36:28,480

turn and literally changed everything

869

00:36:32,390 --> 00:36:30,640

from top to bottom so when somebody says

870

00:36:34,550 --> 00:36:32,400

you know they're frustrated or they're

871

00:36:36,630 --> 00:36:34,560

this you know it's up to you you can't

872

00:36:38,710 --> 00:36:36,640

blame the world right

873

00:36:40,470 --> 00:36:38,720

right right

874

00:36:42,550 --> 00:36:40,480

we make a good go of blaming the world

875

00:36:45,270 --> 00:36:42,560

but absolutely um

876

00:36:46,710 --> 00:36:45,280

i'm very touched to hear that story and

877

00:36:48,390 --> 00:36:46,720

you know the thing is when you decide to

878

00:36:50,150 --> 00:36:48,400

make a change in your life it can also

879

00:36:52,069 --> 00:36:50,160

invite chaos into your life you have to

880

00:36:54,310 --> 00:36:52,079

be prepared for that as well

881

00:36:56,550 --> 00:36:54,320

and i think you know you've alluded to

882

00:36:59,510 --> 00:36:56,560

that you know success comes with

883

00:37:02,150 --> 00:36:59,520

sleepless nights it comes with anxiety

884

00:37:04,390 --> 00:37:02,160

and i have a close friend who's taught

885

00:37:06,550 --> 00:37:04,400

meditation to some very well-known

886

00:37:08,790 --> 00:37:06,560

television hosts and he said

887

00:37:11,829 --> 00:37:08,800

they don't sleep a wink all night they

888

00:37:13,829 --> 00:37:11,839

sleep two hours at a time and yet

889

00:37:15,589 --> 00:37:13,839

you also receive a lot as well you you

890

00:37:18,069 --> 00:37:15,599

have to accept there's going to be

891

00:37:20,230 --> 00:37:18,079

chaos entering your life anytime you

892

00:37:22,870 --> 00:37:20,240

make a radical break with the past

893

00:37:27,030 --> 00:37:22,880

and it's uh it was something that it's

894

00:37:29,829 --> 00:37:27,040

it's not like uh mitch where you can

895

00:37:32,710 --> 00:37:29,839

uh go take a class somewhere to prepare

896

00:37:34,790 --> 00:37:32,720

you for this right

897

00:37:38,470 --> 00:37:34,800

you know that part doesn't exist

898

00:37:40,950 --> 00:37:38,480

and you you learn on the fly uh nobody

899

00:37:42,230 --> 00:37:40,960

wants to share their secret information

900

00:37:44,630 --> 00:37:42,240

you know

901  
00:37:45,670 --> 00:37:44,640  
how they managed to get through it

902  
00:37:50,710 --> 00:37:45,680  
and

903  
00:37:53,349 --> 00:37:50,720  
what we all want we all want to find our

904  
00:37:55,670 --> 00:37:53,359  
bliss we all want that that happiness

905  
00:37:58,069 --> 00:37:55,680  
that thing that just you know makes us

906  
00:38:00,550 --> 00:37:58,079  
get up in the morning we all want that

907  
00:38:02,950 --> 00:38:00,560  
but you you're absolutely right you need

908  
00:38:05,270 --> 00:38:02,960  
to be careful and you need to be

909  
00:38:07,670 --> 00:38:05,280  
prepared because with all of that and it

910  
00:38:09,270 --> 00:38:07,680  
will happen if you you want to manifest

911  
00:38:10,230 --> 00:38:09,280  
it you want to make it happen it'll

912  
00:38:11,270 --> 00:38:10,240  
happen

913  
00:38:13,829 --> 00:38:11,280

but

914

00:38:16,069 --> 00:38:13,839

what comes with that is is an immense

915

00:38:19,430 --> 00:38:16,079

amount of chaos and anxiety and you have

916

00:38:20,870 --> 00:38:19,440

to prepare for it yes i think one of the

917

00:38:23,589 --> 00:38:20,880

ways of dealing with the chaos and

918

00:38:25,430 --> 00:38:23,599

anxiety that accompanies success that

919

00:38:26,470 --> 00:38:25,440

accompanies assimilating your goals into

920

00:38:28,710 --> 00:38:26,480

your life

921

00:38:30,870 --> 00:38:28,720

and this is very tricky because it's

922

00:38:33,430 --> 00:38:30,880

going to sound simple but if you peel

923

00:38:35,430 --> 00:38:33,440

back the onion it's not simple

924

00:38:36,630 --> 00:38:35,440

don't complain about it it's very

925

00:38:39,030 --> 00:38:36,640

important

926

00:38:41,270 --> 00:38:39,040

not to get caught up in

927

00:38:43,510 --> 00:38:41,280

kind of petty complaints that can

928

00:38:45,030 --> 00:38:43,520

accompany success because what you're

929

00:38:46,470 --> 00:38:45,040

really doing

930

00:38:48,230 --> 00:38:46,480

you know in that situation

931

00:38:52,069 --> 00:38:48,240

is kind of

932

00:38:54,630 --> 00:38:52,079

reverting back to a mindset of want now

933

00:38:56,630 --> 00:38:54,640

i was joking earlier that i'm leaving

934

00:38:58,950 --> 00:38:56,640

for la in about two hours and that's

935

00:39:01,829 --> 00:38:58,960

just about true i mean right now here in

936

00:39:03,030 --> 00:39:01,839

new york city it's it's 10 30 at night

937

00:39:05,430 --> 00:39:03,040

i'm going to be with you and your

938

00:39:07,349 --> 00:39:05,440

listeners until 12 30. i'm going to get

939

00:39:08,710 --> 00:39:07,359

up at 4 a.m to make a plane if i could

940

00:39:10,310 --> 00:39:08,720

even put it in those terms i mean i'm

941

00:39:12,310 --> 00:39:10,320

going to sort of take a nap

942

00:39:14,550 --> 00:39:12,320

and you know earlier today i found

943

00:39:16,230 --> 00:39:14,560

myself just getting on the brink of

944

00:39:18,550 --> 00:39:16,240

saying oh man i'm only going to sleep

945

00:39:20,470 --> 00:39:18,560

two or three hours or whatever oh forget

946

00:39:21,829 --> 00:39:20,480

it i'm thrilled i'm delighted i'm

947

00:39:23,510 --> 00:39:21,839

delighted to be here with you and your

948

00:39:25,910 --> 00:39:23,520

listeners i'm delighted to be getting on

949

00:39:29,030 --> 00:39:25,920

a plane tomorrow and going to la a city

950

00:39:31,349 --> 00:39:29,040

that i love and you know it's very easy

951  
00:39:35,109 --> 00:39:31,359  
for us to sort of slip into

952  
00:39:36,870 --> 00:39:35,119  
a mode of want all over again when we

953  
00:39:38,710 --> 00:39:36,880  
get something that we wish for and

954  
00:39:42,390 --> 00:39:38,720  
that's one of the things

955  
00:39:44,550 --> 00:39:42,400  
that serves to return us to our prior

956  
00:39:46,310 --> 00:39:44,560  
mood and the things that we tell

957  
00:39:47,670 --> 00:39:46,320  
ourselves privately and things that we

958  
00:39:49,910 --> 00:39:47,680  
say casually

959  
00:39:53,190 --> 00:39:49,920  
to our friends and loved ones have more

960  
00:39:55,270 --> 00:39:53,200  
power than we would ever estimate and so

961  
00:39:56,550 --> 00:39:55,280  
one piece of advice which i would share

962  
00:39:58,790 --> 00:39:56,560  
and i don't feel the need to be

963  
00:40:01,270 --> 00:39:58,800

secretive at all about it is when you

964

00:40:03,349 --> 00:40:01,280

get what you want and it's so important

965

00:40:05,349 --> 00:40:03,359

and we'll talk more about that don't

966

00:40:07,190 --> 00:40:05,359

fall into petty complaining because that

967

00:40:10,630 --> 00:40:07,200

will set you

968

00:40:12,390 --> 00:40:10,640

backwards in terms of mood and mindset

969

00:40:14,870 --> 00:40:12,400

and it will take your

970

00:40:17,829 --> 00:40:14,880

it will take your attention away from

971

00:40:19,750 --> 00:40:17,839

where you've traveled on the road and

972

00:40:21,990 --> 00:40:19,760

dilute your ability to enjoy what you're

973

00:40:24,470 --> 00:40:22,000

actually experiencing and you practice

974

00:40:27,750 --> 00:40:24,480

what you preach i want everybody to know

975

00:40:30,550 --> 00:40:27,760

when i when i reached out uh to mitch

976

00:40:32,150 --> 00:40:30,560

and he looks at his schedule and i you

977

00:40:33,990 --> 00:40:32,160

know i said well tuesday night and you

978

00:40:35,510 --> 00:40:34,000

said what time and i said you know okay

979

00:40:38,390 --> 00:40:35,520

oh yeah you were like

980

00:40:40,470 --> 00:40:38,400

we're on you know done yeah you're not

981

00:40:42,150 --> 00:40:40,480

you're not you know anybody else would

982

00:40:44,150 --> 00:40:42,160

go man i gotta get up i gotta work i

983

00:40:45,910 --> 00:40:44,160

gotta i gotta get on a plane i gotta go

984

00:40:48,950 --> 00:40:45,920

you know i don't have time for this no

985

00:40:51,430 --> 00:40:48,960

no no right no you you are practicing

986

00:40:54,069 --> 00:40:51,440

what you preach literally

987

00:40:56,870 --> 00:40:54,079

you could be doing anything right now

988

00:40:59,589 --> 00:40:56,880

but speaking to this audience you should

989

00:41:02,390 --> 00:40:59,599

be in bed you should be packing

990

00:41:04,069 --> 00:41:02,400

uh earlier oh by the way uh can i tell

991

00:41:09,589 --> 00:41:04,079

everybody what you were doing earlier

992

00:41:14,069 --> 00:41:12,309

he's got shaving cream on and now he

993

00:41:15,990 --> 00:41:14,079

could have told me at that point jimmy

994

00:41:16,710 --> 00:41:16,000

i'll call you back no sound check you

995

00:41:18,150 --> 00:41:16,720

know

996

00:41:20,710 --> 00:41:18,160

i'm shaving

997

00:41:23,109 --> 00:41:20,720

no we sound checked while you were

998

00:41:25,910 --> 00:41:23,119

shaving and we got it done

999

00:41:27,750 --> 00:41:25,920

and and here we are but yeah absolutely

1000

00:41:30,069 --> 00:41:27,760

it you have to

1001  
00:41:32,550 --> 00:41:30,079  
uh you have to work nothing is free

1002  
00:41:35,109 --> 00:41:32,560  
nothing nothing is free

1003  
00:41:36,550 --> 00:41:35,119  
and you know i often tell people

1004  
00:41:38,790 --> 00:41:36,560  
if you can

1005  
00:41:41,829 --> 00:41:38,800  
think back to your earliest earliest

1006  
00:41:44,710 --> 00:41:41,839  
memories as a kid i mean i mean really

1007  
00:41:46,470 --> 00:41:44,720  
young h3h4 when your first memory

1008  
00:41:50,470 --> 00:41:46,480  
started to crystallize

1009  
00:41:53,510 --> 00:41:50,480  
and you may discover an uncanny

1010  
00:41:56,150 --> 00:41:53,520  
congruency between what you wanted when

1011  
00:41:58,710 --> 00:41:56,160  
you were at that precious young age and

1012  
00:42:00,710 --> 00:41:58,720  
what you have now as an adult the

1013  
00:42:02,550 --> 00:42:00,720

philosopher gerta made the observation

1014

00:42:04,550 --> 00:42:02,560

you know we often hear that

1015

00:42:06,550 --> 00:42:04,560

that that old saying careful what you

1016

00:42:08,230 --> 00:42:06,560

wish for you just might get it that

1017

00:42:11,190 --> 00:42:08,240

actually has its earliest roots in

1018

00:42:13,670 --> 00:42:11,200

goethe who said

1019

00:42:16,870 --> 00:42:13,680

what you wish for when you're young will

1020

00:42:19,829 --> 00:42:16,880

come upon you in waves when you're old

1021

00:42:21,430 --> 00:42:19,839

so be careful be careful and a lot of

1022

00:42:22,870 --> 00:42:21,440

people want to argue with that statement

1023

00:42:25,750 --> 00:42:22,880

because they think to themselves well

1024

00:42:28,230 --> 00:42:25,760

gee i'm not living out my dreams and i

1025

00:42:30,710 --> 00:42:28,240

would say take a yellow light you know

1026

00:42:33,510 --> 00:42:30,720

take a yellow light take a careful

1027

00:42:34,390 --> 00:42:33,520

look a second look at what guerta said

1028

00:42:36,710 --> 00:42:34,400

and

1029

00:42:38,069 --> 00:42:36,720

let your mind drift back to what you

1030

00:42:40,790 --> 00:42:38,079

really wanted

1031

00:42:44,150 --> 00:42:40,800

at the time of your earliest memories h3

1032

00:42:46,309 --> 00:42:44,160

h4 just when we began to crystallize

1033

00:42:48,550 --> 00:42:46,319

conscious long-term memories

1034

00:42:50,309 --> 00:42:48,560

take a look you may be very surprised at

1035

00:42:51,829 --> 00:42:50,319

what you discover now

1036

00:42:53,990 --> 00:42:51,839

one thing i don't mind sharing with

1037

00:42:55,510 --> 00:42:54,000

people it's a very intimate memory but i

1038

00:42:57,589 --> 00:42:55,520

feel like i have to be straightforward

1039

00:42:58,790 --> 00:42:57,599

with you and your listeners when i was a

1040

00:43:01,030 --> 00:42:58,800

little kid

1041

00:43:02,790 --> 00:43:01,040

and we would play games you know cowboys

1042

00:43:04,950 --> 00:43:02,800

and indians and war games things like

1043

00:43:06,550 --> 00:43:04,960

that i was playing all the same games

1044

00:43:09,750 --> 00:43:06,560

that everybody else was playing but i

1045

00:43:13,270 --> 00:43:09,760

was imagining myself doing it on camera

1046

00:43:15,270 --> 00:43:13,280

you know i wanted to be uh john wayne or

1047

00:43:17,349 --> 00:43:15,280

whoever it was you know kind of acting

1048

00:43:19,109 --> 00:43:17,359

out the part on camera and i would

1049

00:43:20,870 --> 00:43:19,119

imagine myself playing these games in

1050

00:43:24,390 --> 00:43:20,880

front of a camera and so i consider

1051  
00:43:25,270 --> 00:43:24,400  
myself hugely lucky now in midlife

1052  
00:43:28,069 --> 00:43:25,280  
to

1053  
00:43:29,990 --> 00:43:28,079  
be involved in media and radio and

1054  
00:43:32,230 --> 00:43:30,000  
television so when you call me and say

1055  
00:43:33,829 --> 00:43:32,240  
hey can you do the show you know

1056  
00:43:36,710 --> 00:43:33,839  
tomorrow night at such and such a time

1057  
00:43:38,710 --> 00:43:36,720  
it's like the answer is just yes not

1058  
00:43:41,990 --> 00:43:38,720  
maybe but yes because

1059  
00:43:45,030 --> 00:43:42,000  
it's it's really the the the the spot

1060  
00:43:47,270 --> 00:43:45,040  
the the spot of harmonious living

1061  
00:43:49,270 --> 00:43:47,280  
that i had thought of effortlessly at

1062  
00:43:51,030 --> 00:43:49,280  
age three four and i consider it the

1063  
00:43:53,510 --> 00:43:51,040

blessing of my life that

1064

00:43:57,349 --> 00:43:53,520

that has come upon me in ways just like

1065

00:44:00,069 --> 00:43:57,359

erica said uh in midlife and uh i better

1066

00:44:04,950 --> 00:44:00,079

never complain about it for a moment

1067

00:44:06,630 --> 00:44:04,960

when we take a look at uh america today

1068

00:44:09,910 --> 00:44:06,640

the united states we can certainly

1069

00:44:13,589 --> 00:44:09,920

discuss the world in the same terms but

1070

00:44:15,270 --> 00:44:13,599

when we look at america today

1071

00:44:17,349 --> 00:44:15,280

and the title of the book where you say

1072

00:44:19,589 --> 00:44:17,359

you know how positive thinking reshaped

1073

00:44:22,790 --> 00:44:19,599

modern life i would say that in the

1074

00:44:25,589 --> 00:44:22,800

general sense that that is true

1075

00:44:28,550 --> 00:44:25,599

and then on the flip side of that we

1076

00:44:30,470 --> 00:44:28,560

really wanted technology we wanted

1077

00:44:33,829 --> 00:44:30,480

access we wanted

1078

00:44:36,550 --> 00:44:33,839

eight zillion uh channels of access to

1079

00:44:40,470 --> 00:44:36,560

entertainment and news 24 7.

1080

00:44:43,910 --> 00:44:40,480

we wanted all of these things which also

1081

00:44:45,990 --> 00:44:43,920

has started to reshape the way uh we are

1082

00:44:48,550 --> 00:44:46,000

today in the way that we think and it's

1083

00:44:51,109 --> 00:44:48,560

again it's kind of going back

1084

00:44:52,150 --> 00:44:51,119

be careful what you wish for right

1085

00:44:53,990 --> 00:44:52,160

that's true

1086

00:44:56,230 --> 00:44:54,000

you know i i don't think all this

1087

00:44:58,950 --> 00:44:56,240

technology has altered human nature but

1088

00:45:01,670 --> 00:44:58,960

it has certainly it's disinhibited us

1089

00:45:03,750 --> 00:45:01,680

it's brought out aspects of human nature

1090

00:45:05,190 --> 00:45:03,760

that are in sharper focus than ever

1091

00:45:08,230 --> 00:45:05,200

before and

1092

00:45:11,349 --> 00:45:08,240

frankly we are destroying ourselves by

1093

00:45:13,430 --> 00:45:11,359

the tone that exists that pervades

1094

00:45:16,390 --> 00:45:13,440

digital culture the tone of attack the

1095

00:45:17,349 --> 00:45:16,400

tone of sarcasm the tone of cynicism

1096

00:45:19,670 --> 00:45:17,359

and

1097

00:45:23,510 --> 00:45:19,680

it's breaking us down you know it is

1098

00:45:25,030 --> 00:45:23,520

breaking us down and i often tell people

1099

00:45:27,750 --> 00:45:25,040

you know if you think this is just a

1100

00:45:29,670 --> 00:45:27,760

broader macro social problem

1101

00:45:31,510 --> 00:45:29,680

uh you're you're you're not only

1102

00:45:32,550 --> 00:45:31,520

mistaken but you're endangering your own

1103

00:45:35,270 --> 00:45:32,560

happiness

1104

00:45:38,630 --> 00:45:35,280

when people come to me and they feel

1105

00:45:40,630 --> 00:45:38,640

unhappy depressed anxious

1106

00:45:42,390 --> 00:45:40,640

they can't sleep they're hitting the

1107

00:45:44,390 --> 00:45:42,400

bottle too much or they're relying on

1108

00:45:46,470 --> 00:45:44,400

drugs or whatever it is

1109

00:45:48,309 --> 00:45:46,480

one of the things i tell them is if you

1110

00:45:50,710 --> 00:45:48,319

want to do something to help yourself in

1111

00:45:53,510 --> 00:45:50,720

the next 24 hours and i mean it

1112

00:45:54,790 --> 00:45:53,520

stop gossiping stop gossiping don't

1113

00:45:55,990 --> 00:45:54,800

participate

1114

00:45:57,349 --> 00:45:56,000

yeah

1115

00:45:59,190 --> 00:45:57,359

i mean

1116

00:46:01,670 --> 00:45:59,200

right and we

1117

00:46:03,349 --> 00:46:01,680

you know and we you know what mitch we

1118

00:46:05,910 --> 00:46:03,359

all know that

1119

00:46:07,589 --> 00:46:05,920

but for some reason nobody wants to step

1120

00:46:10,309 --> 00:46:07,599

up to the plate and and

1121

00:46:12,230 --> 00:46:10,319

and start to do something about it

1122

00:46:14,309 --> 00:46:12,240

that's right that's right and you know

1123

00:46:16,230 --> 00:46:14,319

people want magic that's the closest

1124

00:46:19,030 --> 00:46:16,240

thing you can get to magic you can enact

1125

00:46:21,670 --> 00:46:19,040

it right away you will feel nobler you

1126  
00:46:24,150 --> 00:46:21,680  
will be more respected you will stand

1127  
00:46:25,109 --> 00:46:24,160  
more erect you will be a more attractive

1128  
00:46:26,870 --> 00:46:25,119  
person

1129  
00:46:27,990 --> 00:46:26,880  
there's there's many reasons for that

1130  
00:46:30,069 --> 00:46:28,000  
and i go through some of them in the

1131  
00:46:32,630 --> 00:46:30,079  
miracle club and other books but the

1132  
00:46:34,470 --> 00:46:32,640  
fact is you degrade yourself through

1133  
00:46:35,910 --> 00:46:34,480  
gossip in ways that you don't even begin

1134  
00:46:38,470 --> 00:46:35,920  
to imagine right there's an

1135  
00:46:40,470 --> 00:46:38,480  
auto-suggestive quality to gossip where

1136  
00:46:43,030 --> 00:46:40,480  
what you talk about acts on your own

1137  
00:46:44,790 --> 00:46:43,040  
character there is an energy depletion

1138  
00:46:46,710 --> 00:46:44,800

if you've ever sat through a meal with

1139

00:46:48,390 --> 00:46:46,720

somebody and you've just sat through

1140

00:46:50,470 --> 00:46:48,400

that whole meal gossiping and trading

1141

00:46:53,030 --> 00:46:50,480

stories about other people you will feel

1142

00:46:54,710 --> 00:46:53,040

an unmistakable drop in your energy as

1143

00:46:56,150 --> 00:46:54,720

if you're just coming off of a of a

1144

00:46:58,790 --> 00:46:56,160

sugar high there's something so

1145

00:47:00,950 --> 00:46:58,800

psychically unhealthy about gossip and

1146

00:47:02,470 --> 00:47:00,960

the beautiful thing is if you can flick

1147

00:47:04,230 --> 00:47:02,480

the off switch

1148

00:47:06,470 --> 00:47:04,240

you will feel

1149

00:47:07,990 --> 00:47:06,480

better you will get rewards you know

1150

00:47:09,589 --> 00:47:08,000

it's not only about it

1151

00:47:11,030 --> 00:47:09,599

it's certainly the moral thing to do

1152

00:47:13,349 --> 00:47:11,040

it's certainly the ethical thing to do

1153

00:47:15,270 --> 00:47:13,359

but if you want to be selfish about it

1154

00:47:16,950 --> 00:47:15,280

because you will receive rewards you're

1155

00:47:18,950 --> 00:47:16,960

doing unto yourself

1156

00:47:21,910 --> 00:47:18,960

by ceasing that so you know this

1157

00:47:24,630 --> 00:47:21,920

language is a smog that poisons us and

1158

00:47:26,309 --> 00:47:24,640

if you can unplug from it uh it's not

1159

00:47:28,309 --> 00:47:26,319

just a matter of doing a good deed or

1160

00:47:30,150 --> 00:47:28,319

eating your vegetables you will feel

1161

00:47:31,910 --> 00:47:30,160

like a nobler person and you will feel

1162

00:47:35,349 --> 00:47:31,920

it in 24 hours

1163

00:47:39,030 --> 00:47:35,359

i used to uh i realized uh many many

1164

00:47:41,829 --> 00:47:39,040

many many years ago decades ago that if

1165

00:47:43,829 --> 00:47:41,839

i if somebody was in my presence and

1166

00:47:45,430 --> 00:47:43,839

would start to gossip

1167

00:47:47,190 --> 00:47:45,440

pretty much

1168

00:47:48,630 --> 00:47:47,200

that's the last conversation i would

1169

00:47:50,550 --> 00:47:48,640

have with that person

1170

00:47:52,790 --> 00:47:50,560

i would just get turned off i want to

1171

00:47:55,270 --> 00:47:52,800

hang out with somebody that says

1172

00:47:57,510 --> 00:47:55,280

something like man i read this book

1173

00:48:00,309 --> 00:47:57,520

yesterday and it was about blah blah

1174

00:48:01,910 --> 00:48:00,319

blah blah blah that's a conversation

1175

00:48:03,109 --> 00:48:01,920

right that that yeah

1176

00:48:05,670 --> 00:48:03,119

you know what i mean

1177

00:48:08,870 --> 00:48:05,680

and for real okay for real yeah it's and

1178

00:48:10,470 --> 00:48:08,880

and and i am that way when it comes to

1179

00:48:13,589 --> 00:48:10,480

social media

1180

00:48:14,710 --> 00:48:13,599

and and and what is going on today this

1181

00:48:16,069 --> 00:48:14,720

this

1182

00:48:18,150 --> 00:48:16,079

the uh

1183

00:48:20,470 --> 00:48:18,160

the the gossiping that is there i look

1184

00:48:22,390 --> 00:48:20,480

at who is writing those words and i can

1185

00:48:24,390 --> 00:48:22,400

pretty much assess that

1186

00:48:26,309 --> 00:48:24,400

that is somebody that doesn't like

1187

00:48:28,870 --> 00:48:26,319

themselves and they've got something

1188

00:48:31,349 --> 00:48:28,880

burnt on the inside of them that you

1189

00:48:34,950 --> 00:48:31,359

know it's dark and they need to get out

1190

00:48:37,750 --> 00:48:34,960

of that they think that gossiping

1191

00:48:40,549 --> 00:48:37,760

is making them attractive that is making

1192

00:48:43,270 --> 00:48:40,559

them important and and it's simply the

1193

00:48:45,589 --> 00:48:43,280

exact opposite is what happens

1194

00:48:47,349 --> 00:48:45,599

exactly i think people are afraid to

1195

00:48:49,910 --> 00:48:47,359

unplug from gossip because they think

1196

00:48:51,750 --> 00:48:49,920

they'll be boring they view gossip as a

1197

00:48:53,030 --> 00:48:51,760

kind of currency and they feel that when

1198

00:48:54,870 --> 00:48:53,040

they don't have

1199

00:48:57,349 --> 00:48:54,880

dirt to share or

1200

00:48:59,589 --> 00:48:57,359

you know insider dope to share about

1201  
00:49:01,430 --> 00:48:59,599  
other people they're going to be boring

1202  
00:49:02,470 --> 00:49:01,440  
it's it's not true it's a false

1203  
00:49:04,150 --> 00:49:02,480  
assumption

1204  
00:49:05,910 --> 00:49:04,160  
not only will you be more interesting

1205  
00:49:08,069 --> 00:49:05,920  
and attractive you'll come into better

1206  
00:49:10,710 --> 00:49:08,079  
nobler company which will allow you to

1207  
00:49:12,309 --> 00:49:10,720  
accomplish more things you want in life

1208  
00:49:14,950 --> 00:49:12,319  
and the fact is

1209  
00:49:16,710 --> 00:49:14,960  
you know a lot of gossip is based on

1210  
00:49:18,630 --> 00:49:16,720  
this false assumption that we can deal

1211  
00:49:21,750 --> 00:49:18,640  
with our own fear we can deal with our

1212  
00:49:24,309 --> 00:49:21,760  
own anger by diluting it that if we

1213  
00:49:26,870 --> 00:49:24,319

share it or if we share

1214

00:49:29,190 --> 00:49:26,880

bad news or misfortune that's being

1215

00:49:30,630 --> 00:49:29,200

experienced by other people it somehow

1216

00:49:32,549 --> 00:49:30,640

dilutes

1217

00:49:34,950 --> 00:49:32,559

the anxiety and the problems and the

1218

00:49:37,510 --> 00:49:34,960

pain that we're experiencing that's an

1219

00:49:40,069 --> 00:49:37,520

illusion that doesn't work that dilution

1220

00:49:42,549 --> 00:49:40,079

process does not take place

1221

00:49:44,390 --> 00:49:42,559

unplug from it you will be happier it's

1222

00:49:45,270 --> 00:49:44,400

that simple and

1223

00:49:52,710 --> 00:49:45,280

i

1224

00:49:54,870 --> 00:49:52,720

are there results from that

1225

00:49:56,470 --> 00:49:54,880

instantaneous

1226

00:49:58,470 --> 00:49:56,480

i i believe so

1227

00:50:00,870 --> 00:49:58,480

i believe that

1228

00:50:03,349 --> 00:50:00,880

we have certain opportunities in life to

1229

00:50:06,630 --> 00:50:03,359

actually experience dramatic

1230

00:50:08,790 --> 00:50:06,640

instantaneous changes and one of those

1231

00:50:11,349 --> 00:50:08,800

opportunities in particular has to do

1232

00:50:14,710 --> 00:50:11,359

with gossip because its effects

1233

00:50:15,670 --> 00:50:14,720

are like a choking smog psychically

1234

00:50:18,230 --> 00:50:15,680

and

1235

00:50:20,790 --> 00:50:18,240

it is the finest thing that you can do

1236

00:50:24,230 --> 00:50:20,800

for yourself when you unplug from it you

1237

00:50:26,630 --> 00:50:24,240

will feel at liberty and stronger in a

1238

00:50:28,470 --> 00:50:26,640

radical number of ways the philosopher

1239

00:50:30,790 --> 00:50:28,480

william james who's one of my heroes

1240

00:50:33,109 --> 00:50:30,800

talked about a conversion experience and

1241

00:50:35,349 --> 00:50:33,119

he said there are certain instances in a

1242

00:50:37,190 --> 00:50:35,359

person's life where he or she can come

1243

00:50:39,990 --> 00:50:37,200

into a new belief system or take some

1244

00:50:41,750 --> 00:50:40,000

dramatic step and it seems to reorient

1245

00:50:44,870 --> 00:50:41,760

their lives in a way that actually

1246

00:50:46,870 --> 00:50:44,880

changes objective outer reality bill

1247

00:50:49,349 --> 00:50:46,880

wilson the founder of aaa had that

1248

00:50:51,829 --> 00:50:49,359

experience when he got sober for example

1249

00:50:53,990 --> 00:50:51,839

there are certain steps that we can take

1250

00:50:56,150 --> 00:50:54,000

that are so powerful that it seems to

1251  
00:50:57,109 --> 00:50:56,160  
reorient everything that we're about and

1252  
00:51:01,270 --> 00:50:57,119  
even

1253  
00:51:03,589 --> 00:51:01,280  
relapse and i know there are relapses

1254  
00:51:04,790 --> 00:51:03,599  
and i experience them too but even if we

1255  
00:51:08,870 --> 00:51:04,800  
relapse

1256  
00:51:11,510 --> 00:51:08,880  
every effort that we make to shed a

1257  
00:51:13,750 --> 00:51:11,520  
negative habit and embrace a nobler form

1258  
00:51:16,470 --> 00:51:13,760  
of living it builds up a fiber in us

1259  
00:51:17,829 --> 00:51:16,480  
that does change things and i talk to a

1260  
00:51:19,430 --> 00:51:17,839  
lot of people

1261  
00:51:21,109 --> 00:51:19,440  
who are suffering i talk to a lot of

1262  
00:51:23,190 --> 00:51:21,119  
people who feel

1263  
00:51:25,430 --> 00:51:23,200

depressed or anxious or what have you

1264

00:51:27,510 --> 00:51:25,440

and you know the one thing i tell them

1265

00:51:29,349 --> 00:51:27,520

is if you can scrutinize your life

1266

00:51:31,670 --> 00:51:29,359

and and cut out gossip and there are

1267

00:51:33,270 --> 00:51:31,680

other steps too you know another step

1268

00:51:35,589 --> 00:51:33,280

that's so important

1269

00:51:37,349 --> 00:51:35,599

is separating yourself from cruel people

1270

00:51:38,630 --> 00:51:37,359

even if you can't get away from an

1271

00:51:41,990 --> 00:51:38,640

individual

1272

00:51:44,630 --> 00:51:42,000

physically you can still make that

1273

00:51:46,630 --> 00:51:44,640

morally revolutionary effort within to

1274

00:51:48,950 --> 00:51:46,640

determine that you're going to separate

1275

00:51:51,270 --> 00:51:48,960

from them within as much as possible and

1276

00:51:56,549 --> 00:51:51,280

at the first possible opportunity

1277

00:51:58,870 --> 00:51:56,559

separate physically doesn't matter when

1278

00:52:00,870 --> 00:51:58,880

it is that opportunity will come but

1279

00:52:02,710 --> 00:52:00,880

separating from cruel people and

1280

00:52:05,190 --> 00:52:02,720

desisting from gossip

1281

00:52:06,950 --> 00:52:05,200

man they will change your life in hours

1282

00:52:09,430 --> 00:52:06,960

and i don't exaggerate and i welcome

1283

00:52:12,470 --> 00:52:09,440

anybody to try it and call me out on it

1284

00:52:15,270 --> 00:52:12,480

if i am exaggerating it did okay so i

1285

00:52:18,710 --> 00:52:15,280

want to ask you two questions

1286

00:52:20,950 --> 00:52:18,720

did you used to gossip

1287

00:52:23,109 --> 00:52:20,960

oh yeah i worked in the publishing

1288

00:52:24,230 --> 00:52:23,119

business the currency of the publishing

1289

00:52:26,470 --> 00:52:24,240

business

1290

00:52:28,390 --> 00:52:26,480

was gossip at one time i mean

1291

00:52:30,309 --> 00:52:28,400

you know people go out to these expense

1292

00:52:32,390 --> 00:52:30,319

account lunches right and they just sit

1293

00:52:34,950 --> 00:52:32,400

there over there grilled salmon

1294

00:52:37,589 --> 00:52:34,960

you know talking trash about colleagues

1295

00:52:39,349 --> 00:52:37,599

and i realized at a certain point and

1296

00:52:41,670 --> 00:52:39,359

and jimmy i swear to you it was almost

1297

00:52:43,349 --> 00:52:41,680

like this palpably physical experience

1298

00:52:44,390 --> 00:52:43,359

and i think it was physical and

1299

00:52:46,630 --> 00:52:44,400

psychical

1300

00:52:48,470 --> 00:52:46,640

there was a colleague with whom i used

1301  
00:52:49,510 --> 00:52:48,480  
to get together for lunch every few

1302  
00:52:51,510 --> 00:52:49,520  
months

1303  
00:52:55,270 --> 00:52:51,520  
and

1304  
00:52:57,430 --> 00:52:55,280  
i would get drawn in to this

1305  
00:52:58,470 --> 00:52:57,440  
rotating wheel of gossip with this

1306  
00:53:00,790 --> 00:52:58,480  
person

1307  
00:53:03,270 --> 00:53:00,800  
and the lunch would just drag on too

1308  
00:53:05,430 --> 00:53:03,280  
long i'd come back to my office at three

1309  
00:53:07,829 --> 00:53:05,440  
o'clock in the afternoon and i feel

1310  
00:53:08,870 --> 00:53:07,839  
hangover i'd feel sick i'd feel almost

1311  
00:53:11,910 --> 00:53:08,880  
physically

1312  
00:53:14,790 --> 00:53:11,920  
unwell and that was my first clue that

1313  
00:53:17,430 --> 00:53:14,800

these conversations have some component

1314

00:53:20,790 --> 00:53:17,440

to them that are absolutely

1315

00:53:24,790 --> 00:53:20,800

toxic to the psyche toxic to your

1316

00:53:26,870 --> 00:53:24,800

physiology and i i made an effort to

1317

00:53:28,710 --> 00:53:26,880

distance myself from that person and i

1318

00:53:30,710 --> 00:53:28,720

began to realize

1319

00:53:33,270 --> 00:53:30,720

how pernicious a thing

1320

00:53:35,190 --> 00:53:33,280

gossip was then i began to realize how

1321

00:53:37,430 --> 00:53:35,200

how many diffuse sides there are to

1322

00:53:40,390 --> 00:53:37,440

people's lives and how profoundly unfair

1323

00:53:42,870 --> 00:53:40,400

it is to try to boil down their life or

1324

00:53:45,430 --> 00:53:42,880

their identity or their existence to one

1325

00:53:46,710 --> 00:53:45,440

story that i witnessed or someone else

1326  
00:53:49,670 --> 00:53:46,720  
witnessed where somebody underwent a

1327  
00:53:51,670 --> 00:53:49,680  
misfortune so anyway i had a revolution

1328  
00:53:53,109 --> 00:53:51,680  
an internal revolution about it but the

1329  
00:53:56,549 --> 00:53:53,119  
publishing business

1330  
00:53:57,829 --> 00:53:56,559  
uh is so fueled by gossip uh and and so

1331  
00:53:59,750 --> 00:53:57,839  
at one time

1332  
00:54:01,910 --> 00:53:59,760  
i was very much part of that i was very

1333  
00:54:04,150 --> 00:54:01,920  
much part of that and i distanced myself

1334  
00:54:06,230 --> 00:54:04,160  
from it completely the

1335  
00:54:09,589 --> 00:54:06,240  
uh the changes that you have once you

1336  
00:54:12,549 --> 00:54:09,599  
cut uh the negative people around you

1337  
00:54:15,190 --> 00:54:12,559  
and and you stop the gossiping and you

1338  
00:54:18,150 --> 00:54:15,200

you you take those steps towards the

1339

00:54:19,829 --> 00:54:18,160

positive it's the first things that you

1340

00:54:21,589 --> 00:54:19,839

need to get in order when you want to

1341

00:54:24,390 --> 00:54:21,599

change your own reality because you'll

1342

00:54:26,390 --> 00:54:24,400

get a month out two months out

1343

00:54:28,230 --> 00:54:26,400

and you look back and you'll say to you

1344

00:54:31,270 --> 00:54:28,240

i used to be different

1345

00:54:34,150 --> 00:54:31,280

this this actually works today yeah i'm

1346

00:54:36,710 --> 00:54:34,160

not the same person that i was back then

1347

00:54:38,309 --> 00:54:36,720

and it's actually very very simple if

1348

00:54:41,190 --> 00:54:38,319

you just know you know a couple of

1349

00:54:43,910 --> 00:54:41,200

simple things uh on what to do

1350

00:54:46,230 --> 00:54:43,920

yes and sometimes in in fact maybe

1351  
00:54:48,230 --> 00:54:46,240  
almost as a rule other people notice it

1352  
00:54:50,309 --> 00:54:48,240  
first they may not always advertise it

1353  
00:54:52,390 --> 00:54:50,319  
to you but i've had

1354  
00:54:54,950 --> 00:54:52,400  
encounters with people meals with people

1355  
00:54:56,710 --> 00:54:54,960  
and they've said you know you you have a

1356  
00:54:59,109 --> 00:54:56,720  
different tone than the person i knew

1357  
00:55:00,630 --> 00:54:59,119  
from ten years ago five years ago it's

1358  
00:55:02,710 --> 00:55:00,640  
not uncommon that other people will

1359  
00:55:05,030 --> 00:55:02,720  
notice it first and this is the kind of

1360  
00:55:06,790 --> 00:55:05,040  
thing that opens up the door for people

1361  
00:55:09,109 --> 00:55:06,800  
to do the things

1362  
00:55:10,710 --> 00:55:09,119  
that that you and rita have done where

1363  
00:55:11,829 --> 00:55:10,720

you know you made these radical changes

1364

00:55:13,829 --> 00:55:11,839

in your life and you found yourself

1365

00:55:15,349 --> 00:55:13,839

living in existence that was actually

1366

00:55:19,670 --> 00:55:15,359

self-selected

1367

00:55:23,510 --> 00:55:19,680

and uh when i say uh changing your

1368

00:55:27,430 --> 00:55:23,520

reality uh is real that you can do it

1369

00:55:29,430 --> 00:55:27,440

there when i used to hear about these

1370

00:55:31,030 --> 00:55:29,440

processes and i'm talking you know 20

1371

00:55:34,309 --> 00:55:31,040

years ago 30 years ago i used to hear

1372

00:55:36,069 --> 00:55:34,319

about yeah i would think that i would

1373

00:55:38,230 --> 00:55:36,079

dismiss it in that

1374

00:55:40,069 --> 00:55:38,240

it seemed like what they were saying

1375

00:55:41,190 --> 00:55:40,079

like i said uh in the opening statement

1376

00:55:43,270 --> 00:55:41,200

you know you're gonna light a few

1377

00:55:45,109 --> 00:55:43,280

candles and and you're gonna dream your

1378

00:55:46,470 --> 00:55:45,119

way through this and tomorrow you're

1379

00:55:48,950 --> 00:55:46,480

gonna wake up and there's a different

1380

00:55:51,430 --> 00:55:48,960

car in the driveway you know like that

1381

00:55:53,589 --> 00:55:51,440

is something more esoteric and

1382

00:55:55,829 --> 00:55:53,599

and and supernatural but that's not the

1383

00:55:57,910 --> 00:55:55,839

case is it

1384

00:56:00,309 --> 00:55:57,920

well you know it's interesting i think

1385

00:56:02,390 --> 00:56:00,319

over time it can be the case i mean

1386

00:56:04,549 --> 00:56:02,400

there's a there's a natural interval

1387

00:56:06,470 --> 00:56:04,559

there's a natural gestation that has to

1388

00:56:08,630 --> 00:56:06,480

occur in life i mean you know it takes

1389

00:56:10,630 --> 00:56:08,640

nine months for human lives to gestate

1390

00:56:13,190 --> 00:56:10,640

and in the animal kingdom you know a

1391

00:56:15,030 --> 00:56:13,200

horse eleven months and so on you know

1392

00:56:18,950 --> 00:56:15,040

it's a law of nature that there's going

1393

00:56:20,870 --> 00:56:18,960

to be a gestation period for everything

1394

00:56:22,390 --> 00:56:20,880

sometimes things can happen in a hurry

1395

00:56:24,150 --> 00:56:22,400

other times they happen over the course

1396

00:56:25,750 --> 00:56:24,160

of years but one of the things i have

1397

00:56:29,030 --> 00:56:25,760

been absolutely

1398

00:56:30,870 --> 00:56:29,040

just astonished by is that sometimes

1399

00:56:31,829 --> 00:56:30,880

over the march of time

1400

00:56:33,589 --> 00:56:31,839

uh

1401  
00:56:35,109 --> 00:56:33,599  
you know and we're terrible i mean we

1402  
00:56:37,750 --> 00:56:35,119  
forget things

1403  
00:56:40,390 --> 00:56:37,760  
we're we're very forgetful we we our

1404  
00:56:41,750 --> 00:56:40,400  
attention has tremendous gaps in it but

1405  
00:56:43,750 --> 00:56:41,760  
sometimes over the course of time i've

1406  
00:56:45,430 --> 00:56:43,760  
noticed that there will be that car in

1407  
00:56:47,829 --> 00:56:45,440  
the driveway or there will be somebody

1408  
00:56:50,150 --> 00:56:47,839  
looking back at me in the mirror in the

1409  
00:56:53,109 --> 00:56:50,160  
morning or something and i realize

1410  
00:56:54,870 --> 00:56:53,119  
oh my god this is exactly

1411  
00:56:57,190 --> 00:56:54,880  
something that i was picturing i mean

1412  
00:57:00,789 --> 00:56:57,200  
this is really truly

1413  
00:57:02,950 --> 00:57:00,799

congruent with my thoughts and it may be

1414

00:57:04,630 --> 00:57:02,960

that it it occurred over an interval of

1415

00:57:07,589 --> 00:57:04,640

five or ten years

1416

00:57:09,990 --> 00:57:07,599

but the congruency i tell you it's just

1417

00:57:13,589 --> 00:57:10,000

amazing i mean i find a congruency

1418

00:57:15,030 --> 00:57:13,599

between where i am today at age 53 and

1419

00:57:16,950 --> 00:57:15,040

things that i can remember thinking

1420

00:57:21,109 --> 00:57:16,960

about in my earliest

1421

00:57:21,910 --> 00:57:21,119

memories at ages three and four and i

1422

00:57:22,630 --> 00:57:21,920

you know

1423

00:57:25,109 --> 00:57:22,640

it

1424

00:57:27,910 --> 00:57:25,119

i i ask people to really

1425

00:57:29,589 --> 00:57:27,920

keep in mind how forgetful we are and

1426

00:57:32,309 --> 00:57:29,599

how

1427

00:57:34,150 --> 00:57:32,319

great a gap there is in our attention

1428

00:57:35,990 --> 00:57:34,160

and how sometimes

1429

00:57:37,190 --> 00:57:36,000

we fool ourselves we

1430

00:57:38,950 --> 00:57:37,200

we don't

1431

00:57:41,510 --> 00:57:38,960

really tell ourselves

1432

00:57:43,910 --> 00:57:41,520

what we really want our internal talking

1433

00:57:46,630 --> 00:57:43,920

is almost self-deceptive and i would say

1434

00:57:49,190 --> 00:57:46,640

if you can try to strip all that away

1435

00:57:50,630 --> 00:57:49,200

and really reflect on your life what you

1436

00:57:52,150 --> 00:57:50,640

were thinking about when you were young

1437

00:57:54,309 --> 00:57:52,160

where you are now

1438

00:57:57,589 --> 00:57:54,319

where you want to be you'll discover an

1439

00:57:59,750 --> 00:57:57,599

uncanny congruency between thought and

1440

00:58:02,789 --> 00:57:59,760

concrete experience let's take a break

1441

00:58:04,789 --> 00:58:02,799

right here mitch this is fade to black

1442

00:58:07,589 --> 00:58:04,799

our guest tonight mitch uh mitch

1443

00:58:10,630 --> 00:58:07,599

horowitz i almost said something else

1444

00:58:13,190 --> 00:58:10,640

[h\_\_h] horowitz i called you bleeping uh

1445

00:58:15,430 --> 00:58:13,200

when we came in i almost did it again

1446

00:58:17,829 --> 00:58:15,440

mitch bleepin horowitz and we're gonna

1447

00:58:19,670 --> 00:58:17,839

continue when we come back

1448

00:58:22,150 --> 00:58:19,680

i'm your host jimmy turns this is fade

1449

00:58:41,109 --> 00:58:22,160

to block stay with us

1450

00:58:45,829 --> 00:58:43,270

this is fade to black with jimmy church

1451  
00:58:50,549 --> 00:58:45,839  
on the game changer radio network and

1452  
00:58:53,109 --> 00:58:50,559  
kgra the global radio alliance

1453  
00:58:54,150 --> 00:58:53,119  
this is kgra digital broadcasting

1454  
00:58:58,090 --> 00:58:54,160  
station

1455  
00:58:59,510 --> 00:58:58,100  
salt lake city utah van buren arkansas

1456  
00:59:02,630 --> 00:58:59,520  
[Music]

1457  
00:59:04,870 --> 00:59:02,640  
introducing the new surfer music app

1458  
00:59:08,710 --> 00:59:04,880  
listen fade or not you know i love my

1459  
00:59:09,670 --> 00:59:08,720  
music this is my go-to for all things

1460  
00:59:11,990 --> 00:59:09,680  
notes

1461  
00:59:14,710 --> 00:59:12,000  
the surfer app is a brand new concept in

1462  
00:59:16,950 --> 00:59:14,720  
music listening surfer is free providing

1463  
00:59:18,710 --> 00:59:16,960

unlimited access to thousands of live

1464

00:59:20,549 --> 00:59:18,720

streaming radio stations

1465

00:59:22,789 --> 00:59:20,559

surfer is an exciting interactive

1466

00:59:25,510 --> 00:59:22,799

listening experience discovery and

1467

00:59:27,589 --> 00:59:25,520

surprise are built right in surfer is

1468

00:59:30,870 --> 00:59:27,599

your destination to discover and

1469

00:59:33,589 --> 00:59:30,880

rediscover great live streaming music it

1470

00:59:35,670 --> 00:59:33,599

features high quality audio streams free

1471

00:59:37,829 --> 00:59:35,680

access to music from thousands of live

1472

00:59:40,309 --> 00:59:37,839

streaming radio stations unlimited

1473

00:59:42,950 --> 00:59:40,319

listening unlimited skipping you get a

1474

00:59:44,950 --> 00:59:42,960

music visualizer and you can also select

1475

00:59:47,510 --> 00:59:44,960

your favorite channels get it at the

1476

00:59:50,230 --> 00:59:47,520

apple app store or google play just

1477

00:59:53,030 --> 00:59:50,240

search surfer music or click on the

1478

00:59:54,690 --> 00:59:53,040

surfer banner at jimmychurchradio.com

1479

00:59:57,349 --> 00:59:54,700

go back lee tappy

1480

00:59:59,750 --> 00:59:57,359

[Music]

1481

01:00:02,150 --> 00:59:59,760

folks this is very important information

1482

01:00:05,030 --> 01:00:02,160

what's to be said about cbd

1483

01:00:09,349 --> 01:00:05,040

ancient life oil.com our cbd is made

1484

01:00:11,910 --> 01:00:09,359

from hemp and has .003 thc which means

1485

01:00:14,150 --> 01:00:11,920

this wonderful product won't get you

1486

01:00:16,630 --> 01:00:14,160

high no matter what amount you take what

1487

01:00:19,670 --> 01:00:16,640

does cbd do for the body my hands are

1488

01:00:21,910 --> 01:00:19,680

tight but you can google cbd benefits

1489

01:00:24,150 --> 01:00:21,920

and be astounded when you're finished

1490

01:00:26,309 --> 01:00:24,160

reading you'll want to log on to ancient

1491

01:00:29,349 --> 01:00:26,319

life oil dot com that's ancient life

1492

01:00:31,829 --> 01:00:29,359

oil.com and purchase life is good when

1493

01:00:33,990 --> 01:00:31,839

you feel good people are tired of pain

1494

01:00:35,910 --> 01:00:34,000

people are asking for non-gmo organic

1495

01:00:38,630 --> 01:00:35,920

products to help them with

1496

01:00:40,789 --> 01:00:38,640

you fill in the blank legal in 49 states

1497

01:00:43,190 --> 01:00:40,799

and again our cbd is made from hemp

1498

01:00:45,990 --> 01:00:43,200

ancient life oil is about helping people

1499

01:00:48,789 --> 01:00:46,000

one by one by one if you wonder how good

1500

01:00:51,990 --> 01:00:48,799

the product is the ceo takes it every

1501  
01:00:52,910 --> 01:00:52,000  
day without miss ancient life oil.com

1502  
01:00:57,109 --> 01:00:52,920  
that's

1503  
01:00:58,789 --> 01:00:57,119  
ancientlifeoil.com have a great day

1504  
01:01:02,789 --> 01:00:58,799  
you're listening to my main man jimmy

1505  
01:01:06,630 --> 01:01:04,710  
hi this is ray sobs here repping the

1506  
01:01:09,750 --> 01:01:06,640  
planet and you're listening to my good

1507  
01:01:12,309 --> 01:01:09,760  
friend jimmy church fade to black on the

1508  
01:01:15,910 --> 01:01:12,319  
game changer network and the kgra

1509  
01:01:18,069 --> 01:01:15,920  
digital broadcast station

1510  
01:01:20,150 --> 01:01:18,079  
this is toby kebbel you're listening to

1511  
01:01:23,190 --> 01:01:20,160  
jimmychurchradio.com

1512  
01:01:25,430 --> 01:01:23,200  
don't hurt me jimmy i'm only little hey

1513  
01:01:30,710 --> 01:01:25,440

i'm adrian grenier and this is ari gold

1514

01:01:34,710 --> 01:01:33,030

hey i'm adrian grenier and i'm ari gold

1515

01:01:36,950 --> 01:01:34,720

we're the honey brothers

1516

01:01:40,150 --> 01:01:36,960

and you're listening to jimmy church a

1517

01:01:42,870 --> 01:01:40,160

revolution reclaim your active lifestyle

1518

01:01:44,950 --> 01:01:42,880

with angiotensin converting enzyme inhibitors is the original

1519

01:01:47,030 --> 01:01:44,960

liquid oral chelation supplement

1520

01:01:49,109 --> 01:01:47,040

chelation helps remove toxins heavy

1521

01:01:51,109 --> 01:01:49,119

metals and cholesterol in your veins and

1522

01:01:52,710 --> 01:01:51,119

arteries that can cause blockages

1523

01:01:54,870 --> 01:01:52,720

scientific research proves the active

1524

01:01:56,950 --> 01:01:54,880

ingredient in angiotensin converting enzyme inhibitors has superior

1525

01:01:59,190 --> 01:01:56,960

oral chelation action that helps promote

1526  
01:02:01,349 --> 01:01:59,200  
cardiovascular health find out more go

1527  
01:02:03,589 --> 01:02:01,359  
to [angioprim.com](http://angioprim.com) talk to a trained

1528  
01:02:08,150 --> 01:02:03,599  
consultant by calling angioprim toll

1529  
01:02:11,829 --> 01:02:09,829  
this is jimmy church of fade to black

1530  
01:02:14,150 --> 01:02:11,839  
and you can become an official fade or

1531  
01:02:17,829 --> 01:02:14,160  
not by just going to our membership

1532  
01:02:19,750 --> 01:02:17,839  
section at [jimmychurchradio.com](http://jimmychurchradio.com)

1533  
01:02:22,069 --> 01:02:19,760  
hey it's grace can we talk about

1534  
01:02:24,789 --> 01:02:22,079  
something serious for a minute your age

1535  
01:02:27,190 --> 01:02:24,799  
getting old has its perks but remember

1536  
01:02:29,190 --> 01:02:27,200  
being a few years younger you know your

1537  
01:02:31,109 --> 01:02:29,200  
hair was thicker you didn't have so many

1538  
01:02:33,190 --> 01:02:31,119

wrinkles that extra weight wasn't

1539

01:02:35,109 --> 01:02:33,200

haunting you and you just felt better

1540

01:02:37,910 --> 01:02:35,119

well we can't turn back the clocks and

1541

01:02:40,150 --> 01:02:37,920

go back 10 or 15 years but you can start

1542

01:02:42,950 --> 01:02:40,160

feeling and looking 10 or 15 years

1543

01:02:44,950 --> 01:02:42,960

younger with nature's youth rsf it's a

1544

01:02:46,710 --> 01:02:44,960

doctor formulated daily supplement that

1545

01:02:48,789 --> 01:02:46,720

helps your body maintain its peak

1546

01:02:51,190 --> 01:02:48,799

performance and fight the aging process

1547

01:02:53,270 --> 01:02:51,200

imagine sleeping better looking better

1548

01:02:55,829 --> 01:02:53,280

and feeling better see how nature's

1549

01:02:57,990 --> 01:02:55,839

youth rsf has helped thousands of people

1550

01:02:59,750 --> 01:02:58,000

just like you at nature's youth.com

1551

01:03:01,109 --> 01:02:59,760

naturesyouth.com

1552

01:03:02,710 --> 01:03:01,119

imagine how it will feel when your

1553

01:03:05,109 --> 01:03:02,720

family and friends are asking you what

1554

01:03:07,829 --> 01:03:05,119

you did to look so good your secret will

1555

01:03:10,069 --> 01:03:07,839

be nature's youth rsf it's time to start

1556

01:03:12,069 --> 01:03:10,079

looking better and feeling better learn

1557

01:03:13,910 --> 01:03:12,079

more and order your nature's youth rsf

1558

01:03:15,750 --> 01:03:13,920

at naturesyouth.com that's

1559

01:03:16,670 --> 01:03:15,760

naturesyouth.com

1560

01:03:18,630 --> 01:03:16,680

that's

1561

01:03:20,630 --> 01:03:18,640

naturesyouth.com

1562

01:03:22,950 --> 01:03:20,640

hello this is serena wright taylor from

1563

01:03:25,349 --> 01:03:22,960

conscious life expo and you're listening

1564

01:03:27,670 --> 01:03:25,359

to fade to black with jimmy church who

1565

01:03:30,870 --> 01:03:27,680

holds the lucky pony record for the best

1566

01:03:33,109 --> 01:03:30,880

astrological chart since 1963

1567

01:03:34,789 --> 01:03:33,119

true story

1568

01:03:36,470 --> 01:03:34,799

this is micah hanks of the ghrelian

1569

01:03:38,789 --> 01:03:36,480

report and you're listening to jimmy

1570

01:03:40,710 --> 01:03:38,799

church on fade to black across the globe

1571

01:03:44,120 --> 01:03:40,720

on the game changer radio network and

1572

01:04:00,350 --> 01:03:44,130

the one and only kgra radio the planet

1573

01:04:05,910 --> 01:04:04,390

[Music]

1574

01:04:07,589 --> 01:04:05,920

welcome back fade to black i'm your old

1575

01:04:10,390 --> 01:04:07,599

jimmy church

1576

01:04:12,789 --> 01:04:10,400

on the game changer network and kgra the

1577

01:04:15,589 --> 01:04:12,799

planet you can follow me on twitter at

1578

01:04:17,990 --> 01:04:15,599

jchurchradio you can follow mitch

1579

01:04:19,190 --> 01:04:18,000

simple at mitch horowitz and he's got

1580

01:04:27,990 --> 01:04:19,200

that

1581

01:04:31,430 --> 01:04:30,309

you're going to be speaking at our

1582

01:04:33,670 --> 01:04:31,440

teaching

1583

01:04:35,750 --> 01:04:33,680

at our soul tech conference coming up

1584

01:04:37,829 --> 01:04:35,760

this july can you give us a sneak

1585

01:04:40,390 --> 01:04:37,839

preview what are you going to be doing

1586

01:04:42,309 --> 01:04:40,400

oh absolutely my man you know i'm just

1587

01:04:43,990 --> 01:04:42,319

back from egypt actually

1588

01:04:46,309 --> 01:04:44,000

uh and i'm going to be talking about

1589

01:04:49,109 --> 01:04:46,319

hermetic philosophy which was the greek

1590

01:04:51,750 --> 01:04:49,119

egyptian philosophy that abounded in

1591

01:04:54,069 --> 01:04:51,760

egypt in in the decades immediately

1592

01:04:55,750 --> 01:04:54,079

following christ it has a lot to do with

1593

01:04:58,870 --> 01:04:55,760

the powers of the mind it has a lot to

1594

01:04:59,990 --> 01:04:58,880

do with mind causation it's a real

1595

01:05:02,710 --> 01:05:00,000

ancient

1596

01:05:05,109 --> 01:05:02,720

uh form of mysticism and esoteric

1597

01:05:08,309 --> 01:05:05,119

practice that was written down

1598

01:05:10,309 --> 01:05:08,319

and we still have vestiges of it today

1599

01:05:13,270 --> 01:05:10,319

it can be found in some of the

1600

01:05:14,710 --> 01:05:13,280

translations of magical hermetic books

1601

01:05:18,230 --> 01:05:14,720

it can be found

1602

01:05:19,910 --> 01:05:18,240

in a great occult book from 1908 called

1603

01:05:21,910 --> 01:05:19,920

the caballon which i'm making a

1604

01:05:23,670 --> 01:05:21,920

documentary about that was one of the

1605

01:05:25,270 --> 01:05:23,680

things that i was doing in egypt and

1606

01:05:27,670 --> 01:05:25,280

i'll be talking to people about how

1607

01:05:31,109 --> 01:05:27,680

practical ancient egyptian mysticism and

1608

01:05:32,789 --> 01:05:31,119

spirituality can be a force in your life

1609

01:05:36,309 --> 01:05:32,799

today we're going to get very hands-on

1610

01:05:38,549 --> 01:05:36,319

about it how magical is egypt you know

1611

01:05:41,109 --> 01:05:38,559

when you go there and you you know what

1612

01:05:43,510 --> 01:05:41,119

kind of electricity flows up your leg uh

1613

01:05:45,349 --> 01:05:43,520

when you step onto the plateau

1614

01:05:47,430 --> 01:05:45,359

you know you you nailed it you nailed it

1615

01:05:49,349 --> 01:05:47,440

it does feel like electricity i had that

1616

01:05:51,589 --> 01:05:49,359

feeling twice actually

1617

01:05:54,710 --> 01:05:51,599

on one occasion i was able to go in a

1618

01:05:57,029 --> 01:05:54,720

temple uh to the goddess sekhmet

1619

01:05:59,829 --> 01:05:57,039

the ancient goddess sekhmet who was a

1620

01:06:01,990 --> 01:05:59,839

goddess of boldness and force and power

1621

01:06:03,670 --> 01:06:02,000

and

1622

01:06:05,990 --> 01:06:03,680

this is not open to the general public

1623

01:06:07,750 --> 01:06:06,000

this was at the temple side of karnak

1624

01:06:09,430 --> 01:06:07,760

and we had to pay to get in there you

1625

01:06:12,870 --> 01:06:09,440

have to pay to do everything in egypt

1626

01:06:14,789 --> 01:06:12,880

today and uh i went in there and and and

1627

01:06:17,430 --> 01:06:14,799

a friend and i did a ceremony with a

1628

01:06:19,589 --> 01:06:17,440

guide to sekhmet and i just felt this

1629

01:06:21,990 --> 01:06:19,599

sense of absolute electricity go through

1630

01:06:23,670 --> 01:06:22,000

my body uh there was another instance

1631

01:06:26,069 --> 01:06:23,680

where in the valley of kings and we got

1632

01:06:27,829 --> 01:06:26,079

to go in a closed off portion that most

1633

01:06:31,190 --> 01:06:27,839

people don't get to go to and again you

1634

01:06:32,630 --> 01:06:31,200

know in egypt you pay to play i mean

1635

01:06:35,270 --> 01:06:32,640

you know everything

1636

01:06:37,349 --> 01:06:35,280

every door is open to you but but money

1637

01:06:39,510 --> 01:06:37,359

has to change hands and we were willing

1638

01:06:42,630 --> 01:06:39,520

to do this it's just the way it is

1639

01:06:44,390 --> 01:06:42,640

and and i i went and i was able to touch

1640

01:06:46,870 --> 01:06:44,400

a base relief of one of the ancient

1641

01:06:49,029 --> 01:06:46,880

ceremonial bill bulls and

1642

01:06:51,190 --> 01:06:49,039

jimmy you know i just felt a sense of

1643

01:06:53,190 --> 01:06:51,200

lightning electricity just as you put it

1644

01:06:55,349 --> 01:06:53,200

passed through my my whole body it was

1645

01:06:57,029 --> 01:06:55,359

absolutely extraordinary those were two

1646

01:06:59,270 --> 01:06:57,039

of the true highlights of the trip for

1647

01:07:00,789 --> 01:06:59,280

me it was also a tough trip because we

1648

01:07:03,270 --> 01:07:00,799

didn't close ourselves off from the

1649

01:07:05,190 --> 01:07:03,280

general population we didn't hang around

1650

01:07:06,470 --> 01:07:05,200

you know on air-conditioned tour buses

1651  
01:07:08,309 --> 01:07:06,480  
you know we were really out there with

1652  
01:07:09,910 --> 01:07:08,319  
the people and

1653  
01:07:11,510 --> 01:07:09,920  
it's a tough country to travel through

1654  
01:07:13,750 --> 01:07:11,520  
it's a tough country to get things done

1655  
01:07:15,430 --> 01:07:13,760  
in but my friend ronnie thomas who's a

1656  
01:07:18,069 --> 01:07:15,440  
great director and i were there for a

1657  
01:07:20,069 --> 01:07:18,079  
week uh we filmed a lot

1658  
01:07:22,309 --> 01:07:20,079  
and the caballon documentary is going to

1659  
01:07:25,829 --> 01:07:22,319  
be coming at you uh probably in the

1660  
01:07:28,069 --> 01:07:25,839  
spring of next year and uh some of what

1661  
01:07:29,750 --> 01:07:28,079  
we learned will be on preview at your

1662  
01:07:30,630 --> 01:07:29,760  
conference this summer

1663  
01:07:35,990 --> 01:07:30,640

the

1664

01:07:37,510 --> 01:07:36,000

discussed so much i've talked about it

1665

01:07:40,630 --> 01:07:37,520

on this show

1666

01:07:43,349 --> 01:07:40,640

um the the great pyramid is the one

1667

01:07:46,549 --> 01:07:43,359

thing that not only is covered and

1668

01:07:49,029 --> 01:07:46,559

researched and documented and every and

1669

01:07:52,789 --> 01:07:49,039

it just turns out honestly

1670

01:07:55,829 --> 01:07:52,799

we know nothing we don't know

1671

01:07:58,150 --> 01:07:55,839

nothing nothing it's just extraordinary

1672

01:08:01,029 --> 01:07:58,160

we have this terrible sense of hubris in

1673

01:08:02,950 --> 01:08:01,039

our society that we can document things

1674

01:08:05,589 --> 01:08:02,960

and understand them and

1675

01:08:07,990 --> 01:08:05,599

you know the truth is

1676  
01:08:09,750 --> 01:08:08,000  
incidents go on you know in my apartment

1677  
01:08:11,349 --> 01:08:09,760  
building you know and people have five

1678  
01:08:13,430 --> 01:08:11,359  
different versions of what happened

1679  
01:08:14,950 --> 01:08:13,440  
yesterday you know there's a broken

1680  
01:08:17,110 --> 01:08:14,960  
window and there's three different

1681  
01:08:17,910 --> 01:08:17,120  
stories about why the window is broken

1682  
01:08:21,749 --> 01:08:17,920  
and

1683  
01:08:23,910 --> 01:08:21,759  
of our

1684  
01:08:25,910 --> 01:08:23,920  
ignorance stems from this binary

1685  
01:08:27,829 --> 01:08:25,920  
thinking that we get into you know

1686  
01:08:30,470 --> 01:08:27,839  
people will say well it it it was

1687  
01:08:32,709 --> 01:08:30,480  
plainly a burial site it was plainly a

1688  
01:08:34,309 --> 01:08:32,719

sarcophagus that's inside the king's

1689

01:08:36,870 --> 01:08:34,319

chamber and i've seen it and i've laid

1690

01:08:38,470 --> 01:08:36,880

hands on it and i i understand that and

1691

01:08:40,390 --> 01:08:38,480

you know others will say no no you know

1692

01:08:42,149 --> 01:08:40,400

it was something that you know

1693

01:08:43,910 --> 01:08:42,159

coordinated to the stars and it's this

1694

01:08:46,229 --> 01:08:43,920

and it's that and the truth is

1695

01:08:48,550 --> 01:08:46,239

we get into these binary points of view

1696

01:08:51,189 --> 01:08:48,560

because we think it's got to be one

1697

01:08:53,430 --> 01:08:51,199

thing it's got to be one thing the truth

1698

01:08:56,229 --> 01:08:53,440

is to ancient people

1699

01:08:57,749 --> 01:08:56,239

burial sites and [h\_\_\h] crypts and

1700

01:09:00,470 --> 01:08:57,759

sarcophagi

1701

01:09:01,910 --> 01:09:00,480

were and and the very presence of death

1702

01:09:05,430 --> 01:09:01,920

and the honor and the veneration of

1703

01:09:08,149 --> 01:09:05,440

death was so fully integrated into life

1704

01:09:11,269 --> 01:09:08,159

and death was so much more of a palpable

1705

01:09:13,349 --> 01:09:11,279

experience and an ever-ready possibility

1706

01:09:16,149 --> 01:09:13,359

than what most of us living in the

1707

01:09:18,149 --> 01:09:16,159

modern west experience today that

1708

01:09:19,590 --> 01:09:18,159

the ancients and i believe this is true

1709

01:09:21,030 --> 01:09:19,600

the celts i believe it's true the

1710

01:09:23,430 --> 01:09:21,040

egyptians i believe it's true of the

1711

01:09:25,990 --> 01:09:23,440

maya they didn't have the same sense of

1712

01:09:28,709 --> 01:09:26,000

dividing line between death and life

1713

01:09:31,990 --> 01:09:28,719

that we have and so we with our western

1714

01:09:34,709 --> 01:09:32,000

conceptions look back and we think that

1715

01:09:36,870 --> 01:09:34,719

something that served a funerary purpose

1716

01:09:39,510 --> 01:09:36,880

must have been only that must have been

1717

01:09:43,590 --> 01:09:39,520

only that and that's just not true there

1718

01:09:47,030 --> 01:09:43,600

was a integration and a

1719

01:09:48,709 --> 01:09:47,040

an absence of straight lines and sharp

1720

01:09:50,709 --> 01:09:48,719

angles between life

1721

01:09:53,510 --> 01:09:50,719

and death they lived in a magical

1722

01:09:55,590 --> 01:09:53,520

culture in which the non-physical world

1723

01:09:57,270 --> 01:09:55,600

and the physical world were part of one

1724

01:09:59,350 --> 01:09:57,280

whole and i think that's made it very

1725

01:10:00,790 --> 01:09:59,360

difficult for us to understand some of

1726

01:10:02,709 --> 01:10:00,800

these things because we'll look at

1727

01:10:04,070 --> 01:10:02,719

something and say that must have been a

1728

01:10:05,910 --> 01:10:04,080

[h\_\_h] that must have been a burial

1729

01:10:08,229 --> 01:10:05,920

chamber there was more than one thing

1730

01:10:10,790 --> 01:10:08,239

going on just as there's more than one

1731

01:10:12,870 --> 01:10:10,800

thing going on in our bodies when we

1732

01:10:14,790 --> 01:10:12,880

pray and something happens or when we

1733

01:10:17,350 --> 01:10:14,800

experience what's called the placebo

1734

01:10:19,669 --> 01:10:17,360

effect yes you know endorphins and

1735

01:10:21,910 --> 01:10:19,679

dopamine and all kinds of enzymes might

1736

01:10:22,709 --> 01:10:21,920

be getting released but that just might

1737

01:10:24,790 --> 01:10:22,719

be

1738

01:10:27,430 --> 01:10:24,800

what prayer or what the mental hearing

1739

01:10:29,590 --> 01:10:27,440

healing experience looks like

1740

01:10:32,790 --> 01:10:29,600

in the body it's one thing that's going

1741

01:10:34,310 --> 01:10:32,800

on among others and this binary thinking

1742

01:10:36,950 --> 01:10:34,320

keeps us from

1743

01:10:39,830 --> 01:10:36,960

appreciating the broader possibilities

1744

01:10:42,149 --> 01:10:39,840

of human experience there are very often

1745

01:10:44,790 --> 01:10:42,159

a great complex of things going on a

1746

01:10:47,270 --> 01:10:44,800

superposition of things going on that's

1747

01:10:49,590 --> 01:10:47,280

one of the most important things um i've

1748

01:10:51,830 --> 01:10:49,600

i've ever heard you say and you say a

1749

01:10:55,510 --> 01:10:51,840

lot right but

1750

01:10:57,910 --> 01:10:55,520

but is this even today with all of our

1751

01:10:59,910 --> 01:10:57,920

science and all of our medical knowledge

1752

01:11:03,110 --> 01:10:59,920

and all of the technology

1753

01:11:05,510 --> 01:11:03,120

we don't understand death at all we

1754

01:11:08,470 --> 01:11:05,520

still we don't know anything about it

1755

01:11:09,990 --> 01:11:08,480

and until something comes uh

1756

01:11:12,070 --> 01:11:10,000

very clear

1757

01:11:14,709 --> 01:11:12,080

everything that the ancients had to say

1758

01:11:16,709 --> 01:11:14,719

about it i think is as valid as as

1759

01:11:18,149 --> 01:11:16,719

anything and and that's where i'm at

1760

01:11:19,910 --> 01:11:18,159

with it

1761

01:11:22,149 --> 01:11:19,920

absolutely you know it's funny the other

1762

01:11:23,910 --> 01:11:22,159

day a friend of mine was in an argument

1763

01:11:25,669 --> 01:11:23,920

with somebody who was kind of goading

1764

01:11:27,350 --> 01:11:25,679

him and saying you know you're telling

1765

01:11:29,430 --> 01:11:27,360

me you believe in ghosts and i'm never

1766

01:11:31,110 --> 01:11:29,440

thrown when people use words like ghosts

1767

01:11:33,830 --> 01:11:31,120

because

1768

01:11:36,149 --> 01:11:33,840

it's an attempt to sort of infantilize

1769

01:11:38,709 --> 01:11:36,159

a very important discussion by seizing a

1770

01:11:41,110 --> 01:11:38,719

term you know from popular culture and

1771

01:11:43,750 --> 01:11:41,120

my response to that person would be

1772

01:11:45,590 --> 01:11:43,760

are you absolutely certain that you know

1773

01:11:48,709 --> 01:11:45,600

what happens after we die are you

1774

01:11:51,110 --> 01:11:48,719

absolutely certain that there's no

1775

01:11:52,550 --> 01:11:51,120

non-physical or extra physical component

1776

01:11:54,950 --> 01:11:52,560

to life and of course the answer would

1777

01:11:55,830 --> 01:11:54,960

be no i'm not certain how could any of

1778

01:11:57,910 --> 01:11:55,840

us be

1779

01:12:00,070 --> 01:11:57,920

in which case the conversation the

1780

01:12:02,550 --> 01:12:00,080

argument becomes moot then we agree we

1781

01:12:04,229 --> 01:12:02,560

agree i have questions i'm simply

1782

01:12:07,030 --> 01:12:04,239

acknowledging that i have questions you

1783

01:12:10,070 --> 01:12:07,040

know and and talking about you know how

1784

01:12:13,270 --> 01:12:10,080

our thoughts can become reality

1785

01:12:15,990 --> 01:12:13,280

i think the first stage uh with all of

1786

01:12:18,390 --> 01:12:16,000

this and and correct me if i'm wrong

1787

01:12:19,669 --> 01:12:18,400

but you have to find the foundation of

1788

01:12:24,709 --> 01:12:19,679

your bliss

1789

01:12:26,790 --> 01:12:24,719

that how do we do that mitch you know

1790

01:12:29,350 --> 01:12:26,800

i'm really glad you came back to that

1791

01:12:30,870 --> 01:12:29,360

you know one of the metaphysical writers

1792

01:12:33,430 --> 01:12:30,880

who i've really loved over the years is

1793

01:12:35,189 --> 01:12:33,440

carlos castaneda and

1794

01:12:36,550 --> 01:12:35,199

a lot of people are down on castaneda

1795

01:12:38,950 --> 01:12:36,560

because they say oh you know he

1796

01:12:41,350 --> 01:12:38,960

falsified his identity and his

1797

01:12:44,149 --> 01:12:41,360

historicism and so on but there's so

1798

01:12:45,750 --> 01:12:44,159

much truth in his books and it speaks

1799

01:12:46,709 --> 01:12:45,760

and it resounds on so many different

1800

01:12:49,270 --> 01:12:46,719

levels

1801

01:12:51,030 --> 01:12:49,280

that one makes a mistake to read

1802

01:12:53,750 --> 01:12:51,040

castaneda strictly as a work of

1803

01:12:54,470 --> 01:12:53,760

anthropology which it's not it's a work

1804

01:13:06,390 --> 01:12:54,480

of

1805

01:13:08,390 --> 01:13:06,400

carlos's uh don juan books

1806

01:13:10,870 --> 01:13:08,400

involves him being on the porch of his

1807

01:13:13,430 --> 01:13:10,880

mentor and his mentor tells him you must

1808

01:13:15,510 --> 01:13:13,440

find the safe spot on this porch and

1809

01:13:17,430 --> 01:13:15,520

carlos spends all night rolling around

1810

01:13:19,669 --> 01:13:17,440

rolling around until he finds the safe

1811

01:13:23,270 --> 01:13:19,679

spot a spot where he feels

1812

01:13:25,189 --> 01:13:23,280

noble and secure and protected and it it

1813

01:13:27,669 --> 01:13:25,199

arguably saves his life because he's

1814

01:13:29,030 --> 01:13:27,679

attacked by another figure in the in the

1815

01:13:31,590 --> 01:13:29,040

story and

1816

01:13:34,229 --> 01:13:31,600

he prevails and he's able to prevail

1817

01:13:36,470 --> 01:13:34,239

because his life depended upon

1818

01:13:39,990 --> 01:13:36,480

his finding that safe spot on the porch

1819

01:13:41,510 --> 01:13:40,000

he found it and in finding it he saved

1820

01:13:43,510 --> 01:13:41,520

his own life

1821

01:13:44,550 --> 01:13:43,520

i would submit

1822

01:13:53,030 --> 01:13:44,560

that

1823

01:13:55,030 --> 01:13:53,040

own life to find what your definite aim

1824

01:13:57,030 --> 01:13:55,040

and passion is what you're really

1825

01:14:00,709 --> 01:13:57,040

supposed to be doing in life and to

1826

01:14:03,669 --> 01:14:00,719

assimilate that and i think that that is

1827

01:14:07,110 --> 01:14:03,679

as noble and as important

1828

01:14:09,110 --> 01:14:07,120

a journey as an actual life-saving

1829

01:14:11,189 --> 01:14:09,120

journey because each of us has something

1830

01:14:12,390 --> 01:14:11,199

that we want to be doing in the world

1831

01:14:15,189 --> 01:14:12,400

that is

1832

01:14:18,149 --> 01:14:15,199

as needful and as important to us

1833

01:14:19,590 --> 01:14:18,159

as the drawing of breath itself in vedic

1834

01:14:21,910 --> 01:14:19,600

tradition that might be referred to as

1835

01:14:24,390 --> 01:14:21,920

your dharma in western tradition we

1836

01:14:26,950 --> 01:14:24,400

might call it your definite chief aim

1837

01:14:30,390 --> 01:14:26,960

what is your definite absolute aim

1838

01:14:32,550 --> 01:14:30,400

and in the miracle club and elsewhere i

1839

01:14:35,669 --> 01:14:32,560

i encourage people

1840

01:14:38,870 --> 01:14:35,679

to really sit down with unembarrassed

1841

01:14:40,790 --> 01:14:38,880

self-scrutiny in a very private way this

1842

01:14:43,030 --> 01:14:40,800

is not something to necessarily share

1843

01:14:45,669 --> 01:14:43,040

with other people this is your own

1844

01:14:47,110 --> 01:14:45,679

individual inner experiment and really

1845

01:14:50,070 --> 01:14:47,120

ask yourself

1846

01:14:51,830 --> 01:14:50,080

what is your most sacred passionately

1847

01:14:55,110 --> 01:14:51,840

felt aim in life and you mustn't be

1848

01:14:57,910 --> 01:14:55,120

embarrassed by it because we hide we

1849

01:14:59,669 --> 01:14:57,920

hide from our aim because we think oh

1850

01:15:01,750 --> 01:14:59,679

i'm a spiritual person i'm not supposed

1851

01:15:03,350 --> 01:15:01,760

to be too interested in money or i'm a

1852

01:15:05,669 --> 01:15:03,360

developed person i'm not supposed to be

1853

01:15:07,669 --> 01:15:05,679

too interested in the physical throw out

1854

01:15:10,070 --> 01:15:07,679

all of those preconceptions throw out

1855

01:15:11,990 --> 01:15:10,080

all embarrassment that's why i say it's

1856

01:15:13,750 --> 01:15:12,000

so important to keep this experiment

1857

01:15:15,750 --> 01:15:13,760

private it's not something you're going

1858

01:15:17,270 --> 01:15:15,760

to vet with other people it's not

1859

01:15:19,669 --> 01:15:17,280

something where you're looking for other

1860

01:15:20,950 --> 01:15:19,679

people's approbation don't repeat things

1861

01:15:23,590 --> 01:15:20,960

to yourself that you've heard in the

1862

01:15:26,149 --> 01:15:23,600

past don't repeat

1863

01:15:28,790 --> 01:15:26,159

principles or homilies that are from

1864

01:15:31,270 --> 01:15:28,800

translations of translations of ancient

1865

01:15:33,830 --> 01:15:31,280

literature just be

1866

01:15:36,470 --> 01:15:33,840

you don't be embarrassed and ask

1867

01:15:39,030 --> 01:15:36,480

yourself what do you really want and no

1868

01:15:41,110 --> 01:15:39,040

matter what answer comes back to you

1869

01:15:43,910 --> 01:15:41,120

honor it honor it it could be the most

1870

01:15:47,430 --> 01:15:43,920

important turning point of your life

1871

01:15:50,709 --> 01:15:47,440

and i i i want to do the the jimmy

1872

01:15:53,510 --> 01:15:50,719

comment here the the very simplistic

1873

01:15:56,950 --> 01:15:53,520

doofus comment which is this

1874

01:15:59,430 --> 01:15:56,960

simply don't be scared

1875

01:16:01,430 --> 01:15:59,440

so many are just they're scared right

1876

01:16:03,669 --> 01:16:01,440

they're nervous they're they're they're

1877

01:16:05,270 --> 01:16:03,679

comfortable in their little bubble

1878

01:16:08,310 --> 01:16:05,280

you know they want to make that because

1879

01:16:11,270 --> 01:16:08,320

they're scared don't be scared you know

1880

01:16:13,910 --> 01:16:11,280

or nothing will get done right nothing

1881

01:16:16,390 --> 01:16:13,920

will get done and you know we repeat

1882

01:16:18,229 --> 01:16:16,400

things to ourselves that are deceiving

1883

01:16:19,189 --> 01:16:18,239

that are self-deceiving such as

1884

01:16:21,350 --> 01:16:19,199

ourselves

1885

01:16:23,510 --> 01:16:21,360

oh you know i want a nice job i want a

1886

01:16:25,189 --> 01:16:23,520

nice home i want a nice family you know

1887

01:16:26,870 --> 01:16:25,199

we sort of repeat all these things to

1888

01:16:28,870 --> 01:16:26,880

ourselves that we think we're supposed

1889

01:16:30,950 --> 01:16:28,880

to want and that are going to perhaps

1890

01:16:33,350 --> 01:16:30,960

bring us honor and respect from our

1891

01:16:35,430 --> 01:16:33,360

peers you know spiritual people want to

1892

01:16:37,510 --> 01:16:35,440

say oh you know i want to save the world

1893

01:16:40,310 --> 01:16:37,520

or oh you know money comes second i'm

1894

01:16:43,110 --> 01:16:40,320

interested in creativity are you sure

1895

01:16:45,910 --> 01:16:43,120

are you sure because we can spend a

1896

01:16:48,790 --> 01:16:45,920

lifetime hiding from ourselves and

1897

01:16:50,070 --> 01:16:48,800

you know i really want people to get in

1898

01:16:52,149 --> 01:16:50,080

touch with

1899

01:16:52,870 --> 01:16:52,159

with what their most impassioned desires

1900

01:16:54,149 --> 01:16:52,880

are

1901

01:16:56,390 --> 01:16:54,159

go through

1902

01:16:58,310 --> 01:16:56,400

the journey that carlos writes about in

1903

01:17:00,070 --> 01:16:58,320

the first of his don juan books where

1904

01:17:02,390 --> 01:17:00,080

you need to find that safe spot you need

1905

01:17:04,149 --> 01:17:02,400

to find that secure spot it could be

1906

01:17:07,189 --> 01:17:04,159

life or death

1907

01:17:10,470 --> 01:17:07,199

metaphorically or literally and

1908

01:17:13,110 --> 01:17:10,480

i feel that it's very possible to

1909

01:17:15,430 --> 01:17:13,120

fritter away one's life

1910

01:17:17,590 --> 01:17:15,440

repeating things internally or framing

1911

01:17:19,669 --> 01:17:17,600

your desires in such a way that you kind

1912

01:17:21,830 --> 01:17:19,679

of neuter them because you think they

1913

01:17:24,070 --> 01:17:21,840

sound better you know it's like i want

1914

01:17:26,149 --> 01:17:24,080

to found such and such a company to make

1915

01:17:27,750 --> 01:17:26,159

the world a better place well you know

1916

01:17:31,030 --> 01:17:27,760

maybe that's true and if that's true

1917

01:17:32,950 --> 01:17:31,040

that's wonderful but if that's not true

1918

01:17:34,709 --> 01:17:32,960

heaven forbid you waste your life on it

1919

01:17:37,110 --> 01:17:34,719

maybe there's something else you want

1920

01:17:38,550 --> 01:17:37,120

maybe a corporate go-getter doesn't want

1921

01:17:41,030 --> 01:17:38,560

to be a corporate go-getter but just

1922

01:17:42,870 --> 01:17:41,040

wants to be under a blanket at home

1923

01:17:44,470 --> 01:17:42,880

somebody wrote to me tonight a lady was

1924

01:17:45,990 --> 01:17:44,480

telling me

1925

01:17:48,390 --> 01:17:46,000

she realized that her aim was for

1926

01:17:50,550 --> 01:17:48,400

security and she felt badly about that

1927

01:17:52,310 --> 01:17:50,560

because she thought security maybe

1928

01:17:54,550 --> 01:17:52,320

seemed like a very narrow thing a very

1929

01:17:56,709 --> 01:17:54,560

small thing and i said look if that's

1930

01:17:59,110 --> 01:17:56,719

really truly your aim then what are

1931

01:18:01,430 --> 01:17:59,120

life-affirming ways of seeking security

1932

01:18:03,910 --> 01:18:01,440

financial security physical security

1933

01:18:05,669 --> 01:18:03,920

as long as it's your passion

1934

01:18:07,350 --> 01:18:05,679

it will focus your energies it will

1935

01:18:08,950 --> 01:18:07,360

focus your psyche in such a way that

1936

01:18:11,750 --> 01:18:08,960

will give you power

1937

01:18:13,510 --> 01:18:11,760

and how do we okay all right but how do

1938

01:18:14,550 --> 01:18:13,520

we fight

1939

01:18:17,910 --> 01:18:14,560

uh

1940

01:18:21,830 --> 01:18:17,920

the the power of the media

1941

01:18:24,950 --> 01:18:21,840

where our generation today the the the

1942

01:18:26,550 --> 01:18:24,960

kids today our general the kids today

1943

01:18:29,910 --> 01:18:26,560

see the headline

1944

01:18:33,669 --> 01:18:29,920

that you know kylie jenner becomes

1945

01:18:36,950 --> 01:18:33,679

forbes youngest self-made billionaire

1946

01:18:39,030 --> 01:18:36,960

she's 21 years 21 years old and you want

1947

01:18:40,470 --> 01:18:39,040

to say something like this to your kids

1948

01:18:43,510 --> 01:18:40,480

and you want to do this and they think

1949

01:18:45,430 --> 01:18:43,520

well but but kylie jenner did it

1950

01:18:48,470 --> 01:18:45,440

well you know on

1951

01:18:50,229 --> 01:18:48,480

with with absolutely nothing

1952

01:18:52,709 --> 01:18:50,239

you know and that's that's the power of

1953

01:18:54,390 --> 01:18:52,719

the media and i want to become an

1954

01:18:56,790 --> 01:18:54,400

instagram star

1955

01:18:59,590 --> 01:18:56,800

i want to become a youtube star i want

1956

01:19:00,550 --> 01:18:59,600

to become a tick-tock star

1957

01:19:03,669 --> 01:19:00,560

right

1958

01:19:07,590 --> 01:19:03,679

we're fighting that on a daily basis by

1959

01:19:08,390 --> 01:19:07,600

uh by these uh quote-unquote celebs that

1960

01:19:11,430 --> 01:19:08,400

have

1961

01:19:13,270 --> 01:19:11,440

you know tens of millions of followers

1962

01:19:14,790 --> 01:19:13,280

that recognize what they are doing and

1963

01:19:15,990 --> 01:19:14,800

they're like well there's an easy way

1964

01:19:19,110 --> 01:19:16,000

out

1965

01:19:24,310 --> 01:19:19,120

yeah yeah it's interesting you know

1966

01:19:26,550 --> 01:19:24,320

i i have two sons uh ages 12 and 14 and

1967

01:19:27,669 --> 01:19:26,560

whenever i'm asked parenting questions i

1968

01:19:29,750 --> 01:19:27,679

i always

1969

01:19:31,110 --> 01:19:29,760

quote something that is attributed to

1970

01:19:33,030 --> 01:19:31,120

napoleon i don't know if he ever

1971

01:19:35,430 --> 01:19:33,040

actually said any of these things but

1972

01:19:37,910 --> 01:19:35,440

napoleon seems to have said everything

1973

01:19:40,390 --> 01:19:37,920

apparently and that is every plan

1974

01:19:41,750 --> 01:19:40,400

immediately fails upon contact

1975

01:19:43,430 --> 01:19:41,760

with the enemy i guess you could say

1976

01:19:45,590 --> 01:19:43,440

every plan immediately fails upon

1977

01:19:47,430 --> 01:19:45,600

contact with your children you know

1978

01:19:48,590 --> 01:19:47,440

every well-laid

1979

01:19:50,709 --> 01:19:48,600

sensible

1980

01:19:53,270 --> 01:19:50,719

values-driven plan

1981

01:19:56,790 --> 01:19:53,280

seems to go awry the moment you

1982

01:19:58,470 --> 01:19:56,800

introduce it into actual life now

1983

01:20:01,189 --> 01:19:58,480

i'm proud of my kids they seem to be

1984

01:20:04,390 --> 01:20:01,199

doing well they they have good values

1985

01:20:06,950 --> 01:20:04,400

and i don't know frankly if i

1986

01:20:08,630 --> 01:20:06,960

introduce those values to them they are

1987

01:20:10,870 --> 01:20:08,640

exposed to all the media that you're

1988

01:20:12,709 --> 01:20:10,880

just describing all the news that you're

1989

01:20:15,350 --> 01:20:12,719

just describing

1990

01:20:19,669 --> 01:20:15,360

i don't know what precisely inculcates

1991

01:20:22,630 --> 01:20:19,679

values in children i do know that uh

1992

01:20:25,590 --> 01:20:22,640

my older son has made a point of not

1993

01:20:26,630 --> 01:20:25,600

gossiping i'm very aware that he stays

1994

01:20:31,430 --> 01:20:26,640

out of

1995

01:20:34,229 --> 01:20:31,440

trash about friends

1996

01:20:37,430 --> 01:20:34,239

and it's a powerful trait and i see that

1997

01:20:40,070 --> 01:20:37,440

in my younger son as well i don't know

1998

01:20:41,189 --> 01:20:40,080

if i inculcated that in them by my

1999

01:20:43,350 --> 01:20:41,199

behavior

2000

01:20:45,270 --> 01:20:43,360

um i know that they rebel against me i

2001

01:20:47,350 --> 01:20:45,280

know they make fun of me you know for my

2002

01:20:50,550 --> 01:20:47,360

spiritual interest and that's natural

2003

01:20:53,110 --> 01:20:50,560

and healthy kids kids have to do that

2004

01:20:54,709 --> 01:20:53,120

um i wish i could tell you i wish i

2005

01:20:57,430 --> 01:20:54,719

could tell myself

2006

01:21:00,070 --> 01:20:57,440

what it is that inculcates values in a

2007

01:21:01,830 --> 01:21:00,080

kid it might frankly jimmy you know it

2008

01:21:05,590 --> 01:21:01,840

might have something to do with

2009

01:21:07,990 --> 01:21:05,600

just a a a kind of receptivity to ideas

2010

01:21:10,310 --> 01:21:08,000

and a sensitivity a temperament that we

2011

01:21:13,189 --> 01:21:10,320

come into this world with

2012

01:21:16,229 --> 01:21:13,199

um there may be qualities of karma

2013

01:21:18,870 --> 01:21:16,239

qualities of reincarnation other things

2014

01:21:20,790 --> 01:21:18,880

that recur within individuals and you

2015

01:21:22,950 --> 01:21:20,800

know some kids get exposed to all this

2016

01:21:24,950 --> 01:21:22,960

media and my kids certainly have and

2017

01:21:26,950 --> 01:21:24,960

they seem to do well and i can't take

2018

01:21:30,149 --> 01:21:26,960

any awards for it i can't take any

2019

01:21:31,189 --> 01:21:30,159

awards for it i i don't know i i wish i

2020

01:21:32,070 --> 01:21:31,199

could be

2021

01:21:34,870 --> 01:21:32,080

uh

2022

01:21:36,709 --> 01:21:34,880

more eloquent in terms of how a parent

2023

01:21:38,950 --> 01:21:36,719

can introduce

2024

01:21:40,870 --> 01:21:38,960

metaphysical values into a kid's life

2025

01:21:43,110 --> 01:21:40,880

but i have to tell you

2026

01:21:45,990 --> 01:21:43,120

it's as much a mystery to me as the

2027

01:21:48,550 --> 01:21:46,000

ancient pyramids are i thank

2028

01:21:50,870 --> 01:21:48,560

my stars that my kids are doing well and

2029

01:21:52,870 --> 01:21:50,880

and i i don't know the only thing i can

2030

01:21:55,350 --> 01:21:52,880

guess is that any behavior i've ever

2031

01:21:57,110 --> 01:21:55,360

inculcated in them good or bad has

2032

01:21:58,790 --> 01:21:57,120

probably been

2033

01:22:00,470 --> 01:21:58,800

something imitative you know i don't

2034

01:22:02,550 --> 01:22:00,480

think anything i've ever said to them

2035

01:22:04,950 --> 01:22:02,560

has made an impact so much as uh

2036

01:22:07,590 --> 01:22:04,960

imitative behavior has has been present

2037

01:22:10,470 --> 01:22:07,600

yeah my my my guidance to my two

2038

01:22:13,350 --> 01:22:10,480

daughters has has meant nothing

2039

01:22:15,669 --> 01:22:13,360

right you know they laugh at us they do

2040

01:22:17,750 --> 01:22:15,679

and and they they have grown up to be

2041

01:22:20,790 --> 01:22:17,760

two of the most beautiful

2042

01:22:25,030 --> 01:22:20,800

uh young adults that i could have ever

2043

01:22:28,229 --> 01:22:25,040

uh wished and and i'm i'm so blessed but

2044

01:22:29,830 --> 01:22:28,239

all the advice i've ever dispensed

2045

01:22:32,149 --> 01:22:29,840

that it's new

2046

01:22:35,510 --> 01:22:32,159

no no but but they're doing their own

2047

01:22:37,590 --> 01:22:35,520

thing and and and you know what they're

2048

01:22:40,229 --> 01:22:37,600

on their own life path finding their own

2049

01:22:42,709 --> 01:22:40,239

bliss and i think that that is probably

2050

01:22:45,189 --> 01:22:42,719

what is washed off with them is that you

2051

01:22:48,070 --> 01:22:45,199

know their mom and dad are doing what

2052

01:22:49,590 --> 01:22:48,080

make them happy and that's the secret

2053

01:22:52,229 --> 01:22:49,600

you know that is the whole secret and

2054

01:22:54,470 --> 01:22:52,239

going back mitch uh i'm gonna i want to

2055

01:22:56,229 --> 01:22:54,480

go back to this uh you know the the

2056

01:22:57,830 --> 01:22:56,239

television commercials are gonna tell

2057

01:23:00,070 --> 01:22:57,840

you that you need the brand new car you

2058

01:23:01,669 --> 01:23:00,080

need the you know the new set of teeth

2059

01:23:04,550 --> 01:23:01,679

you know you need the the house with the

2060

01:23:06,310 --> 01:23:04,560

three-car garage on it and a pool

2061

01:23:09,030 --> 01:23:06,320

that these are are what's going to make

2062

01:23:12,310 --> 01:23:09,040

you popular and that's that's that's the

2063

01:23:14,229 --> 01:23:12,320

tv telling you that the secret is you

2064

01:23:16,390 --> 01:23:14,239

find your bliss

2065

01:23:17,910 --> 01:23:16,400

you know the genie that you know the

2066

01:23:20,709 --> 01:23:17,920

three wishes you're not going to wish

2067

01:23:23,669 --> 01:23:20,719

for the big house you wish for the bliss

2068

01:23:25,510 --> 01:23:23,679

and that will run its course

2069

01:23:27,430 --> 01:23:25,520

and then that other stuff

2070

01:23:29,430 --> 01:23:27,440

that's that's the bonus

2071

01:23:32,629 --> 01:23:29,440

right that that comes with it that's not

2072

01:23:35,669 --> 01:23:32,639

your focus that just happens to pop up

2073

01:23:37,510 --> 01:23:35,679

as life moves along doesn't it

2074

01:23:39,110 --> 01:23:37,520

i agree and i'm glad you used that

2075

01:23:40,790 --> 01:23:39,120

metaphor of the genie because that

2076

01:23:41,910 --> 01:23:40,800

actually brings up an exercise that i

2077

01:23:43,750 --> 01:23:41,920

sometimes

2078

01:23:45,350 --> 01:23:43,760

challenge people to use and i challenge

2079

01:23:46,790 --> 01:23:45,360

myself to use it you know you were

2080

01:23:49,030 --> 01:23:46,800

asking earlier

2081

01:23:52,950 --> 01:23:49,040

how does the individual sort of strip

2082

01:23:54,709 --> 01:23:52,960

away all the noise and get down to

2083

01:23:55,990 --> 01:23:54,719

what you really want what what is your

2084

01:23:58,950 --> 01:23:56,000

bliss what are you really passionate

2085

01:24:02,229 --> 01:23:58,960

about and i ask people to imagine

2086

01:24:03,189 --> 01:24:02,239

that a genie offers to grant them one

2087

01:24:08,550 --> 01:24:03,199

wish

2088

01:24:10,149 --> 01:24:08,560

ask for but it's conditioned on the fact

2089

01:24:12,950 --> 01:24:10,159

that they must

2090

01:24:15,270 --> 01:24:12,960

tell the absolute truth

2091

01:24:16,629 --> 01:24:15,280

of what the one thing is that they wish

2092

01:24:18,149 --> 01:24:16,639

for

2093

01:24:20,550 --> 01:24:18,159

or they'll lose everything and what

2094

01:24:23,910 --> 01:24:20,560

would it be and people want to protest

2095

01:24:25,830 --> 01:24:23,920

well you know god how can i how can i um

2096

01:24:28,390 --> 01:24:25,840

how can i name one thing you know i have

2097

01:24:30,229 --> 01:24:28,400

all kinds of uh necessities and

2098

01:24:32,310 --> 01:24:30,239

complexities in life all kinds of

2099

01:24:34,950 --> 01:24:32,320

responsibilities and roles

2100

01:24:37,110 --> 01:24:34,960

that i need to play and i honor that i

2101

01:24:39,750 --> 01:24:37,120

bow before that i do too

2102

01:24:42,830 --> 01:24:39,760

but i do believe that life makes a very

2103

01:24:45,750 --> 01:24:42,840

tough tough bargain with us

2104

01:24:47,189 --> 01:24:45,760

that if we can focus all of our energies

2105

01:24:49,830 --> 01:24:47,199

onto one thing

2106

01:24:52,070 --> 01:24:49,840

we can come into extraordinary power

2107

01:24:54,310 --> 01:24:52,080

it's a law of nature that concentration

2108

01:24:57,830 --> 01:24:54,320

brings force right we can come into a

2109

01:25:00,149 --> 01:24:57,840

kind of transit dental power

2110

01:25:02,229 --> 01:25:00,159

if we're willing to focus our energies

2111

01:25:04,629 --> 01:25:02,239

on one

2112

01:25:06,870 --> 01:25:04,639

thing it can be very tough

2113

01:25:08,870 --> 01:25:06,880

and that one thing must be well chosen

2114

01:25:11,510 --> 01:25:08,880

we must not only be passionate about it

2115

01:25:13,830 --> 01:25:11,520

but if you choose wisely that one thing

2116

01:25:15,750 --> 01:25:13,840

can cover a lot of different bases but

2117

01:25:17,189 --> 01:25:15,760

if you look at the lives of people you

2118

01:25:19,830 --> 01:25:17,199

admire

2119

01:25:23,510 --> 01:25:19,840

people you really regard as heroes or

2120

01:25:24,790 --> 01:25:23,520

role models almost always they stood for

2121

01:25:26,470 --> 01:25:24,800

one thing or they're certainly

2122

01:25:28,950 --> 01:25:26,480

remembered for one thing

2123

01:25:31,350 --> 01:25:28,960

for winston churchill it was defeating

2124

01:25:34,310 --> 01:25:31,360

fascism for helen keller it was

2125

01:25:36,790 --> 01:25:34,320

extolling human potential for

2126

01:25:39,110 --> 01:25:36,800

uh nelson mandela it was it was a

2127

01:25:42,070 --> 01:25:39,120

democracy nonviolent change for steve

2128

01:25:45,110 --> 01:25:42,080

jobs it was a revolutionizing digital

2129

01:25:46,870 --> 01:25:45,120

culture you know

2130

01:25:48,790 --> 01:25:46,880

these people of course they had families

2131

01:25:50,950 --> 01:25:48,800

they had life they had intimate lives

2132

01:25:52,550 --> 01:25:50,960

they had many things going on in their

2133

01:25:54,629 --> 01:25:52,560

lives as we all do

2134

01:25:57,990 --> 01:25:54,639

but their greatness arose from the

2135

01:26:00,629 --> 01:25:58,000

capacity to concentrate their energies

2136

01:26:03,350 --> 01:26:00,639

it's a tough bargain it's a tough

2137

01:26:05,750 --> 01:26:03,360

bargain and it's not necessarily going

2138

01:26:09,110 --> 01:26:05,760

to leave everybody around you entirely

2139

01:26:11,189 --> 01:26:09,120

happy but i think that greatness arises

2140

01:26:15,189 --> 01:26:11,199

from that absolute concentration of

2141

01:26:17,590 --> 01:26:15,199

effort do you do you speak this out loud

2142

01:26:19,189 --> 01:26:17,600

do you write it down or do you keep it

2143

01:26:25,350 --> 01:26:19,199

internal

2144

01:26:27,110 --> 01:26:25,360

in a while i will disclose very intimate

2145

01:26:30,310 --> 01:26:27,120

things to people because i feel like i

2146

01:26:32,950 --> 01:26:30,320

have to provide examples of my own life

2147

01:26:35,030 --> 01:26:32,960

in terms of what i'm talking about but i

2148

01:26:36,550 --> 01:26:35,040

do think that there's a deep importance

2149

01:26:38,149 --> 01:26:36,560

to privacy

2150

01:26:39,990 --> 01:26:38,159

uh some people might even call it

2151  
01:26:43,030 --> 01:26:40,000  
secrecy but i prefer to think in terms

2152  
01:26:45,830 --> 01:26:43,040  
of privacy because when you air

2153  
01:26:48,310 --> 01:26:45,840  
your innermost desire to people there's

2154  
01:26:50,550 --> 01:26:48,320  
every possibility that your uncle mike

2155  
01:26:51,510 --> 01:26:50,560  
at thanksgiving we'll run it down we're

2156  
01:26:54,470 --> 01:26:51,520  
jealous

2157  
01:26:55,270 --> 01:26:54,480  
of breed you know humanity right

2158  
01:26:59,590 --> 01:26:55,280  
we

2159  
01:27:01,189 --> 01:26:59,600  
friends do it our co-workers do it

2160  
01:27:03,189 --> 01:27:01,199  
there's a lot to be said for keeping

2161  
01:27:05,750 --> 01:27:03,199  
these for remaining silent i believe

2162  
01:27:09,110 --> 01:27:05,760  
that this is the individual's private

2163  
01:27:14,709 --> 01:27:09,120

experiment well i guess that kills my

2164

01:27:19,990 --> 01:27:15,510

see

2165

01:27:21,590 --> 01:27:20,000

and the point is uh that you do keep it

2166

01:27:23,669 --> 01:27:21,600

internal of course i was gonna ask you

2167

01:27:26,070 --> 01:27:23,679

what your one wish would be or if you've

2168

01:27:27,350 --> 01:27:26,080

made the one wish and what was it but if

2169

01:27:29,830 --> 01:27:27,360

you need to keep it internal i

2170

01:27:32,470 --> 01:27:29,840

understand that but the secret to that

2171

01:27:34,310 --> 01:27:32,480

is well hold on the secret is don't lie

2172

01:27:35,910 --> 01:27:34,320

to yourself about it

2173

01:27:38,149 --> 01:27:35,920

don't change it

2174

01:27:41,189 --> 01:27:38,159

you know you've got to stay committed

2175

01:27:43,350 --> 01:27:41,199

once you do it you can't alter it and

2176  
01:27:44,870 --> 01:27:43,360  
you can't and and don't lie to yourself

2177  
01:27:48,070 --> 01:27:44,880  
don't cheat

2178  
01:27:49,910 --> 01:27:48,080  
amen amen i will say this my definite

2179  
01:27:53,270 --> 01:27:49,920  
aim is to chronicle metaphysical

2180  
01:27:55,510 --> 01:27:53,280  
experience that's my aim in both history

2181  
01:27:57,510 --> 01:27:55,520  
and practice to chronicle metaphysical

2182  
01:28:00,709 --> 01:27:57,520  
experience now i have to be fair with

2183  
01:28:01,669 --> 01:28:00,719  
you i'm not disclosing to you every

2184  
01:28:05,110 --> 01:28:01,679  
fold

2185  
01:28:06,870 --> 01:28:05,120  
of my most intimate uh wish because i do

2186  
01:28:09,270 --> 01:28:06,880  
think that one has to maintain some

2187  
01:28:10,790 --> 01:28:09,280  
privacy and some silence around that but

2188  
01:28:14,550 --> 01:28:10,800

in terms of

2189

01:28:16,229 --> 01:28:14,560

to hear a good example of what a clear

2190

01:28:18,070 --> 01:28:16,239

aim sounds like

2191

01:28:20,149 --> 01:28:18,080

that's one that's one it's a chronicle

2192

01:28:22,070 --> 01:28:20,159

metaphysical experience that's that's

2193

01:28:25,430 --> 01:28:22,080

the definite aim that's the overt

2194

01:28:27,590 --> 01:28:25,440

vehicle of my life um i won't be

2195

01:28:29,270 --> 01:28:27,600

morbidly self-disclosing because i feel

2196

01:28:30,870 --> 01:28:29,280

like i do have to remain private about

2197

01:28:33,189 --> 01:28:30,880

certain things and i counsel your

2198

01:28:33,910 --> 01:28:33,199

listeners to remain private but that's a

2199

01:28:36,390 --> 01:28:33,920

um

2200

01:28:38,629 --> 01:28:36,400

uh that i would say is my my outer

2201  
01:28:40,950 --> 01:28:38,639  
vehicle a name i think we can find the

2202  
01:28:42,709 --> 01:28:40,960  
real intimate stuff in your tattoos if

2203  
01:28:45,030 --> 01:28:42,719  
we look close enough it's all right

2204  
01:28:46,470 --> 01:28:45,040  
there you display it our guest tonight

2205  
01:28:48,390 --> 01:28:46,480  
mitch horowitz

2206  
01:28:49,750 --> 01:28:48,400  
it's already a great conversation and

2207  
01:28:51,189 --> 01:28:49,760  
it's only going to get better this is

2208  
01:28:53,110 --> 01:28:51,199  
fade to black i'm murals jimmy church

2209  
01:28:59,470 --> 01:28:53,120  
more with mitch after this short break

2210  
01:28:59,480 --> 01:29:09,990  
[Music]

2211  
01:29:16,229 --> 01:29:13,189  
way out here we listen to jimmy church

2212  
01:29:18,149 --> 01:29:16,239  
you're listening to fade to black

2213  
01:29:20,790 --> 01:29:18,159

always on the edge of the hottest

2214

01:29:26,730 --> 01:29:20,800

alternative talk jimmy church with fade

2215

01:29:26,740 --> 01:29:40,149

[Applause]

2216

01:29:45,990 --> 01:29:44,070

hurricanes earthquakes wildfires this

2217

01:29:48,470 --> 01:29:46,000

year we've experienced more than our

2218

01:29:50,709 --> 01:29:48,480

fair share this is jimmy church of fade

2219

01:29:52,790 --> 01:29:50,719

to black and last month i decided to

2220

01:29:55,270 --> 01:29:52,800

make sure my family does not have to

2221

01:29:58,310 --> 01:29:55,280

worry about food should we get caught in

2222

01:30:00,790 --> 01:29:58,320

a real emergency situation introducing

2223

01:30:02,629 --> 01:30:00,800

new mana a healthy storable product that

2224

01:30:04,470 --> 01:30:02,639

tastes so good that you'll want to eat

2225

01:30:06,870 --> 01:30:04,480

it every day instead of just during

2226

01:30:09,110 --> 01:30:06,880

those times of duress all new mana

2227

01:30:12,470 --> 01:30:09,120

products have a 25 year shelf life are

2228

01:30:15,030 --> 01:30:12,480

msg and gmo free no preservatives and

2229

01:30:16,950 --> 01:30:15,040

are made in america with the new mana

2230

01:30:18,550 --> 01:30:16,960

pack in your home you'll be able to

2231

01:30:21,110 --> 01:30:18,560

sleep at night knowing that you've

2232

01:30:24,229 --> 01:30:21,120

protected your family not only have i

2233

01:30:26,910 --> 01:30:24,239

tasted and tested i own it now you can

2234

01:30:28,790 --> 01:30:26,920

too just click on the new mana banner on

2235

01:30:31,189 --> 01:30:28,800

jimmychurchradio.com and use the promo

2236

01:30:33,350 --> 01:30:31,199

code jimmy when you order in addition to

2237

01:30:36,790 --> 01:30:33,360

a discount we'll send you an autograph

2238

01:30:38,229 --> 01:30:36,800

fade to black t-shirt seriously go back

2239

01:30:40,310 --> 01:30:38,239

lee tappy

2240

01:30:43,030 --> 01:30:40,320

do you want to be an official fate or

2241

01:30:45,270 --> 01:30:43,040

not of course you do this is jimmy

2242

01:30:46,470 --> 01:30:45,280

churchill fade to black just go to our

2243

01:30:49,340 --> 01:30:46,480

membership section at

2244

01:30:50,709 --> 01:30:49,350

jimmychurchradio.com

2245

01:30:53,910 --> 01:30:50,719

[Music]

2246

01:30:56,149 --> 01:30:53,920

introducing the new surfer music app

2247

01:30:59,910 --> 01:30:56,159

listen fate or not you know i love my

2248

01:31:00,950 --> 01:30:59,920

music this is my go-to for all things

2249

01:31:03,270 --> 01:31:00,960

notes

2250

01:31:05,990 --> 01:31:03,280

the surfer app is a brand new concept in

2251  
01:31:08,229 --> 01:31:06,000  
music listening surfer is free providing

2252  
01:31:10,709 --> 01:31:08,239  
unlimited access to thousands of live

2253  
01:31:12,310 --> 01:31:10,719  
streaming radio stations surfer is an

2254  
01:31:14,790 --> 01:31:12,320  
exciting interactive listening

2255  
01:31:17,110 --> 01:31:14,800  
experience discovery and surprise are

2256  
01:31:19,750 --> 01:31:17,120  
built right in surfer is your

2257  
01:31:22,790 --> 01:31:19,760  
destination to discover and rediscover

2258  
01:31:25,270 --> 01:31:22,800  
great live streaming music it features

2259  
01:31:26,870 --> 01:31:25,280  
high quality audio streams free access

2260  
01:31:29,110 --> 01:31:26,880  
to music from thousands of live

2261  
01:31:31,590 --> 01:31:29,120  
streaming radio stations unlimited

2262  
01:31:34,229 --> 01:31:31,600  
listening unlimited skipping you get a

2263  
01:31:36,229 --> 01:31:34,239

music visualizer and you can also select

2264

01:31:38,790 --> 01:31:36,239

your favorite channels get it at the

2265

01:31:41,510 --> 01:31:38,800

apple app store or google play just

2266

01:31:44,310 --> 01:31:41,520

search surfer music or click on the

2267

01:31:45,950 --> 01:31:44,320

surfer banner at jimmychurchradio.com

2268

01:31:48,550 --> 01:31:45,960

go backly taffy

2269

01:31:52,590 --> 01:31:48,560

[Music]

2270

01:31:55,030 --> 01:31:52,600

so you love talk radio then you'll love

2271

01:31:57,910 --> 01:31:55,040

talkstreamlive.com talk stream live is

2272

01:32:00,149 --> 01:31:57,920

always on 24 7 with the best streaming

2273

01:32:02,310 --> 01:32:00,159

talk shows find your favorite talkers

2274

01:32:04,950 --> 01:32:02,320

and discover some new ones it's free

2275

01:32:06,950 --> 01:32:04,960

readily available online or on mobile

2276

01:32:09,030 --> 01:32:06,960

with any smartphone or tablet finding

2277

01:32:11,590 --> 01:32:09,040

your favorite talk shows all in one

2278

01:32:12,590 --> 01:32:11,600

place has gotten a whole lot easier just

2279

01:32:25,010 --> 01:32:12,600

go to

2280

01:32:32,070 --> 01:32:29,390

[Music]

2281

01:32:34,149 --> 01:32:32,080

kgraradio.com if you have hard water the

2282

01:32:35,750 --> 01:32:34,159

lime scale not only leaves white spots

2283

01:32:37,669 --> 01:32:35,760

it clogs pipes and breaks down

2284

01:32:39,910 --> 01:32:37,679

appliances costing you hundreds of

2285

01:32:41,750 --> 01:32:39,920

dollars in energy and wear eliminate

2286

01:32:43,910 --> 01:32:41,760

lime scale and other water issues like

2287

01:32:45,990 --> 01:32:43,920

brown staining and bad odors with hydro

2288

01:32:48,149 --> 01:32:46,000

care water products available from wave

2289

01:32:50,149 --> 01:32:48,159

home solutions waves affordable water

2290

01:32:52,070 --> 01:32:50,159

systems don't use salts or chemicals

2291

01:32:54,550 --> 01:32:52,080

you'll love the way your water tastes

2292

01:32:55,830 --> 01:32:54,560

smells and looks satisfaction guaranteed

2293

01:32:57,910 --> 01:32:55,840

for more information go to

2294

01:33:03,189 --> 01:32:57,920

bestwater123.com

2295

01:33:06,070 --> 01:33:03,199

are you intrigued by paranormal talk

2296

01:33:08,709 --> 01:33:06,080

radio you love the new paranormal radio

2297

01:33:10,470 --> 01:33:08,719

app from talk stream live

2298

01:33:13,350 --> 01:33:10,480

you'll find a great selection of talk

2299

01:33:15,990 --> 01:33:13,360

shows covering ufos ghosts strange

2300

01:33:18,229 --> 01:33:16,000

phenomena and much more download the

2301  
01:33:20,229 --> 01:33:18,239  
paranormal radio app now and start

2302  
01:33:22,550 --> 01:33:20,239  
listening to the very best in paranormal

2303  
01:33:24,229 --> 01:33:22,560  
talk entertainment including the network

2304  
01:33:27,510 --> 01:33:24,239  
you're listening to right now the

2305  
01:33:31,750 --> 01:33:27,520  
paranormal radio app free in google play

2306  
01:33:38,550 --> 01:33:33,750  
you are listening to fade to black with

2307  
01:33:43,990 --> 01:33:40,950  
oh hi i'm reese vance you're listening

2308  
01:33:46,790 --> 01:33:44,000  
to jimmy church this is revolution the

2309  
01:33:50,149 --> 01:33:46,800  
revolution will not be televised the

2310  
01:33:54,810 --> 01:33:50,159  
revolution is on radio

2311  
01:33:54,820 --> 01:34:08,070  
[Music]

2312  
01:34:32,950 --> 01:34:10,080  
so

2313  
01:34:36,470 --> 01:34:35,110

welcome back

2314

01:34:38,390 --> 01:34:36,480

fade to black i'm nervous to be church

2315

01:34:40,310 --> 01:34:38,400

our guest tonight mitch horowitz and

2316

01:34:43,270 --> 01:34:40,320

we're discussing

2317

01:34:48,149 --> 01:34:43,280

how thoughts become reality and

2318

01:34:50,310 --> 01:34:48,159

changing your reality how to get it done

2319

01:34:52,149 --> 01:34:50,320

great conversation so far but mitch

2320

01:34:53,910 --> 01:34:52,159

let's let's dig a little bit deeper

2321

01:34:56,550 --> 01:34:53,920

because that statement

2322

01:34:58,830 --> 01:34:56,560

how thoughts become reality it's pretty

2323

01:35:04,149 --> 01:34:58,840

bold it's pretty strong yeah i would

2324

01:35:09,750 --> 01:35:06,709

it's like just oh it's suggested

2325

01:35:12,709 --> 01:35:09,760

yeah it is a vital component but

2326

01:35:15,189 --> 01:35:12,719

it's a it's a very strong statement and

2327

01:35:18,390 --> 01:35:15,199

so let's dig a little bit deeper here

2328

01:35:19,189 --> 01:35:18,400

when when i say that what's the first

2329

01:35:21,669 --> 01:35:19,199

thing

2330

01:35:23,350 --> 01:35:21,679

that that comes to mind

2331

01:35:25,430 --> 01:35:23,360

i i would say the first thing that comes

2332

01:35:27,990 --> 01:35:25,440

to mind is i i don't use the term

2333

01:35:30,229 --> 01:35:28,000

manifest i use the term select and i

2334

01:35:32,229 --> 01:35:30,239

think that our through our emotionalized

2335

01:35:37,270 --> 01:35:32,239

thoughts and our mental pictures

2336

01:35:40,149 --> 01:35:37,280

we are selecting from among a vast range

2337

01:35:41,510 --> 01:35:40,159

of possibilities that we experience one

2338

01:35:44,629 --> 01:35:41,520

of the things i write about in the

2339

01:35:47,590 --> 01:35:44,639

miracle club is that i think we have

2340

01:35:50,070 --> 01:35:47,600

seen enough at this point in the 21st

2341

01:35:52,390 --> 01:35:50,080

century to realize that it is a fact

2342

01:35:54,229 --> 01:35:52,400

that there's an extra physical component

2343

01:35:56,790 --> 01:35:54,239

to existence that our existence goes

2344

01:36:00,470 --> 01:35:56,800

beyond our five senses and that the

2345

01:36:02,629 --> 01:36:00,480

model of linearity does not hold up it

2346

01:36:04,870 --> 01:36:02,639

doesn't cover all the bases of reality

2347

01:36:07,830 --> 01:36:04,880

it doesn't cover particle physics it

2348

01:36:09,750 --> 01:36:07,840

doesn't cover extra dimensional studies

2349

01:36:13,030 --> 01:36:09,760

it doesn't cover

2350

01:36:14,790 --> 01:36:13,040

of time

2351

01:36:16,870 --> 01:36:14,800

and i think

2352

01:36:18,709 --> 01:36:16,880

that what's happening in terms of all

2353

01:36:20,550 --> 01:36:18,719

this positive thinking that people talk

2354

01:36:24,229 --> 01:36:20,560

about is not so much that we're

2355

01:36:26,870 --> 01:36:24,239

manifesting but at certain moments of

2356

01:36:29,669 --> 01:36:26,880

exquisite focus we are getting in touch

2357

01:36:31,350 --> 01:36:29,679

with the fact that linearity is only an

2358

01:36:34,229 --> 01:36:31,360

incredibly useful

2359

01:36:37,830 --> 01:36:34,239

illusion a device that we use to

2360

01:36:40,070 --> 01:36:37,840

navigate life in terms of our five

2361

01:36:41,910 --> 01:36:40,080

experience but in fact

2362

01:36:44,790 --> 01:36:41,920

everything exists

2363

01:36:46,390 --> 01:36:44,800

as an infinite possibility everything is

2364

01:36:49,990 --> 01:36:46,400

in superposition

2365

01:36:51,270 --> 01:36:50,000

all around us and that concepts of time

2366

01:36:54,149 --> 01:36:51,280

and space

2367

01:36:56,950 --> 01:36:54,159

are understood to be relative and

2368

01:36:59,189 --> 01:36:56,960

particles and subatomic objects are

2369

01:37:01,669 --> 01:36:59,199

understood to be in superposition

2370

01:37:03,510 --> 01:37:01,679

because that's what's really going on

2371

01:37:05,350 --> 01:37:03,520

that's what's really going on and we

2372

01:37:08,149 --> 01:37:05,360

don't have the sensory equipment to see

2373

01:37:10,950 --> 01:37:08,159

it all the time so we experience a chair

2374

01:37:13,109 --> 01:37:10,960

as a chair a cat as a cat there's just

2375

01:37:15,189 --> 01:37:13,119

one thing going on and there's a past

2376

01:37:16,870 --> 01:37:15,199

present future that's an organizing

2377

01:37:20,310 --> 01:37:16,880

principle and it's vital to our

2378

01:37:23,350 --> 01:37:20,320

existence but the reality the greater

2379

01:37:26,790 --> 01:37:23,360

broader reality is that we live in a

2380

01:37:28,229 --> 01:37:26,800

universe of infinitude and infinite

2381

01:37:29,910 --> 01:37:28,239

possibilities

2382

01:37:33,510 --> 01:37:29,920

and that

2383

01:37:34,550 --> 01:37:33,520

time and events are all part of a great

2384

01:37:37,189 --> 01:37:34,560

vast

2385

01:37:39,750 --> 01:37:37,199

whole and that through our focused

2386

01:37:43,030 --> 01:37:39,760

perspective and emotionalized thoughts

2387

01:37:45,750 --> 01:37:43,040

we are in effect taking measurements

2388

01:37:49,030 --> 01:37:45,760

of that great hole at any different

2389

01:37:51,750 --> 01:37:49,040

moment and experiencing things based on

2390

01:37:53,350 --> 01:37:51,760

what we focus upon so that's my theory

2391

01:37:56,470 --> 01:37:53,360

at least that's my attempt to come up

2392

01:37:59,750 --> 01:37:56,480

with an explanation of why there seems

2393

01:38:01,030 --> 01:37:59,760

to be a congruency between thought and

2394

01:38:03,510 --> 01:38:01,040

experience

2395

01:38:05,830 --> 01:38:03,520

our minds are tools of selection they

2396

01:38:08,149 --> 01:38:05,840

are measurement tools not much different

2397

01:38:11,430 --> 01:38:08,159

from the way that a scientist would be

2398

01:38:12,790 --> 01:38:11,440

using a microscopic measuring tool in a

2399

01:38:13,510 --> 01:38:12,800

laboratory

2400

01:38:18,709 --> 01:38:13,520

and

2401

01:38:20,229 --> 01:38:18,719

infinite of life the more we realize

2402

01:38:22,310 --> 01:38:20,239

what's really

2403

01:38:23,590 --> 01:38:22,320

actually going on we may not be able to

2404

01:38:25,270 --> 01:38:23,600

experience it

2405

01:38:28,149 --> 01:38:25,280

at all moments we may not be able to

2406

01:38:30,149 --> 01:38:28,159

experience it with consistency in fact

2407

01:38:31,669 --> 01:38:30,159

it might be necessary to our existence

2408

01:38:32,870 --> 01:38:31,679

that we do not

2409

01:38:35,590 --> 01:38:32,880

but

2410

01:38:37,510 --> 01:38:35,600

there is an infinite of possibilities

2411

01:38:40,629 --> 01:38:37,520

facing us and

2412

01:38:42,070 --> 01:38:40,639

uh our minds are tools of selectivity

2413

01:38:46,070 --> 01:38:42,080

do you

2414

01:38:48,950 --> 01:38:46,870

uh

2415

01:38:51,910 --> 01:38:48,960

in terms of trying to select something

2416

01:38:54,550 --> 01:38:51,920

yes yes yes i i think it helps i

2417

01:38:57,270 --> 01:38:54,560

think it helps i think that that that

2418

01:38:59,830 --> 01:38:57,280

repetition and assumption

2419

01:39:01,750 --> 01:38:59,840

ultimately concretized into some kind of

2420

01:39:03,189 --> 01:39:01,760

reality there may be a lot of other

2421

01:39:05,669 --> 01:39:03,199

things going on and other people's

2422

01:39:07,430 --> 01:39:05,679

thoughts that physical limitations are

2423

01:39:09,669 --> 01:39:07,440

at play because we do live in a

2424

01:39:12,950 --> 01:39:09,679

framework at least in which we

2425

01:39:14,390 --> 01:39:12,960

experience inevitably physical decline

2426

01:39:17,030 --> 01:39:14,400

and limitations and i think there are

2427

01:39:19,590 --> 01:39:17,040

many laws and forces at play and going

2428

01:39:22,470 --> 01:39:19,600

on around us but i absolutely do believe

2429

01:39:23,910 --> 01:39:22,480

repetition affirmation emotionalized

2430

01:39:28,149 --> 01:39:23,920

thought

2431

01:39:31,830 --> 01:39:28,159

meditation assumption these things wield

2432

01:39:34,629 --> 01:39:31,840

a huge power over what we experience in

2433

01:39:37,030 --> 01:39:34,639

life so yes i think i think repetition

2434

01:39:39,189 --> 01:39:37,040

is one very simple but deceptively

2435

01:39:40,629 --> 01:39:39,199

simple and powerful tool that's at our

2436

01:39:45,590 --> 01:39:40,639

disposal

2437

01:39:51,430 --> 01:39:48,470

man i haven't spoken to bob in such a

2438

01:39:54,310 --> 01:39:51,440

long time and you think it in your mind

2439

01:39:56,149 --> 01:39:54,320

five minutes later the phone rings and

2440

01:39:58,629 --> 01:39:56,159

and you haven't spoken to bob in five

2441

01:40:01,030 --> 01:39:58,639

years well right it's way beyond

2442

01:40:04,229 --> 01:40:01,040

coincidence and we've all experienced

2443

01:40:06,550 --> 01:40:04,239

that so if we know that that is real and

2444

01:40:09,510 --> 01:40:06,560

it happens whenever you want it to

2445

01:40:12,310 --> 01:40:09,520

happen it seems to happen is that the

2446

01:40:14,790 --> 01:40:12,320

same type of process that is involved

2447

01:40:17,350 --> 01:40:14,800

and that's actually what's going on

2448

01:40:18,390 --> 01:40:17,360

i believe so i believe so obviously

2449

01:40:20,550 --> 01:40:18,400

there are

2450

01:40:22,790 --> 01:40:20,560

coincidences that occur you know so to

2451

01:40:24,550 --> 01:40:22,800

speaking i mean it's just

2452

01:40:26,550 --> 01:40:24,560

the world is filled with complexities

2453

01:40:28,390 --> 01:40:26,560

and there's all kinds of things that are

2454

01:40:30,390 --> 01:40:28,400

just going to happen to us

2455

01:40:32,950 --> 01:40:30,400

as a result of multiple

2456

01:40:34,790 --> 01:40:32,960

laws and forces going on multiple

2457

01:40:36,950 --> 01:40:34,800

instances of cause and effect

2458

01:40:38,709 --> 01:40:36,960

crisscrossing one another but when we

2459

01:40:41,030 --> 01:40:38,719

experience

2460

01:40:43,510 --> 01:40:41,040

a really emotionally impactful

2461

01:40:44,870 --> 01:40:43,520

congruency between

2462

01:40:48,149 --> 01:40:44,880

what we're thinking about and what

2463

01:40:50,310 --> 01:40:48,159

occurs or when past present and future

2464

01:40:52,390 --> 01:40:50,320

or concepts of past present and future

2465

01:40:55,430 --> 01:40:52,400

all seem to enter a kind of time

2466

01:40:57,590 --> 01:40:55,440

collapse and we seem to be experiencing

2467

01:40:59,990 --> 01:40:57,600

everything at once where things that we

2468

01:41:02,790 --> 01:41:00,000

have thought about and emotional states

2469

01:41:05,189 --> 01:41:02,800

that we've occupied in the past suddenly

2470

01:41:07,590 --> 01:41:05,199

come back to us in the present

2471

01:41:10,390 --> 01:41:07,600

in this form of this extraordinary

2472

01:41:12,870 --> 01:41:10,400

synchronicity or seeming coincidence

2473

01:41:14,709 --> 01:41:12,880

that has emotional gravity for us and

2474

01:41:16,390 --> 01:41:14,719

that seems to break down

2475

01:41:18,550 --> 01:41:16,400

a sense of

2476

01:41:20,870 --> 01:41:18,560

separation between ourselves

2477

01:41:22,950 --> 01:41:20,880

and our innermost thoughts between past

2478

01:41:25,430 --> 01:41:22,960

present future these time collapse

2479

01:41:27,990 --> 01:41:25,440

states i think give us a glimpse of the

2480

01:41:30,470 --> 01:41:28,000

selecting power of our minds and yes it

2481

01:41:32,629 --> 01:41:30,480

can be as simple as thinking of bob

2482

01:41:33,910 --> 01:41:32,639

needing to talk to bob and bob is right

2483

01:41:36,790 --> 01:41:33,920

there on the phone

2484

01:41:41,109 --> 01:41:36,800

rita and i uh have fun with this so much

2485

01:41:41,910 --> 01:41:41,119

that uh i'll give you a perfect example

2486

01:41:45,189 --> 01:41:41,920

uh

2487

01:41:46,470 --> 01:41:45,199

we want bob on the show right and we'll

2488

01:41:48,870 --> 01:41:46,480

talk about it

2489

01:41:50,790 --> 01:41:48,880

and instead of

2490

01:41:53,270 --> 01:41:50,800

sending bob an email

2491

01:41:55,750 --> 01:41:53,280

right okay bob are you available next

2492

01:41:57,910 --> 01:41:55,760

week or the week after i'll just go okay

2493

01:42:00,709 --> 01:41:57,920

let's just wait for the email to come in

2494

01:42:02,790 --> 01:42:00,719

you know we'll just talk about it and

2495

01:42:04,629 --> 01:42:02,800

and a couple of days later hey you know

2496

01:42:06,550 --> 01:42:04,639

i got this new book out i got this that

2497

01:42:09,590 --> 01:42:06,560

new tv series you know i just wanted to

2498

01:42:11,270 --> 01:42:09,600

reach out and and it's just like isn't

2499

01:42:12,390 --> 01:42:11,280

that funny

2500

01:42:16,229 --> 01:42:12,400

yes

2501

01:42:19,430 --> 01:42:16,239

it is such a powerful thing now

2502

01:42:21,830 --> 01:42:19,440

is there danger with that

2503

01:42:23,030 --> 01:42:21,840

you know if you're thinking negative

2504

01:42:25,270 --> 01:42:23,040

thoughts

2505

01:42:26,870 --> 01:42:25,280

or you know you can't get a negative

2506

01:42:29,189 --> 01:42:26,880

thought out of your mind maybe you're

2507

01:42:30,470 --> 01:42:29,199

angry at somebody you know whatever it

2508

01:42:33,830 --> 01:42:30,480

could be

2509

01:42:35,910 --> 01:42:33,840

but is there a danger with it too

2510

01:42:38,790 --> 01:42:35,920

i i it's a great question and the answer

2511

01:42:40,950 --> 01:42:38,800

is yes yes there is a danger to it but i

2512

01:42:42,390 --> 01:42:40,960

would say that there's a danger inherent

2513

01:42:44,790 --> 01:42:42,400

in everything that we do in life it's

2514

01:42:47,830 --> 01:42:44,800

not just metaphysical experience but

2515

01:42:49,910 --> 01:42:47,840

you know stress will take a toll on life

2516

01:42:51,510 --> 01:42:49,920

anger will take a toll on life there's a

2517

01:42:53,109 --> 01:42:51,520

great deal of danger

2518

01:42:55,750 --> 01:42:53,119

getting behind the wheel of a car

2519

01:42:57,750 --> 01:42:55,760

feeling angry or depressed or anxious

2520

01:42:59,430 --> 01:42:57,760

and you know if you've got intoxicants

2521

01:43:02,310 --> 01:42:59,440

in you then you're you're entering into

2522

01:43:04,310 --> 01:43:02,320

a whole different territory of danger uh

2523

01:43:06,149 --> 01:43:04,320

uh there's a danger with addiction

2524

01:43:07,510 --> 01:43:06,159

there's a danger with automatic behavior

2525

01:43:09,750 --> 01:43:07,520

there's danger

2526

01:43:11,109 --> 01:43:09,760

uh in terms of our inability to control

2527

01:43:13,350 --> 01:43:11,119

our anger so

2528

01:43:15,990 --> 01:43:13,360

you know whether our perspective on life

2529

01:43:18,470 --> 01:43:16,000

is is materialist or or whether it's

2530

01:43:20,790 --> 01:43:18,480

spiritual and by spiritual i simply mean

2531

01:43:23,189 --> 01:43:20,800

extra physical there's always a danger

2532

01:43:25,270 --> 01:43:23,199

there's always a danger we expand the

2533

01:43:26,550 --> 01:43:25,280

conversation and i think we almost

2534

01:43:28,950 --> 01:43:26,560

embrace a greater sense of

2535

01:43:30,790 --> 01:43:28,960

responsibility that acknowledging that

2536

01:43:32,790 --> 01:43:30,800

our thoughts do have these extra

2537

01:43:35,270 --> 01:43:32,800

physical dimensions and that puts a an

2538

01:43:36,070 --> 01:43:35,280

even greater responsibility on us

2539

01:43:42,470 --> 01:43:36,080

to

2540

01:43:45,270 --> 01:43:42,480

our capacities but you're absolutely

2541

01:43:47,109 --> 01:43:45,280

correct you know i mean i i think

2542

01:43:47,990 --> 01:43:47,119

if i'm walking around

2543

01:43:50,310 --> 01:43:48,000

um

2544

01:43:52,629 --> 01:43:50,320

feeling a sense of anxiety that can

2545

01:43:53,910 --> 01:43:52,639

produce hypertension in me but it can

2546

01:43:57,590 --> 01:43:53,920

also produce

2547

01:43:59,910 --> 01:43:57,600

uh possibilities that are going to

2548

01:44:02,790 --> 01:43:59,920

bring fissures and

2549

01:44:04,790 --> 01:44:02,800

difficulties into my world and

2550

01:44:07,669 --> 01:44:04,800

these things are omnipresent they're

2551  
01:44:09,350 --> 01:44:07,679  
always with us and it it should heighten

2552  
01:44:11,109 --> 01:44:09,360  
a sense of one's responsibility for

2553  
01:44:13,669 --> 01:44:11,119  
one's own existence

2554  
01:44:15,830 --> 01:44:13,679  
if if if this is the case and i do

2555  
01:44:16,550 --> 01:44:15,840  
believe that it is

2556  
01:44:20,950 --> 01:44:16,560  
uh

2557  
01:44:23,830 --> 01:44:20,960  
is free will now part of this or are we

2558  
01:44:26,709 --> 01:44:23,840  
taking free will and the concept of that

2559  
01:44:28,070 --> 01:44:26,719  
and kind of pushing it off to the side

2560  
01:44:29,600 --> 01:44:28,080  
because

2561  
01:44:30,950 --> 01:44:29,610  
we are now uh

2562  
01:44:32,950 --> 01:44:30,960  
[Music]

2563  
01:44:35,510 --> 01:44:32,960

you know creating this

2564

01:44:38,310 --> 01:44:35,520

and then therefore the future is seen

2565

01:44:39,669 --> 01:44:38,320

and his plan is free will still part of

2566

01:44:41,189 --> 01:44:39,679

the picture

2567

01:44:42,790 --> 01:44:41,199

well it's an interesting question you

2568

01:44:44,790 --> 01:44:42,800

know i was speaking with a friend last

2569

01:44:46,790 --> 01:44:44,800

night about synchronicities and we were

2570

01:44:49,030 --> 01:44:46,800

both sharing stories about fantastic

2571

01:44:50,709 --> 01:44:49,040

synchronicities that have happened to us

2572

01:44:51,990 --> 01:44:50,719

and i said you know what's interesting

2573

01:44:53,910 --> 01:44:52,000

in these stories and one of the things

2574

01:44:56,629 --> 01:44:53,920

we have to watch out for is we always

2575

01:44:58,870 --> 01:44:56,639

think that we're somehow the agent

2576

01:45:00,709 --> 01:44:58,880

of whatever's going on right you know

2577

01:45:02,870 --> 01:45:00,719

that that you know

2578

01:45:05,350 --> 01:45:02,880

whatever is happening however wild or

2579

01:45:07,189 --> 01:45:05,360

coincidental it is you know the agency

2580

01:45:09,109 --> 01:45:07,199

somehow rests with us my hands are on

2581

01:45:10,870 --> 01:45:09,119

the driver's wheel but how do i know

2582

01:45:13,910 --> 01:45:10,880

that i'm not just fitting into somebody

2583

01:45:16,149 --> 01:45:13,920

else's picture or story or need or

2584

01:45:18,629 --> 01:45:16,159

necessity you know i have all kinds of

2585

01:45:20,470 --> 01:45:18,639

funny stories about things coming to me

2586

01:45:23,189 --> 01:45:20,480

at just the right moment but maybe

2587

01:45:26,149 --> 01:45:23,199

somebody needed my assistance exactly

2588

01:45:28,870 --> 01:45:26,159

that way that's exactly my point that's

2589

01:45:31,189 --> 01:45:28,880

exactly my point right right right yeah

2590

01:45:32,790 --> 01:45:31,199

yeah i was telling this funny story and

2591

01:45:35,270 --> 01:45:32,800

i repeat this in the miracle club it's

2592

01:45:37,350 --> 01:45:35,280

absolutely true about two years ago one

2593

01:45:39,510 --> 01:45:37,360

summer i started getting into the the

2594

01:45:40,870 --> 01:45:39,520

monkeys the tv band the monkeys and i

2595

01:45:42,310 --> 01:45:40,880

was listening to their music and i was

2596

01:45:43,590 --> 01:45:42,320

reading about them and i was knowing

2597

01:45:46,310 --> 01:45:43,600

everything there was to know about the

2598

01:45:48,310 --> 01:45:46,320

monkeys and everybody thought i was nuts

2599

01:45:49,990 --> 01:45:48,320

and i couldn't explain it for the life

2600

01:45:52,229 --> 01:45:50,000

of me and

2601

01:45:54,149 --> 01:45:52,239

i i then entered this interval in my

2602

01:45:56,550 --> 01:45:54,159

life where i was kind of in between

2603

01:45:59,669 --> 01:45:56,560

projects and i thought to myself i want

2604

01:46:01,910 --> 01:45:59,679

a really uh big assignment to kind of

2605

01:46:04,229 --> 01:46:01,920

come to me and that day i started

2606

01:46:05,669 --> 01:46:04,239

getting these emails that somebody at

2607

01:46:06,950 --> 01:46:05,679

the washington post was trying to reach

2608

01:46:09,030 --> 01:46:06,960

me and they couldn't get in touch with

2609

01:46:11,030 --> 01:46:09,040

me and there was some email snafu so

2610

01:46:12,070 --> 01:46:11,040

finally we got together and the guy said

2611

01:46:14,470 --> 01:46:12,080

to me listen this is what i've been

2612

01:46:16,950 --> 01:46:14,480

trying to reach you um do you know who

2613

01:46:19,030 --> 01:46:16,960

mike nesmith is and i said well you know

2614

01:46:20,470 --> 01:46:19,040

of course you know i mean he was he was

2615

01:46:23,189 --> 01:46:20,480

uh uh

2616

01:46:25,350 --> 01:46:23,199

uh the guitarist for the for the monkeys

2617

01:46:27,189 --> 01:46:25,360

yeah and and and do you know that he's a

2618

01:46:29,669 --> 01:46:27,199

christian scientist and i said no you

2619

01:46:31,189 --> 01:46:29,679

know i i didn't know that and he said

2620

01:46:33,750 --> 01:46:31,199

yeah did you know that he just wrote a

2621

01:46:35,270 --> 01:46:33,760

new memoir and i said no i didn't know

2622

01:46:37,109 --> 01:46:35,280

that he said would you like to review it

2623

01:46:39,030 --> 01:46:37,119

and i said well of course i would and

2624

01:46:41,109 --> 01:46:39,040

his memoir is called infinite tuesday

2625

01:46:43,030 --> 01:46:41,119

and it's about these time loops and

2626

01:46:45,750 --> 01:46:43,040

synchronicities to some extent that

2627

01:46:47,510 --> 01:46:45,760

we're talking about right now and

2628

01:46:49,990 --> 01:46:47,520

you know i thought to myself wow it was

2629

01:46:51,590 --> 01:46:50,000

almost like i was precognitive you know

2630

01:46:54,229 --> 01:46:51,600

seeing that this assignment was going to

2631

01:46:55,430 --> 01:46:54,239

come somewhere in in time and you know

2632

01:46:57,030 --> 01:46:55,440

that's why i was into the monkeys and

2633

01:46:58,950 --> 01:46:57,040

then as i was speaking about this i

2634

01:47:00,950 --> 01:46:58,960

thought wait a minute how do i know that

2635

01:47:02,709 --> 01:47:00,960

i had any agency in any of this right

2636

01:47:04,470 --> 01:47:02,719

maybe ned smith was thinking you know

2637

01:47:05,830 --> 01:47:04,480

gee i really need a reviewer who's not

2638

01:47:07,669 --> 01:47:05,840

going to be a jerk and who's going to

2639

01:47:09,750 --> 01:47:07,679

respect my metaphysical point of view

2640

01:47:12,149 --> 01:47:09,760

and you know so that's how i entered the

2641

01:47:14,390 --> 01:47:12,159

picture i'm just a a you know an

2642

01:47:16,149 --> 01:47:14,400

ancillary to all this you know we always

2643

01:47:17,510 --> 01:47:16,159

like to think that we're the ones with

2644

01:47:19,510 --> 01:47:17,520

agency but

2645

01:47:21,270 --> 01:47:19,520

it it could be that you know maybe it

2646

01:47:23,030 --> 01:47:21,280

wasn't mike maybe it was somebody else

2647

01:47:24,950 --> 01:47:23,040

maybe the the the editor of the

2648

01:47:26,629 --> 01:47:24,960

washington post was thinking you know

2649

01:47:28,629 --> 01:47:26,639

boy we need to spruce up this review

2650

01:47:30,870 --> 01:47:28,639

section i need to get you know something

2651  
01:47:33,109 --> 01:47:30,880  
more metaphysical going on here so that

2652  
01:47:35,669 --> 01:47:33,119  
brings ned smith and me into play you

2653  
01:47:37,030 --> 01:47:35,679  
know who knows and and of course i'm

2654  
01:47:39,270 --> 01:47:37,040  
talking about all this on the most

2655  
01:47:42,229 --> 01:47:39,280  
elementary level there could be much

2656  
01:47:44,149 --> 01:47:42,239  
vast or greater uh levels of of

2657  
01:47:46,470 --> 01:47:44,159  
intentionality at work that i don't even

2658  
01:47:48,229 --> 01:47:46,480  
have a single glimpse of so all of this

2659  
01:47:50,709 --> 01:47:48,239  
really complicates the question of free

2660  
01:47:52,550 --> 01:47:50,719  
will and leaves me with more questions

2661  
01:47:54,470 --> 01:47:52,560  
and mysteries than i had before yeah i

2662  
01:47:56,310 --> 01:47:54,480  
know and you must have just sat back and

2663  
01:47:58,149 --> 01:47:56,320

just said well my hands weren't on the

2664

01:48:01,109 --> 01:47:58,159

wheel this time

2665

01:48:03,430 --> 01:48:01,119

it's a trip it's a trip right and i must

2666

01:48:06,149 --> 01:48:03,440

say i write about all this weirdness in

2667

01:48:07,910 --> 01:48:06,159

the review itself and the editor at the

2668

01:48:09,750 --> 01:48:07,920

post left it in and i really appreciated

2669

01:48:11,270 --> 01:48:09,760

that because there's not a great deal of

2670

01:48:13,270 --> 01:48:11,280

metaphysical rumination in the

2671

01:48:15,430 --> 01:48:13,280

washington post and i really appreciated

2672

01:48:17,910 --> 01:48:15,440

them leaving in mind so the whole

2673

01:48:20,790 --> 01:48:17,920

experience was quite wild yeah the

2674

01:48:22,470 --> 01:48:20,800

monkeys of all the things in the known

2675

01:48:24,390 --> 01:48:22,480

universe right

2676

01:48:26,550 --> 01:48:24,400

everyone thought i was nuts why are you

2677

01:48:28,310 --> 01:48:26,560

listening to the monkeys you know grow

2678

01:48:31,590 --> 01:48:28,320

up you know and i was like no no no

2679

01:48:34,310 --> 01:48:31,600

these guys have it going on and you know

2680

01:48:36,709 --> 01:48:34,320

it all just played such a strange it was

2681

01:48:38,870 --> 01:48:36,719

such a weird epic kind of opera of

2682

01:48:40,870 --> 01:48:38,880

events i never could have predicted any

2683

01:48:42,229 --> 01:48:40,880

of it yeah and i you know when it comes

2684

01:48:46,550 --> 01:48:42,239

to free will

2685

01:48:50,950 --> 01:48:46,560

of course i would like to think that

2686

01:48:52,709 --> 01:48:50,960

free will is as a as a reality concept

2687

01:48:55,350 --> 01:48:52,719

right that's that's part of our reality

2688

01:48:56,149 --> 01:48:55,360

free will is here we all want and desire

2689

01:48:57,109 --> 01:48:56,159

that

2690

01:48:58,470 --> 01:48:57,119

and then

2691

01:49:00,790 --> 01:48:58,480

then you hear

2692

01:49:02,149 --> 01:49:00,800

physicists and scientists start talking

2693

01:49:04,870 --> 01:49:02,159

about math

2694

01:49:07,590 --> 01:49:04,880

going back to the big bang the numbers

2695

01:49:10,229 --> 01:49:07,600

played out the way they played out

2696

01:49:13,189 --> 01:49:10,239

everything is going to continue to play

2697

01:49:14,629 --> 01:49:13,199

out as the math works

2698

01:49:17,270 --> 01:49:14,639

that's it

2699

01:49:19,270 --> 01:49:17,280

there is no free will i mean no matter

2700

01:49:21,030 --> 01:49:19,280

what you think the decision you are

2701

01:49:23,510 --> 01:49:21,040

making no

2702

01:49:25,270 --> 01:49:23,520

that is the way that atoms at this at

2703

01:49:28,229 --> 01:49:25,280

the atomic level

2704

01:49:30,070 --> 01:49:28,239

are just operating and it was going to

2705

01:49:32,229 --> 01:49:30,080

happen that way that decision that you

2706

01:49:34,550 --> 01:49:32,239

made was going to happen no matter what

2707

01:49:38,229 --> 01:49:34,560

and that kind of freaks me out

2708

01:49:41,350 --> 01:49:38,239

it freaks me out uh i i suppose i take

2709

01:49:43,350 --> 01:49:41,360

refuge from my freaking out in ancient

2710

01:49:45,109 --> 01:49:43,360

egyptian philosophy because some of the

2711

01:49:46,390 --> 01:49:45,119

hermetic philosophy that we were talking

2712

01:49:48,950 --> 01:49:46,400

about before that we're going to speak

2713

01:49:50,950 --> 01:49:48,960

about this summer teaches that

2714

01:49:53,510 --> 01:49:50,960

well i guess the great maxim is as above

2715

01:49:56,390 --> 01:49:53,520

so below as above so below right which

2716

01:49:58,390 --> 01:49:56,400

appears in western scripture as uh god

2717

01:50:00,870 --> 01:49:58,400

created man in his own image and if we

2718

01:50:03,990 --> 01:50:00,880

take seriously the notion that

2719

01:50:06,070 --> 01:50:04,000

everything is mirrored in different

2720

01:50:07,990 --> 01:50:06,080

concentric circles in the universe and

2721

01:50:10,149 --> 01:50:08,000

that we are created in the image of some

2722

01:50:12,070 --> 01:50:10,159

greater higher mind somewhere then it

2723

01:50:14,149 --> 01:50:12,080

stands to reason that we do have some

2724

01:50:16,149 --> 01:50:14,159

creative capacities within our own

2725

01:50:18,790 --> 01:50:16,159

sphere of existence that's what the

2726

01:50:20,709 --> 01:50:18,800

ancients believed and and they had a

2727

01:50:23,030 --> 01:50:20,719

tremendously intimate knowledge of the

2728

01:50:25,910 --> 01:50:23,040

natural world in ways that i don't think

2729

01:50:28,149 --> 01:50:25,920

we've even begun to come to terms with

2730

01:50:30,390 --> 01:50:28,159

yet and they also had calendrics and

2731

01:50:33,109 --> 01:50:30,400

mathematics and geometry and knowledge

2732

01:50:34,229 --> 01:50:33,119

of architecture and repeat uh patterns

2733

01:50:35,990 --> 01:50:34,239

in nature and they were very

2734

01:50:38,870 --> 01:50:36,000

sophisticated in these ways as well and

2735

01:50:41,910 --> 01:50:38,880

yet their philosophy led them to believe

2736

01:50:42,870 --> 01:50:41,920

that you and i and everyone listening

2737

01:50:46,470 --> 01:50:42,880

are

2738

01:50:49,109 --> 01:50:46,480

in ourselves reflections of some great

2739

01:50:52,070 --> 01:50:49,119

higher mind which the greeks called

2740

01:50:55,189 --> 01:50:52,080

a noose and this great creative mind uh

2741

01:50:57,910 --> 01:50:55,199

creating us thus in its image gave us

2742

01:50:59,750 --> 01:50:57,920

the capacity to create so you know thus

2743

01:51:02,149 --> 01:50:59,760

comes in an argument in favor of some

2744

01:51:03,830 --> 01:51:02,159

kind of free will or human capacity it's

2745

01:51:05,669 --> 01:51:03,840

a tremendous mystery in the end i can

2746

01:51:07,669 --> 01:51:05,679

only just fall to my knees in front of

2747

01:51:10,229 --> 01:51:07,679

it basically it's it's interesting to

2748

01:51:12,950 --> 01:51:10,239

talk about synchronicities have you seen

2749

01:51:15,189 --> 01:51:12,960

the new uh docu-series it's called hell

2750

01:51:17,830 --> 01:51:15,199

year have you seen that yet

2751  
01:51:19,430 --> 01:51:17,840  
i have not have you heard about it

2752  
01:51:21,709 --> 01:51:19,440  
no this is the first i'm hearing okay

2753  
01:51:23,990 --> 01:51:21,719  
just write it down hell yeah

2754  
01:51:25,270 --> 01:51:24,000  
h-e-l-l-i-e-r hellyer's a city in

2755  
01:51:28,470 --> 01:51:25,280  
kentucky

2756  
01:51:31,350 --> 01:51:28,480  
and but anyway uh last night i had on

2757  
01:51:33,510 --> 01:51:31,360  
greg and dana newkirk the stars of uh

2758  
01:51:35,510 --> 01:51:33,520  
hellyer and uh they're apparently yeah

2759  
01:51:37,189 --> 01:51:35,520  
they're paranormal investigators great

2760  
01:51:39,990 --> 01:51:37,199  
couple they do amazing work and the

2761  
01:51:42,550 --> 01:51:40,000  
series is really good but

2762  
01:51:44,229 --> 01:51:42,560  
in one of the episodes

2763  
01:51:47,669 --> 01:51:44,239

they discuss

2764

01:51:48,950 --> 01:51:47,679

as above so below i watched it yesterday

2765

01:51:52,390 --> 01:51:48,960

right

2766

01:51:55,990 --> 01:51:52,400

and and i'm watching them uh discuss the

2767

01:51:58,310 --> 01:51:56,000

meaning of as above so below as you just

2768

01:52:00,550 --> 01:51:58,320

discussed it here in the same context

2769

01:52:02,629 --> 01:52:00,560

what is the hidden meaning of it you

2770

01:52:04,550 --> 01:52:02,639

know and that you know it's alchemical

2771

01:52:06,149 --> 01:52:04,560

we understand that it's it's hermeticism

2772

01:52:08,950 --> 01:52:06,159

we understand that too

2773

01:52:12,149 --> 01:52:08,960

but how it is interpreted

2774

01:52:15,430 --> 01:52:12,159

is is as above so below

2775

01:52:17,510 --> 01:52:15,440

left up to us to figure it out or is

2776

01:52:19,430 --> 01:52:17,520

there an actual direct meaning to as

2777

01:52:20,470 --> 01:52:19,440

above so below

2778

01:52:22,390 --> 01:52:20,480

um

2779

01:52:24,470 --> 01:52:22,400

these are tremendous questions i mean

2780

01:52:25,910 --> 01:52:24,480

you're getting into some of humanity's

2781

01:52:29,750 --> 01:52:25,920

deepest questions about its own

2782

01:52:32,950 --> 01:52:29,760

capacities i think probably there is a

2783

01:52:34,790 --> 01:52:32,960

vastness of meaning to that expression

2784

01:52:37,109 --> 01:52:34,800

and i'm able to

2785

01:52:39,790 --> 01:52:37,119

interpret it in my life

2786

01:52:41,350 --> 01:52:39,800

as having some sort of creative and

2787

01:52:42,310 --> 01:52:41,360

psychological

2788

01:52:44,950 --> 01:52:42,320

meaning

2789

01:52:47,589 --> 01:52:44,960

but i think in the broadest sense it

2790

01:52:49,510 --> 01:52:47,599

does indicate to us that we are part of

2791

01:52:52,390 --> 01:52:49,520

a great vast

2792

01:52:54,709 --> 01:52:52,400

wholeness and that understanding

2793

01:52:58,390 --> 01:52:54,719

the micro allows one in some way to

2794

01:53:00,070 --> 01:52:58,400

understand the macro and uh in as much

2795

01:53:01,510 --> 01:53:00,080

as we're given perspective on this

2796

01:53:03,350 --> 01:53:01,520

physical

2797

01:53:04,790 --> 01:53:03,360

plane and framework that we find

2798

01:53:07,270 --> 01:53:04,800

ourselves in

2799

01:53:09,030 --> 01:53:07,280

that is as close as we have to a

2800

01:53:11,430 --> 01:53:09,040

universal law

2801  
01:53:13,030 --> 01:53:11,440  
because uh and i bring it up because

2802  
01:53:15,510 --> 01:53:13,040  
there was

2803  
01:53:17,109 --> 01:53:15,520  
it's like three or four uh people from

2804  
01:53:19,830 --> 01:53:17,119  
the show sitting around

2805  
01:53:24,229 --> 01:53:19,840  
discussing the meaning of as above so

2806  
01:53:25,589 --> 01:53:24,239  
below as varied uh of definitions as you

2807  
01:53:28,070 --> 01:53:25,599  
can imagine

2808  
01:53:31,510 --> 01:53:28,080  
and and i just found that very very

2809  
01:53:33,350 --> 01:53:31,520  
interesting because you hear it so often

2810  
01:53:37,430 --> 01:53:33,360  
but what does it but what does it

2811  
01:53:39,030 --> 01:53:37,440  
actually mean what does it truly mean

2812  
01:53:42,550 --> 01:53:39,040  
yes yes

2813  
01:53:44,709 --> 01:53:42,560

i i look at it i've my my take on it

2814

01:53:49,189 --> 01:53:44,719

every time that i hear it i have this

2815

01:53:52,390 --> 01:53:49,199

vision of uh knowledge

2816

01:53:54,550 --> 01:53:52,400

of the unknown which is the above the

2817

01:53:55,510 --> 01:53:54,560

knowledge of the unknown

2818

01:53:57,589 --> 01:53:55,520

right

2819

01:53:59,990 --> 01:53:57,599

is is

2820

01:54:02,070 --> 01:54:00,000

whether we like it or not is part of our

2821

01:54:04,229 --> 01:54:02,080

lives here

2822

01:54:07,109 --> 01:54:04,239

that that's that you know i'm being very

2823

01:54:09,669 --> 01:54:07,119

broad in how i'm trying to describe this

2824

01:54:11,589 --> 01:54:09,679

but that's how i see it you know but

2825

01:54:14,550 --> 01:54:11,599

then there's a black and white there's a

2826

01:54:16,870 --> 01:54:14,560

duality here that's going on there's a

2827

01:54:19,350 --> 01:54:16,880

negative positive thing that's going on

2828

01:54:20,950 --> 01:54:19,360

below is very negative it feels negative

2829

01:54:23,750 --> 01:54:20,960

it feels like hell

2830

01:54:25,669 --> 01:54:23,760

right and have above is heaven

2831

01:54:27,750 --> 01:54:25,679

you know there's so there's that mix of

2832

01:54:30,790 --> 01:54:27,760

it too but i don't quite see it that way

2833

01:54:31,589 --> 01:54:30,800

but others may interpret it that way

2834

01:54:33,109 --> 01:54:31,599

right

2835

01:54:36,790 --> 01:54:33,119

i see it

2836

01:54:39,189 --> 01:54:36,800

at least in terms of of my my use of

2837

01:54:40,390 --> 01:54:39,199

that principle as a general source of

2838

01:54:44,550 --> 01:54:40,400

guidance

2839

01:54:51,030 --> 01:54:48,070

approbation to create a probation to

2840

01:54:54,149 --> 01:54:51,040

strive approbation to develop yourself

2841

01:54:56,790 --> 01:54:54,159

that in as far as there is a universal

2842

01:54:58,550 --> 01:54:56,800

creator or intelligence or mind or power

2843

01:55:03,189 --> 01:54:58,560

however you want to think of it

2844

01:55:06,070 --> 01:55:03,199

that serves as a kind of creative agency

2845

01:55:09,350 --> 01:55:06,080

in our cosmos so do we

2846

01:55:13,750 --> 01:55:09,360

so do we serve the centers of creativity

2847

01:55:16,310 --> 01:55:13,760

in life and i i believe i really believe

2848

01:55:18,550 --> 01:55:16,320

that the meaning of our lives is to be

2849

01:55:21,430 --> 01:55:18,560

productive is to be generative is to be

2850

01:55:22,950 --> 01:55:21,440

creative in whatever field we're

2851

01:55:25,589 --> 01:55:22,960

dedicated to i mean certainly

2852

01:55:27,750 --> 01:55:25,599

biologically we see that and understand

2853

01:55:29,189 --> 01:55:27,760

that as a fact but i think that

2854

01:55:31,830 --> 01:55:29,199

generativity

2855

01:55:35,030 --> 01:55:31,840

productivity being part of some kind of

2856

01:55:37,910 --> 01:55:35,040

circuit of creation is absolutely vital

2857

01:55:39,510 --> 01:55:37,920

to who we are and if we don't

2858

01:55:41,990 --> 01:55:39,520

participate in that if we don't

2859

01:55:43,030 --> 01:55:42,000

assimilate that into our lives then we

2860

01:55:45,430 --> 01:55:43,040

just

2861

01:55:48,470 --> 01:55:45,440

get into escapism we devolve into

2862

01:55:50,550 --> 01:55:48,480

escapism where we're just watching

2863

01:55:53,270 --> 01:55:50,560

tv we're just

2864

01:55:56,950 --> 01:55:53,280

overeating we're just taking drugs we're

2865

01:55:59,750 --> 01:55:56,960

just drinking life becomes escapism and

2866

01:56:02,870 --> 01:55:59,760

i think we experience a kind of slow

2867

01:56:05,910 --> 01:56:02,880

agonizing decline and we anesthetize

2868

01:56:08,070 --> 01:56:05,920

ourselves against it when we don't

2869

01:56:09,189 --> 01:56:08,080

realize our capacities as creative

2870

01:56:12,149 --> 01:56:09,199

productive

2871

01:56:14,470 --> 01:56:12,159

beings in in the fullest sense yes and

2872

01:56:17,589 --> 01:56:14,480

and the egyptians understood i i i think

2873

01:56:21,030 --> 01:56:17,599

that we're you know referencing entropy

2874

01:56:23,589 --> 01:56:21,040

here in in in a sense in that

2875

01:56:25,750 --> 01:56:23,599

uh the egyptians fully embraced it and

2876

01:56:27,350 --> 01:56:25,760

understood it and chose to try to

2877

01:56:28,470 --> 01:56:27,360

control it and make it part of their

2878

01:56:31,750 --> 01:56:28,480

lives

2879

01:56:34,950 --> 01:56:31,760

but yeah in in in another broader sense

2880

01:56:37,830 --> 01:56:34,960

if we don't do as the egyptians did

2881

01:56:39,990 --> 01:56:37,840

which is understand the chaos that we

2882

01:56:43,030 --> 01:56:40,000

are experiencing today

2883

01:56:45,189 --> 01:56:43,040

that we can in a sense control entropy

2884

01:56:46,470 --> 01:56:45,199

even though science says that

2885

01:56:49,030 --> 01:56:46,480

uh

2886

01:56:51,189 --> 01:56:49,040

you know coming apart is is the end

2887

01:56:54,229 --> 01:56:51,199

result of everything

2888

01:56:56,629 --> 01:56:54,239

yes yeah you know i i think that

2889

01:56:58,870 --> 01:56:56,639

we live and this is one of the areas

2890

01:57:00,870 --> 01:56:58,880

where i believe hermeticism is is

2891

01:57:03,589 --> 01:57:00,880

extremely valuable in terms of helping

2892

01:57:05,830 --> 01:57:03,599

us understand our possibilities and our

2893

01:57:08,470 --> 01:57:05,840

limits today

2894

01:57:10,470 --> 01:57:08,480

we are extensions of the highest but the

2895

01:57:12,629 --> 01:57:10,480

branch is not the same thing

2896

01:57:15,350 --> 01:57:12,639

as the tree and the tree is not the same

2897

01:57:18,390 --> 01:57:15,360

thing as the root and

2898

01:57:20,709 --> 01:57:18,400

we do function within a cosmic framework

2899

01:57:22,470 --> 01:57:20,719

where we are going to inevitably of

2900

01:57:25,109 --> 01:57:22,480

course experience

2901

01:57:27,589 --> 01:57:25,119

physical decline and demise there's

2902

01:57:29,830 --> 01:57:27,599

never been an exception to that that is

2903

01:57:32,550 --> 01:57:29,840

part of our experience whether there's

2904

01:57:35,030 --> 01:57:32,560

some greater awareness or a possibility

2905

01:57:36,310 --> 01:57:35,040

for us to move up through some kind of

2906

01:57:38,870 --> 01:57:36,320

concentric

2907

01:57:41,030 --> 01:57:38,880

circles that give us greater perspective

2908

01:57:44,229 --> 01:57:41,040

on that and that expose

2909

01:57:47,510 --> 01:57:44,239

death as being something that's not

2910

01:57:49,990 --> 01:57:47,520

uh final that we pass on to other other

2911

01:57:51,830 --> 01:57:50,000

forms and other energies of course i'm

2912

01:57:53,270 --> 01:57:51,840

filled with questions about that but we

2913

01:57:55,430 --> 01:57:53,280

will experience

2914

01:57:57,830 --> 01:57:55,440

physical decline and demise within this

2915

01:58:00,310 --> 01:57:57,840

cosmic framework so

2916

01:58:03,109 --> 01:58:00,320

we are creators but we are creators

2917

01:58:05,030 --> 01:58:03,119

within a framework that has been

2918

01:58:06,550 --> 01:58:05,040

established for us in as much as there

2919

01:58:08,550 --> 01:58:06,560

is a framework

2920

01:58:09,990 --> 01:58:08,560

that a tree for example

2921

01:58:12,310 --> 01:58:10,000

lives within so

2922

01:58:15,669 --> 01:58:12,320

you know we have to be moored to those

2923

01:58:17,990 --> 01:58:15,679

experiences as well we have to realize

2924

01:58:20,950 --> 01:58:18,000

that as much as we can enjoy talking

2925

01:58:22,790 --> 01:58:20,960

about infinite possibilities and

2926

01:58:24,470 --> 01:58:22,800

the ultimate

2927

01:58:26,950 --> 01:58:24,480

uh

2928

01:58:28,550 --> 01:58:26,960

existence of consciousness as an arbiter

2929

01:58:30,870 --> 01:58:28,560

of all creation

2930

01:58:32,070 --> 01:58:30,880

we're also going to experience

2931

01:58:36,229 --> 01:58:32,080

decline

2932

01:58:38,149 --> 01:58:36,239

and pain and joys and tragedies and

2933

01:58:39,350 --> 01:58:38,159

natural disasters and all kinds of

2934

01:58:41,910 --> 01:58:39,360

things that

2935

01:58:43,350 --> 01:58:41,920

are not going to be avoidable in terms

2936

01:58:45,910 --> 01:58:43,360

of our experience

2937

01:58:48,790 --> 01:58:45,920

but i think that is also reflected in as

2938

01:58:51,669 --> 01:58:48,800

above so below we are creators but we're

2939

01:58:54,709 --> 01:58:51,679

creators below as you were referencing

2940

01:58:57,510 --> 01:58:54,719

within a a framework of experiential

2941

01:58:59,750 --> 01:58:57,520

limitations absolutely fascinating mitch

2942

01:59:02,310 --> 01:58:59,760

let's take a break right here i want to

2943

01:59:04,390 --> 01:59:02,320

i want to continue the hermeticism a

2944

01:59:05,589 --> 01:59:04,400

discussion uh with you when we come back

2945

01:59:07,350 --> 01:59:05,599

i'm going to pick up right where we're

2946

01:59:09,030 --> 01:59:07,360

leaving off our guest tonight mitch

2947

01:59:10,709 --> 01:59:09,040

horowitz this is faded black i'm your

2948

01:59:14,310 --> 01:59:10,719

jimmy church stay with us we'll be right

2949

01:59:14,320 --> 01:59:18,070

[Applause]

2950

01:59:25,669 --> 01:59:19,430

hi everybody this is rob halpert the

2951  
01:59:29,189 --> 01:59:28,149  
this is kgra digital broadcasting

2952  
01:59:32,870 --> 01:59:29,199  
station

2953  
01:59:34,629 --> 01:59:32,880  
salt lake city utah van buren arkansas

2954  
01:59:36,629 --> 01:59:34,639  
poor water quality is a major health

2955  
01:59:38,870 --> 01:59:36,639  
issue and it's only getting worse

2956  
01:59:40,550 --> 01:59:38,880  
municipalities can't keep up standards

2957  
01:59:43,430 --> 01:59:40,560  
have dropped and pollutants are

2958  
01:59:45,270 --> 01:59:43,440  
increasing where does it all end it ends

2959  
01:59:47,109 --> 01:59:45,280  
by keeping the pollutants outside of

2960  
01:59:49,510 --> 01:59:47,119  
your home with hydrocare's advanced

2961  
01:59:51,430 --> 01:59:49,520  
systems available at wave home solutions

2962  
01:59:53,109 --> 01:59:51,440  
no less than the best purification

2963  
01:59:55,030 --> 01:59:53,119

materials and processes have been

2964

01:59:56,950 --> 01:59:55,040

developed by hydrocare to provide you

2965

01:59:59,430 --> 01:59:56,960

with healthy clean water for drinking

2966

02:00:01,350 --> 01:59:59,440

cooking and showering hydrocare far

2967

02:00:05,189 --> 02:00:01,360

surpasses the competition in removing

2968

02:00:07,510 --> 02:00:05,199

chlorine odors iron lead chemicals lime

2969

02:00:09,430 --> 02:00:07,520

scale and much more don't settle for

2970

02:00:11,350 --> 02:00:09,440

less when it comes to your water we'll

2971

02:00:13,430 --> 02:00:11,360

take care of the toughest water problems

2972

02:00:16,149 --> 02:00:13,440

for you whether it's from a city or well

2973

02:00:20,550 --> 02:00:16,159

source satisfaction guaranteed for more

2974

02:00:24,030 --> 02:00:20,560

information call 888 997 wave that's 888

2975

02:00:29,490 --> 02:00:24,040

997 wave or go to

2976

02:00:35,270 --> 02:00:33,270

[Music]

2977

02:00:36,390 --> 02:00:35,280

your contact for current news and

2978

02:00:38,189 --> 02:00:36,400

trending topics

2979

02:00:40,470 --> 02:00:38,199

[Music]

2980

02:00:42,629 --> 02:00:40,480

kgraradio.com does your basement or

2981

02:00:44,390 --> 02:00:42,639

crawlspace have a damp musty smell well

2982

02:00:46,550 --> 02:00:44,400

watch out that's a sign of too much

2983

02:00:48,229 --> 02:00:46,560

moisture and not enough ventilation and

2984

02:00:50,629 --> 02:00:48,239

that can mean increased mold growth in

2985

02:00:52,709 --> 02:00:50,639

the buildup of harmful toxins and gases

2986

02:00:55,030 --> 02:00:52,719

don't bother with a dehumidifier it just

2987

02:00:56,790 --> 02:00:55,040

circulates the same unhealthy air now

2988

02:00:58,550 --> 02:00:56,800

there's a better way to remove these

2989

02:01:00,950 --> 02:00:58,560

dangers and odors it's with the

2990

02:01:02,790 --> 02:01:00,960

computerized wave moisture control unit

2991

02:01:04,390 --> 02:01:02,800

that reduces moisture and expels

2992

02:01:06,390 --> 02:01:04,400

pollutants we replaced our old

2993

02:01:08,709 --> 02:01:06,400

dehumidifier with the wave unit and in

2994

02:01:11,109 --> 02:01:08,719

only three weeks our basement is dry and

2995

02:01:13,030 --> 02:01:11,119

the musty smell is gone wave units

2996

02:01:15,510 --> 02:01:13,040

require no maintenance no buckets of

2997

02:01:17,430 --> 02:01:15,520

water or filters and costs only pennies

2998

02:01:19,189 --> 02:01:17,440

a day to run breathe better live

2999

02:01:23,510 --> 02:01:19,199

healthier with an affordable no

3000

02:01:28,709 --> 02:01:23,520

maintenance wave unit call 888 717 wade

3001  
02:01:32,270 --> 02:01:28,719  
888 717 wave or visit [dryhealthyhome.com](http://dryhealthyhome.com)

3002  
02:01:32,280 --> 02:01:36,470  
[Music]

3003  
02:01:41,990 --> 02:01:40,149  
for a healthy comfortable home

3004  
02:01:45,350 --> 02:01:42,000  
this is jimmy church of fade to black

3005  
02:01:48,550 --> 02:01:45,360  
and i only drink fade to black blend

3006  
02:01:50,149 --> 02:01:48,560  
coffee from river moon just click on the

3007  
02:01:51,910 --> 02:01:50,159  
river moon coffee banner at

3008  
02:01:55,189 --> 02:01:51,920  
[jimmychurchradio.com](http://jimmychurchradio.com)

3009  
02:01:57,669 --> 02:01:55,199  
promo code f2b blend

3010  
02:02:00,310 --> 02:01:57,679  
so are you tired of being tired well

3011  
02:02:01,990 --> 02:02:00,320  
then it's time to get the tea hey it's

3012  
02:02:04,229 --> 02:02:02,000  
lisa here to tell you about this all

3013  
02:02:06,149 --> 02:02:04,239

natural all organic tea i've been

3014

02:02:09,030 --> 02:02:06,159

drinking that has had great results for

3015

02:02:11,109 --> 02:02:09,040

over 20 years it's called life change

3016

02:02:13,510 --> 02:02:11,119

tea and it's specially formulated to

3017

02:02:16,470 --> 02:02:13,520

help detoxify and cleanse your kidneys

3018

02:02:18,310 --> 02:02:16,480

liver colon and blood all at once the

3019

02:02:20,629 --> 02:02:18,320

colon is one of the most ignored organs

3020

02:02:22,629 --> 02:02:20,639

in the human body the faster that waste

3021

02:02:24,310 --> 02:02:22,639

is eliminated from the body the less

3022

02:02:26,629 --> 02:02:24,320

time that waste sits in our intestines

3023

02:02:28,709 --> 02:02:26,639

spreading toxins to our bloodstream this

3024

02:02:30,709 --> 02:02:28,719

tea helps cleanse chemicals caused by

3025

02:02:33,030 --> 02:02:30,719

outside intruders from our entire

3026

02:02:35,430 --> 02:02:33,040

digestive system and get this weight

3027

02:02:37,510 --> 02:02:35,440

loss can be a side effect and with

3028

02:02:39,589 --> 02:02:37,520

continued use of the tea you can

3029

02:02:41,990 --> 02:02:39,599

experience clear healthier younger

3030

02:02:43,910 --> 02:02:42,000

looking skin increased energy and a

3031

02:02:46,629 --> 02:02:43,920

happier outlook on life so if you're

3032

02:02:50,149 --> 02:02:46,639

tired of being tired get the life change

3033

02:02:52,629 --> 02:02:50,159

tea at get the tea.com that's get the

3034

02:02:54,149 --> 02:02:52,639

tea.com and like me you'll be glad you

3035

02:02:57,589 --> 02:02:54,159

did

3036

02:02:59,750 --> 02:02:57,599

road with limited data or wi-fi

3037

02:03:01,910 --> 02:02:59,760

available you can still listen to every

3038

02:03:05,189 --> 02:03:01,920

minute of fade to black by just calling

3039

02:03:10,310 --> 02:03:07,990

no smartphone app or internet needed it

3040

02:03:13,030 --> 02:03:10,320

saves your data plan and no extra cost

3041

02:03:16,229 --> 02:03:13,040

if you have unlimited minutes just call

3042

02:03:20,790 --> 02:03:18,470

you can listen to me jimmy church on any

3043

02:03:27,160 --> 02:03:20,800

phone anytime anywhere

3044

02:03:27,170 --> 02:03:31,910

[Music]

3045

02:03:37,589 --> 02:03:33,750

you want to know a secret

3046

02:03:38,870 --> 02:03:37,599

i love ponies i really love ponies i'm

3047

02:03:41,030 --> 02:03:38,880

serious

3048

02:03:42,470 --> 02:03:41,040

i couldn't stay sane without pawn needs

3049

02:03:44,550 --> 02:03:42,480

the brush

3050

02:03:51,030 --> 02:03:44,560

why fade to black

3051  
02:03:55,830 --> 02:03:53,270  
this is fade to black with jimmy church

3052  
02:04:00,370 --> 02:03:55,840  
on the game changer radio network and

3053  
02:04:12,709 --> 02:04:00,380  
kgra the global radio alliance

3054  
02:04:14,149 --> 02:04:12,719  
[Music]

3055  
02:04:16,149 --> 02:04:14,159  
welcome back paid to black our guest

3056  
02:04:17,830 --> 02:04:16,159  
tonight mitch horowitz fascinating

3057  
02:04:19,589 --> 02:04:17,840  
conversation

3058  
02:04:21,910 --> 02:04:19,599  
and we're going to continue right where

3059  
02:04:23,270 --> 02:04:21,920  
we left off and

3060  
02:04:25,109 --> 02:04:23,280  
and mitch

3061  
02:04:27,430 --> 02:04:25,119  
as we're going through this conversation

3062  
02:04:30,310 --> 02:04:27,440  
this headline just popped up are you

3063  
02:04:32,470 --> 02:04:30,320

ready for this the u.s uh food and drug

3064

02:04:33,990 --> 02:04:32,480

administration has approved jansen

3065

02:04:35,030 --> 02:04:34,000

pharmaceuticals

3066

02:04:36,470 --> 02:04:35,040

uh

3067

02:04:39,430 --> 02:04:36,480

s cal

3068

02:04:41,350 --> 02:04:39,440

hold on s ketamine i think that's how

3069

02:04:43,189 --> 02:04:41,360

you say it on tuesday for treatment

3070

02:04:44,390 --> 02:04:43,199

resistant depression

3071

02:04:48,070 --> 02:04:44,400

a drug

3072

02:04:50,550 --> 02:04:48,080

that is the chemical cousin to ketamine

3073

02:04:53,109 --> 02:04:50,560

it's a nasal spray

3074

02:04:53,990 --> 02:04:53,119

and you know it's the club drug special

3075

02:04:55,669 --> 02:04:54,000

k

3076

02:04:58,229 --> 02:04:55,679

is not going to be

3077

02:04:59,350 --> 02:04:58,239

a treatment for depression in a nasal

3078

02:05:02,709 --> 02:04:59,360

spray

3079

02:05:03,910 --> 02:05:02,719

there we go let's let's add to the chaos

3080

02:05:11,270 --> 02:05:03,920

and

3081

02:05:12,149 --> 02:05:11,280

egyptians understood

3082

02:05:13,910 --> 02:05:12,159

um

3083

02:05:16,310 --> 02:05:13,920

they understood

3084

02:05:20,390 --> 02:05:16,320

and they embraced

3085

02:05:22,229 --> 02:05:20,400

order out of chaos i mean each year the

3086

02:05:24,790 --> 02:05:22,239

flooding of the Nile

3087

02:05:27,030 --> 02:05:24,800

brought this unpredictability this

3088

02:05:29,750 --> 02:05:27,040

craziness washing away villages and they

3089

02:05:32,229 --> 02:05:29,760

didn't know but it also brought

3090

02:05:34,390 --> 02:05:32,239

uh nutrients to the soil they knew that

3091

02:05:35,910 --> 02:05:34,400

they'd be able to grow their their crops

3092

02:05:38,709 --> 02:05:35,920

and and

3093

02:05:40,550 --> 02:05:38,719

the the cycle of life would continue and

3094

02:05:42,950 --> 02:05:40,560

they embraced and they started to

3095

02:05:46,149 --> 02:05:42,960

understand that yes

3096

02:05:48,470 --> 02:05:46,159

it's chaotic it's out of control

3097

02:05:51,350 --> 02:05:48,480

but we use it to

3098

02:05:54,310 --> 02:05:51,360

to advance our culture and for us to

3099

02:05:56,310 --> 02:05:54,320

live and they understood order out of

3100

02:05:58,950 --> 02:05:56,320

chaos didn't they

3101

02:05:59,990 --> 02:05:58,960

oh yeah that's a very interesting point

3102

02:06:01,510 --> 02:06:00,000

um

3103

02:06:02,950 --> 02:06:01,520

you know by the way i don't know if

3104

02:06:04,790 --> 02:06:02,960

you're hearing this on your end but i'm

3105

02:06:05,990 --> 02:06:04,800

getting some uh interference i don't

3106

02:06:07,750 --> 02:06:06,000

know if you're able to hear it in your

3107

02:06:10,550 --> 02:06:07,760

uh

3108

02:06:12,790 --> 02:06:10,560

it's the headline of ketamine

3109

02:06:13,510 --> 02:06:12,800

okay it should be gone now sorry about

3110

02:06:16,229 --> 02:06:13,520

that

3111

02:06:17,589 --> 02:06:16,239

all right no problem um you make it a

3112

02:06:20,790 --> 02:06:17,599

very good point and one of the things

3113

02:06:23,750 --> 02:06:20,800

that i found in egypt that astonished me

3114

02:06:26,550 --> 02:06:23,760

was this i'm very interested in

3115

02:06:29,109 --> 02:06:26,560

uh a figure named seth who's sometimes

3116

02:06:31,030 --> 02:06:29,119

thought of as the egyptian god of chaos

3117

02:06:32,950 --> 02:06:31,040

or sometimes thought of as the god of

3118

02:06:34,709 --> 02:06:32,960

the underworld but in fact he was the

3119

02:06:39,350 --> 02:06:34,719

god of the desert he was the god of

3120

02:06:42,790 --> 02:06:39,360

storms and there was a a a a beautiful

3121

02:06:45,030 --> 02:06:42,800

and necessary and vital and noble uh

3122

02:06:47,189 --> 02:06:45,040

fierceness and strength and power about

3123

02:06:50,790 --> 02:06:47,199

set he's sometimes depicted as the

3124

02:06:53,669 --> 02:06:50,800

adversary of horus um who is sort of

3125

02:06:56,390 --> 02:06:53,679

seen as the god of of life and

3126  
02:06:57,990 --> 02:06:56,400  
sustenance there was a base relief that

3127  
02:07:00,470 --> 02:06:58,000  
demonstrated

3128  
02:07:01,589 --> 02:07:00,480  
exactly what you were saying a unity a

3129  
02:07:03,109 --> 02:07:01,599  
unity

3130  
02:07:05,109 --> 02:07:03,119  
of both

3131  
02:07:07,189 --> 02:07:05,119  
set and horus and in fact i think i'll

3132  
02:07:08,069 --> 02:07:07,199  
post it on twitter for your listeners

3133  
02:07:10,390 --> 02:07:08,079  
later

3134  
02:07:12,390 --> 02:07:10,400  
and it shows the two of them with joined

3135  
02:07:15,030 --> 02:07:12,400  
hands set and horus together

3136  
02:07:19,109 --> 02:07:15,040  
and it demonstrates the absolute

3137  
02:07:20,149 --> 02:07:19,119  
necessity of these two forces one of

3138  
02:07:24,629 --> 02:07:20,159

fierce

3139

02:07:27,430 --> 02:07:24,639

creativity and a beautiful noble kind of

3140

02:07:31,589 --> 02:07:27,440

wildness and strength and the other a

3141

02:07:34,950 --> 02:07:31,599

force of uh orderliness and

3142

02:07:37,830 --> 02:07:34,960

right angles and containment and the two

3143

02:07:40,390 --> 02:07:37,840

of these things are vital parts of

3144

02:07:43,350 --> 02:07:40,400

creation and this beautiful beautiful

3145

02:07:45,910 --> 02:07:43,360

base relief uh which i came upon in

3146

02:07:48,629 --> 02:07:45,920

egypt uh demonstrated that and i was

3147

02:07:50,870 --> 02:07:48,639

really fortunate to see it because uh

3148

02:07:54,790 --> 02:07:50,880

the god set was a vital part of egyptian

3149

02:07:57,510 --> 02:07:54,800

life in his his name and and meaning is

3150

02:08:00,550 --> 02:07:57,520

not often heard or understood today even

3151  
02:08:02,870 --> 02:08:00,560  
among people who are into egyptology

3152  
02:08:06,149 --> 02:08:02,880  
and i just find it so interesting that

3153  
02:08:08,790 --> 02:08:06,159  
so many thousands of years ago

3154  
02:08:09,750 --> 02:08:08,800  
that they understood these concepts

3155  
02:08:11,910 --> 02:08:09,760  
you know

3156  
02:08:12,950 --> 02:08:11,920  
and if you think about it where

3157  
02:08:15,750 --> 02:08:12,960  
uh

3158  
02:08:18,229 --> 02:08:15,760  
academia likes to focus on

3159  
02:08:20,390 --> 02:08:18,239  
you know egypt and then and then greece

3160  
02:08:24,550 --> 02:08:20,400  
and then rome as being the foundations

3161  
02:08:26,629 --> 02:08:24,560  
of of civilization uh greece and rome uh

3162  
02:08:29,189 --> 02:08:26,639  
when when egypt was going through all of

3163  
02:08:32,069 --> 02:08:29,199

these concepts and understanding them

3164

02:08:35,669 --> 02:08:32,079

rome wasn't even mud huts yet that that

3165

02:08:36,470 --> 02:08:35,679

was that was 2 000 years later

3166

02:08:38,470 --> 02:08:36,480

right

3167

02:08:40,229 --> 02:08:38,480

i think it's very difficult for us

3168

02:08:41,669 --> 02:08:40,239

that's a good point it's difficult for

3169

02:08:45,589 --> 02:08:41,679

us to understand

3170

02:08:47,350 --> 02:08:45,599

the antiquity of egyptian culture when

3171

02:08:49,030 --> 02:08:47,360

the greek historian herodotus

3172

02:08:51,510 --> 02:08:49,040

encountered the pyramids they were as

3173

02:08:52,550 --> 02:08:51,520

ancient to him as herodotus is

3174

02:08:54,790 --> 02:08:52,560

to us

3175

02:08:56,629 --> 02:08:54,800

and we don't even fully understand the

3176  
02:08:58,390 --> 02:08:56,639  
timeline of ancient egyptian culture but

3177  
02:08:59,589 --> 02:08:58,400  
even if you stick with this traditional

3178  
02:09:02,310 --> 02:08:59,599  
timeline

3179  
02:09:04,470 --> 02:09:02,320  
we're going back to 3000 bc and it's

3180  
02:09:06,950 --> 02:09:04,480  
just inconceivable even according to the

3181  
02:09:10,229 --> 02:09:06,960  
conventional calendrics

3182  
02:09:13,270 --> 02:09:10,239  
uh how long-standing a civilization

3183  
02:09:15,510 --> 02:09:13,280  
ancient egypt was it's very difficult

3184  
02:09:18,550 --> 02:09:15,520  
for us to even get our arms around that

3185  
02:09:19,910 --> 02:09:18,560  
one fact much less uh

3186  
02:09:21,589 --> 02:09:19,920  
the the

3187  
02:09:24,550 --> 02:09:21,599  
uh spiritual

3188  
02:09:26,390 --> 02:09:24,560

mythical scientific and psychological uh

3189

02:09:28,069 --> 02:09:26,400

view of life and understanding that the

3190

02:09:30,310 --> 02:09:28,079

ancients possessed

3191

02:09:32,470 --> 02:09:30,320

let's stay right there for a second uh

3192

02:09:33,830 --> 02:09:32,480

you just got back from egypt

3193

02:09:36,390 --> 02:09:33,840

and i think it's one of the most

3194

02:09:37,510 --> 02:09:36,400

important points that uh we can make

3195

02:09:40,149 --> 02:09:37,520

today

3196

02:09:41,669 --> 02:09:40,159

is that when herodotus went to egypt in

3197

02:09:43,910 --> 02:09:41,679

300 bc

3198

02:09:46,390 --> 02:09:43,920

uh the egyptians at that point had no

3199

02:09:47,830 --> 02:09:46,400

clue about themselves either right they

3200

02:09:49,109 --> 02:09:47,840

didn't they didn't know how old they

3201

02:09:51,589 --> 02:09:49,119

were right

3202

02:09:53,669 --> 02:09:51,599

there was no books lying around

3203

02:09:55,910 --> 02:09:53,679

and and all of that stuff started to get

3204

02:09:57,910 --> 02:09:55,920

compiled about that time is it went

3205

02:09:59,669 --> 02:09:57,920

around to different temples and

3206

02:10:02,790 --> 02:09:59,679

and and did their best

3207

02:10:07,109 --> 02:10:02,800

to to chronicle and and go back uh you

3208

02:10:08,229 --> 02:10:07,119

know to 3000 bc and and and menace mene

3209

02:10:11,189 --> 02:10:08,239

but

3210

02:10:12,950 --> 02:10:11,199

they did not know how they were they

3211

02:10:14,790 --> 02:10:12,960

didn't even understand it

3212

02:10:16,950 --> 02:10:14,800

and and today we

3213

02:10:20,870 --> 02:10:16,960

we really don't

3214

02:10:21,830 --> 02:10:20,880

we don't have a concept of that but for

3215

02:10:29,589 --> 02:10:21,840

you

3216

02:10:31,910 --> 02:10:29,599

get these ideas so early on at at 2500

3217

02:10:34,069 --> 02:10:31,920

bc forget about building in the pyramids

3218

02:10:37,109 --> 02:10:34,079

it's the understanding of the universe

3219

02:10:40,069 --> 02:10:37,119

and and mathematics and and philosophy

3220

02:10:42,390 --> 02:10:40,079

and laws and religion and education and

3221

02:10:45,430 --> 02:10:42,400

music and and

3222

02:10:48,550 --> 02:10:45,440

all of that was was part of what should

3223

02:10:51,669 --> 02:10:48,560

have been a pure stone age culture

3224

02:10:53,589 --> 02:10:51,679

yeah ancient man was a great deal more

3225

02:10:54,550 --> 02:10:53,599

sophisticated and complex in his

3226

02:10:55,430 --> 02:10:54,560

thinking

3227

02:11:01,350 --> 02:10:55,440

and

3228

02:11:02,149 --> 02:11:01,360

his knowledge of nature was much vaster

3229

02:11:06,390 --> 02:11:02,159

and

3230

02:11:07,430 --> 02:11:06,400

we're able to conceive of when we use

3231

02:11:09,189 --> 02:11:07,440

the term

3232

02:11:11,830 --> 02:11:09,199

nature today

3233

02:11:15,750 --> 02:11:11,840

uh his knowledge of the cosmos and his

3234

02:11:18,470 --> 02:11:15,760

dependency upon the natural world was so

3235

02:11:20,550 --> 02:11:18,480

vital that peering into the workings and

3236

02:11:23,750 --> 02:11:20,560

the makings of the natural world

3237

02:11:25,750 --> 02:11:23,760

was not only a matter of knowing oneself

3238

02:11:27,830 --> 02:11:25,760

but it was a matter of life and death

3239

02:11:30,069 --> 02:11:27,840

it's it's the mystery of humanity it's

3240

02:11:31,910 --> 02:11:30,079

the mystery of humanity you know where

3241

02:11:33,589 --> 02:11:31,920

all this was

3242

02:11:36,870 --> 02:11:33,599

emergent from

3243

02:11:39,430 --> 02:11:36,880

and it it adds a further wrinkle to

3244

02:11:41,750 --> 02:11:39,440

our discussion of the meaning of as

3245

02:11:43,589 --> 02:11:41,760

above so below where where did these

3246

02:11:47,270 --> 02:11:43,599

ideas come from my

3247

02:11:48,629 --> 02:11:47,280

my my sense is that man's mind is more

3248

02:11:50,390 --> 02:11:48,639

expansive

3249

02:11:53,830 --> 02:11:50,400

and more capable

3250

02:11:56,709 --> 02:11:53,840

of absorbing higher states of

3251

02:11:59,589 --> 02:11:56,719

meaning and extra physical

3252

02:12:00,870 --> 02:11:59,599

concepts and ideas then

3253

02:12:02,870 --> 02:12:00,880

we

3254

02:12:05,270 --> 02:12:02,880

allow ourselves to understand in the

3255

02:12:08,390 --> 02:12:05,280

21st century i think the mind

3256

02:12:11,270 --> 02:12:08,400

is connected to something greater call

3257

02:12:13,669 --> 02:12:11,280

it an oversoul as emerson did or noose

3258

02:12:17,030 --> 02:12:13,679

as the ancient greeks did

3259

02:12:18,149 --> 02:12:17,040

or infinite mind or a supermind as some

3260

02:12:20,470 --> 02:12:18,159

people

3261

02:12:22,229 --> 02:12:20,480

term it today but i think our mind is

3262

02:12:25,189 --> 02:12:22,239

capable of

3263

02:12:28,310 --> 02:12:25,199

extraordinary extra physical experiences

3264

02:12:30,870 --> 02:12:28,320

and you find that inherent within uh the

3265

02:12:33,830 --> 02:12:30,880

philosophy of hermeticism this ancient

3266

02:12:37,510 --> 02:12:33,840

uh egyptian greek philosophy well do and

3267

02:12:38,550 --> 02:12:37,520

i guess what i'm pushing you towards is

3268

02:12:39,510 --> 02:12:38,560

uh

3269

02:12:42,629 --> 02:12:39,520

do you

3270

02:12:43,990 --> 02:12:42,639

start to accept you specifically and and

3271

02:12:48,550 --> 02:12:44,000

the rest of us

3272

02:12:51,510 --> 02:12:48,560

that the ancient gods of egypt before uh

3273

02:12:54,149 --> 02:12:51,520

you know uh pre-dynastic egypt

3274

02:12:56,629 --> 02:12:54,159

that that is actually reality that they

3275

02:12:58,709 --> 02:12:56,639

were writing about reality that set and

3276

02:13:01,510 --> 02:12:58,719

sekhmet and horus and

3277

02:13:02,470 --> 02:13:01,520

and osiris that these were all

3278

02:13:04,069 --> 02:13:02,480

real

3279

02:13:05,350 --> 02:13:04,079

that that's where the knowledge came

3280

02:13:07,270 --> 02:13:05,360

from

3281

02:13:08,790 --> 02:13:07,280

you know i'm glad you asked that jimmy

3282

02:13:10,950 --> 02:13:08,800

and this is why i love being on your

3283

02:13:13,510 --> 02:13:10,960

show personally speaking uh the answer

3284

02:13:15,589 --> 02:13:13,520

is yes i do believe that that that these

3285

02:13:18,149 --> 02:13:15,599

beings are real you could say that they

3286

02:13:20,390 --> 02:13:18,159

are personifications of energy

3287

02:13:23,910 --> 02:13:20,400

you know humanity has been doing that uh

3288

02:13:26,790 --> 02:13:23,920

since its its most primeval origins

3289

02:13:29,030 --> 02:13:26,800

maybe we call it uh by a certain name we

3290

02:13:31,550 --> 02:13:29,040

call it mercury we call it hermes or we

3291

02:13:33,109 --> 02:13:31,560

call it thoth but it is a

3292

02:13:35,109 --> 02:13:33,119

personification

3293

02:13:37,589 --> 02:13:35,119

of a kind of energy and i think that's a

3294

02:13:39,270 --> 02:13:37,599

legitimate way of communicating with the

3295

02:13:40,069 --> 02:13:39,280

greater world with the higher world i

3296

02:13:43,189 --> 02:13:40,079

have

3297

02:13:45,350 --> 02:13:43,199

a a beautiful

3298

02:13:47,510 --> 02:13:45,360

piece of original papyrus depicting the

3299

02:13:50,790 --> 02:13:47,520

god set hanging up in my apartment right

3300

02:13:55,350 --> 02:13:50,800

now that i'm looking at um i venerate it

3301

02:13:57,669 --> 02:13:55,360

i i i i worship it i i i petition this

3302

02:14:00,149 --> 02:13:57,679

this deific figure i do believe it's a

3303

02:14:02,790 --> 02:14:00,159

personification of energy i do believe

3304

02:14:05,030 --> 02:14:02,800

it's real i think that our ancient

3305

02:14:07,910 --> 02:14:05,040

ancestors were quite right and we should

3306

02:14:10,069 --> 02:14:07,920

not limit ourselves to just studying

3307

02:14:12,629 --> 02:14:10,079

their architecture their geometry their

3308

02:14:15,669 --> 02:14:12,639

calendrics but their spiritual beliefs

3309

02:14:17,990 --> 02:14:15,679

were real insights and and

3310

02:14:20,550 --> 02:14:18,000

and we can find retentions of absolute

3311

02:14:22,229 --> 02:14:20,560

truth within these spiritual beliefs and

3312

02:14:23,669 --> 02:14:22,239

we are not limited in our

3313

02:14:26,149 --> 02:14:23,679

experimentation that's one of the

3314

02:14:28,069 --> 02:14:26,159

wonderful legacies we live with today so

3315

02:14:31,109 --> 02:14:28,079

my answer to your question is absolutely

3316

02:14:34,310 --> 02:14:31,119

yes i believe that sekhmet and and sat

3317

02:14:35,589 --> 02:14:34,320

and others of the uh ancient difficult

3318

02:14:38,550 --> 02:14:35,599

uh

3319

02:14:44,069 --> 02:14:38,560

are

3320

02:14:46,149 --> 02:14:44,079

energy and can be appealed to

3321

02:14:49,830 --> 02:14:46,159

what do we what do we do with those

3322

02:14:51,910 --> 02:14:49,840

ideas of uh alexandria and and

3323

02:14:54,950 --> 02:14:51,920

hermeticism and thoth

3324

02:14:56,950 --> 02:14:54,960

um and these concepts that were

3325

02:14:58,550 --> 02:14:56,960

collected from around the world all the

3326

02:15:00,550 --> 02:14:58,560

great philosophers and thinkers and

3327

02:15:03,910 --> 02:15:00,560

scientists you know were all getting

3328

02:15:07,030 --> 02:15:03,920

together and apparently having fun and

3329

02:15:10,550 --> 02:15:07,040

sharing wisdom without uh ego coming

3330

02:15:11,430 --> 02:15:10,560

into play um and their own cultures

3331

02:15:13,750 --> 02:15:11,440

and

3332

02:15:16,229 --> 02:15:13,760

that knowledge is somewhere i don't

3333

02:15:19,109 --> 02:15:16,239

think it went down in you know the

3334

02:15:21,750 --> 02:15:19,119

burning of the library i think those

3335

02:15:24,229 --> 02:15:21,760

concepts uh continued uh where do you

3336

02:15:26,390 --> 02:15:24,239

think that they went to next

3337

02:15:28,790 --> 02:15:26,400

well you know fortunately and this is

3338

02:15:30,950 --> 02:15:28,800

why the hermetic literature

3339

02:15:33,030 --> 02:15:30,960

is so important the hermetic literature

3340

02:15:34,069 --> 02:15:33,040

was a collection of manuscripts that

3341

02:15:36,550 --> 02:15:34,079

were written

3342

02:15:40,149 --> 02:15:36,560

uh in the decades immediately following

3343

02:15:42,310 --> 02:15:40,159

christ by greek egyptians and

3344

02:15:43,430 --> 02:15:42,320

as best as we can understand

3345

02:15:47,910 --> 02:15:43,440

they took

3346

02:15:48,870 --> 02:15:47,920

egyptian philosophy

3347

02:15:51,830 --> 02:15:48,880

and

3348

02:15:54,069 --> 02:15:51,840

they translated it into

3349

02:15:54,950 --> 02:15:54,079

a literary language

3350

02:15:57,669 --> 02:15:54,960

greek

3351

02:16:00,950 --> 02:15:57,679

which we have the capacity to understand

3352

02:16:03,430 --> 02:16:00,960

and and translate and commune with today

3353

02:16:06,550 --> 02:16:03,440

the egyptian hieroglyphic

3354

02:16:09,589 --> 02:16:06,560

was was more of a symbolical language it

3355

02:16:12,790 --> 02:16:09,599

wasn't expository in the same way that

3356

02:16:15,830 --> 02:16:12,800

greek is so in the hermetic literature

3357

02:16:18,790 --> 02:16:15,840

we have a kind of time capsule we have a

3358

02:16:22,149 --> 02:16:18,800

kind of retention of ancient egyptian

3359

02:16:25,430 --> 02:16:22,159

ideas ideas that had probably circulated

3360

02:16:27,750 --> 02:16:25,440

for many many hundreds of years in oral

3361

02:16:30,870 --> 02:16:27,760

tradition since that seems to be the the

3362

02:16:32,790 --> 02:16:30,880

habit of humanity things occur first and

3363

02:16:35,030 --> 02:16:32,800

are passed along through oral tradition

3364

02:16:36,629 --> 02:16:35,040

and only later are written down that's

3365

02:16:39,190 --> 02:16:36,639

why the hermetic literature is so

3366

02:16:41,990 --> 02:16:39,200

valuable to me and in an occult book

3367

02:16:46,070 --> 02:16:42,000

like the caballon you do have you do

3368

02:16:48,070 --> 02:16:46,080

have authentic vestiges and threads of

3369

02:16:49,349 --> 02:16:48,080

some of this ancient wisdom and that's

3370

02:16:51,190 --> 02:16:49,359

something that that we're going to be

3371

02:16:52,469 --> 02:16:51,200

talking about at your conference this

3372

02:16:54,709 --> 02:16:52,479

summer so

3373

02:16:57,349 --> 02:16:54,719

some of this is hidden in plain sight in

3374

02:16:59,750 --> 02:16:57,359

the sense that we do have a few

3375

02:17:00,790 --> 02:16:59,760

precious precious

3376

02:17:02,790 --> 02:17:00,800

threads

3377

02:17:05,589 --> 02:17:02,800

of wisdom that have been preserved in

3378

02:17:07,429 --> 02:17:05,599

the hermetic literature that give us

3379

02:17:08,709 --> 02:17:07,439

an insight into some of the

3380

02:17:11,429 --> 02:17:08,719

understanding

3381

02:17:13,509 --> 02:17:11,439

of the ancients where does it survive

3382

02:17:15,589 --> 02:17:13,519

today you know where we talk about the

3383

02:17:16,629 --> 02:17:15,599

mystery schools and

3384

02:17:20,309 --> 02:17:16,639

and

3385

02:17:22,709 --> 02:17:20,319

uh that it it's out there where do we

3386

02:17:24,150 --> 02:17:22,719

where do we where does it survive today

3387

02:17:26,389 --> 02:17:24,160

if you could point

3388

02:17:28,790 --> 02:17:26,399

this audience in a direction

3389

02:17:31,190 --> 02:17:28,800  
where do you think it continues

3390

02:17:33,910 --> 02:17:31,200  
i think that i i don't think

3391

02:17:36,150 --> 02:17:33,920  
frankly that there's any great

3392

02:17:39,270 --> 02:17:36,160  
mystery school or there's

3393

02:17:41,429 --> 02:17:39,280  
any you know lodge you know filled with

3394

02:17:44,629 --> 02:17:41,439  
with with people who are

3395

02:17:47,429 --> 02:17:44,639  
kind of vouchsafing uh this wisdom i i

3396

02:17:49,190 --> 02:17:47,439  
don't think that the secret school is

3397

02:17:51,830 --> 02:17:49,200  
something that's going to bear fruit for

3398

02:17:54,790 --> 02:17:51,840  
people if they go in search of it but i

3399

02:17:59,750 --> 02:17:54,800  
do think that some of this

3400

02:18:01,270 --> 02:17:59,760  
ancient wisdom does live within and is

3401  
02:18:02,150 --> 02:18:01,280  
attainable

3402  
02:18:04,389 --> 02:18:02,160  
to

3403  
02:18:06,389 --> 02:18:04,399  
the deeply sensitive motivated

3404  
02:18:08,629 --> 02:18:06,399  
individual who really searches through

3405  
02:18:10,790 --> 02:18:08,639  
the ideas of the ancients and

3406  
02:18:15,030 --> 02:18:10,800  
experiments

3407  
02:18:17,110 --> 02:18:15,040  
in life today you can get yourself a few

3408  
02:18:18,870 --> 02:18:17,120  
decent translations of the hermetic

3409  
02:18:20,070 --> 02:18:18,880  
literature for example one that i

3410  
02:18:21,429 --> 02:18:20,080  
recommend

3411  
02:18:23,349 --> 02:18:21,439  
is um

3412  
02:18:24,389 --> 02:18:23,359  
it's just called hermetica and the

3413  
02:18:26,790 --> 02:18:24,399

translator

3414

02:18:29,110 --> 02:18:26,800

is brian copenhagen it's from cambridge

3415

02:18:30,870 --> 02:18:29,120

university press inner traditions my

3416

02:18:32,790 --> 02:18:30,880

publisher also publishes a really

3417

02:18:34,950 --> 02:18:32,800

excellent translation of some of the

3418

02:18:36,830 --> 02:18:34,960

hermetic literature you can you can

3419

02:18:38,870 --> 02:18:36,840

start there with some of those

3420

02:18:40,830 --> 02:18:38,880

translations but you're going to have to

3421

02:18:44,870 --> 02:18:40,840

bring yourself into

3422

02:18:47,589 --> 02:18:44,880

experimentation with these ideas the fee

3423

02:18:50,230 --> 02:18:47,599

of entry to esoteric ideas is getting

3424

02:18:52,150 --> 02:18:50,240

one's hands dirty you you have to have a

3425

02:18:54,629 --> 02:18:52,160

mechanism for experimenting with these

3426

02:18:56,230 --> 02:18:54,639

things i'm working and experimenting all

3427

02:18:58,389 --> 02:18:56,240

the time with

3428

02:19:00,950 --> 02:18:58,399

meditation and visualization and the

3429

02:19:03,509 --> 02:19:00,960

uses of the mind and trying to discover

3430

02:19:05,349 --> 02:19:03,519

congruencies between thought and reality

3431

02:19:07,270 --> 02:19:05,359

and also not get lost

3432

02:19:08,709 --> 02:19:07,280

in just kind of imagining what's there

3433

02:19:11,110 --> 02:19:08,719

when it really isn't because it's what

3434

02:19:13,750 --> 02:19:11,120

i'm looking for

3435

02:19:15,830 --> 02:19:13,760

there are a precious few places where i

3436

02:19:18,709 --> 02:19:15,840

think you can find colleagues to study

3437

02:19:20,629 --> 02:19:18,719

esoteric wisdom with

3438

02:19:21,990 --> 02:19:20,639

but they're not dramatic and they're not

3439

02:19:23,270 --> 02:19:22,000

you know they don't involve secret

3440

02:19:25,830 --> 02:19:23,280

handshakes

3441

02:19:28,070 --> 02:19:25,840

and um i think people who lay claims to

3442

02:19:29,910 --> 02:19:28,080

secrecy often don't know what they're

3443

02:19:31,750 --> 02:19:29,920

talking about i think they're they're

3444

02:19:33,910 --> 02:19:31,760

they're they're victims of artifice

3445

02:19:35,669 --> 02:19:33,920

themselves they may think they belong to

3446

02:19:37,509 --> 02:19:35,679

some sort of ancient order that's that's

3447

02:19:40,309 --> 02:19:37,519

not really there don't get lost in drama

3448

02:19:41,830 --> 02:19:40,319

don't get lost in pageantry or costumery

3449

02:19:42,629 --> 02:19:41,840

or whatsoever

3450

02:19:44,469 --> 02:19:42,639

but

3451

02:19:45,990 --> 02:19:44,479

throw yourself throw yourself into

3452

02:19:48,230 --> 02:19:46,000

experiment throw yourself into

3453

02:19:51,349 --> 02:19:48,240

experiment and this can include chaos

3454

02:19:54,150 --> 02:19:51,359

magic and ceremonial magic and the lima

3455

02:19:56,309 --> 02:19:54,160

and and new thought and all kinds of

3456

02:19:59,030 --> 02:19:56,319

different ideas you know if you can find

3457

02:20:02,070 --> 02:19:59,040

a legitimate strain of shamanic thoughts

3458

02:20:04,150 --> 02:20:02,080

and then then follow that but don't kid

3459

02:20:05,670 --> 02:20:04,160

yourself that any one thing is going to

3460

02:20:07,349 --> 02:20:05,680

become the turnkey that unlocks

3461

02:20:07,990 --> 02:20:07,359

everything for you the great likelihood

3462

02:20:09,510 --> 02:20:08,000

is

3463

02:20:10,389 --> 02:20:09,520

that you'll have to experiment with a

3464

02:20:14,950 --> 02:20:10,399

lot of

3465

02:20:18,150 --> 02:20:14,960

begin to find

3466

02:20:20,230 --> 02:20:18,160

a convergence of paths a convergence of

3467

02:20:22,469 --> 02:20:20,240

ideas and and that may lead you to some

3468

02:20:24,309 --> 02:20:22,479

individual insight so again we come back

3469

02:20:25,990 --> 02:20:24,319

to as above so below i think that if

3470

02:20:27,990 --> 02:20:26,000

there's a place where some of these

3471

02:20:31,750 --> 02:20:28,000

things exist they exist within the

3472

02:20:32,950 --> 02:20:31,760

psyche of the mature experimenting the

3473

02:20:34,550 --> 02:20:32,960

seeker

3474

02:20:36,230 --> 02:20:34,560

where would we

3475

02:20:37,710 --> 02:20:36,240

be today

3476

02:20:40,150 --> 02:20:37,720

if if

3477

02:20:43,910 --> 02:20:40,160

alexandria wasn't burned down right if

3478

02:20:47,429 --> 02:20:43,920

we had all of those ancient texts in and

3479

02:20:48,790 --> 02:20:47,439

and the technology and the science and

3480

02:20:52,550 --> 02:20:48,800

and the religion

3481

02:20:53,349 --> 02:20:52,560

the philosophy would have continued uh

3482

02:20:55,990 --> 02:20:53,359

through

3483

02:20:59,110 --> 02:20:56,000

uh you know year zero would we have been

3484

02:21:01,670 --> 02:20:59,120

on the moon you know 2 000 years ago

3485

02:21:02,950 --> 02:21:01,680

right who can know who can know you know

3486

02:21:04,870 --> 02:21:02,960

maybe there would have been some other

3487

02:21:07,110 --> 02:21:04,880

cataclysmic event that would have

3488

02:21:09,190 --> 02:21:07,120

deprived us of this knowledge since

3489

02:21:11,750 --> 02:21:09,200

human beings seem

3490

02:21:13,670 --> 02:21:11,760

better at dividing against one another

3491

02:21:15,750 --> 02:21:13,680

you know than we are as anything else

3492

02:21:18,070 --> 02:21:15,760

you know practically so

3493

02:21:21,110 --> 02:21:18,080

uh these cataclysmic events and these

3494

02:21:23,750 --> 02:21:21,120

outbreaks of of mass violence seem to be

3495

02:21:26,389 --> 02:21:23,760

part of of human culture so uh you know

3496

02:21:28,469 --> 02:21:26,399

one could only guess but the possibility

3497

02:21:30,870 --> 02:21:28,479

is of course that some other

3498

02:21:32,469 --> 02:21:30,880

catastrophe would have occurred that

3499

02:21:33,270 --> 02:21:32,479

that would have deprived us of some of

3500

02:21:36,710 --> 02:21:33,280

that

3501

02:21:39,270 --> 02:21:36,720

you've laid your hands on one of the

3502

02:21:42,389 --> 02:21:39,280

great what ifs of human history yeah

3503

02:21:44,950 --> 02:21:42,399

and what is speaking of what ifs uh

3504

02:21:47,750 --> 02:21:44,960

let's kind of end on this note

3505

02:21:50,950 --> 02:21:47,760

what if i mean you know go quickly tepi

3506

02:21:53,910 --> 02:21:50,960

was uh was found in 1995 wasn't supposed

3507

02:21:56,309 --> 02:21:53,920

to exist now we have an ancient temple

3508

02:21:59,190 --> 02:21:56,319

of high technology that was built seven

3509

02:22:01,270 --> 02:21:59,200

thousand years before the great pyramid

3510

02:22:03,510 --> 02:22:01,280

that it wasn't supposed to exist we were

3511

02:22:06,309 --> 02:22:03,520

told that you know ancient egypt was the

3512

02:22:08,550 --> 02:22:06,319

start of everything at 3100 bc now we

3513

02:22:11,349 --> 02:22:08,560

have gobekli tepi what if with the

3514

02:22:14,950 --> 02:22:11,359

thawing of these glaciers in greenland

3515

02:22:16,630 --> 02:22:14,960

or in antarctica that some crazy thing

3516

02:22:17,429 --> 02:22:16,640

is exposed

3517

02:22:18,950 --> 02:22:17,439

where

3518

02:22:20,710 --> 02:22:18,960

obviously

3519

02:22:22,710 --> 02:22:20,720

things aren't

3520

02:22:25,190 --> 02:22:22,720

what we have been taught

3521

02:22:27,349 --> 02:22:25,200

you know some fifty thousand hundred

3522

02:22:31,750 --> 02:22:27,359

thousand year old city

3523

02:22:34,830 --> 02:22:31,760

is is revealed or text or or information

3524

02:22:38,150 --> 02:22:34,840

are we equipped to handle that today

3525

02:22:40,389 --> 02:22:38,160

uh i would submit to you that not only

3526

02:22:43,510 --> 02:22:40,399

are we not equipped to handle it but a

3527

02:22:45,510 --> 02:22:43,520

whole industry of people would spring up

3528

02:22:47,590 --> 02:22:45,520

to ridicule it and to deter

3529

02:22:49,990 --> 02:22:47,600

investigation of it and to pronounce it

3530

02:22:51,910 --> 02:22:50,000

a hoax and to pronounce it nonsense

3531

02:22:53,990 --> 02:22:51,920

because this is it it's sort of like the

3532

02:22:57,510 --> 02:22:54,000

allegory of the cave over and over again

3533

02:22:59,670 --> 02:22:57,520

i mean my friends uh robert shock and

3534

02:23:02,070 --> 02:22:59,680

and the late john anthony west

3535

02:23:04,150 --> 02:23:02,080

discovered water erosion on the oldest

3536

02:23:06,309 --> 02:23:04,160

portion of the snakes and rather than

3537

02:23:08,389 --> 02:23:06,319

just saying well this is curious and

3538

02:23:11,670 --> 02:23:08,399

marshalling some resources to

3539

02:23:13,510 --> 02:23:11,680

investigate it uh academia most of

3540

02:23:17,030 --> 02:23:13,520

academia continually

3541

02:23:19,590 --> 02:23:17,040

runs them down dismisses it uh comes up

3542

02:23:21,750 --> 02:23:19,600

with uh contradictory

3543

02:23:24,630 --> 02:23:21,760

uh evidence or what is presented as

3544

02:23:27,429 --> 02:23:24,640

contradictory evidence without directly

3545

02:23:29,990 --> 02:23:27,439

without directly answering the water

3546

02:23:32,469 --> 02:23:30,000

erosion thesis itself and this is a very

3547

02:23:34,469 --> 02:23:32,479

important point i want to make it's it's

3548

02:23:37,510 --> 02:23:34,479

one thing to come up with evidence that

3549

02:23:39,349 --> 02:23:37,520

you purport is contradictory and that's

3550

02:23:41,510 --> 02:23:39,359

important and that's necessary but it's

3551

02:23:43,030 --> 02:23:41,520

not the same thing as actually

3552

02:23:46,630 --> 02:23:43,040

investigating

3553

02:23:48,790 --> 02:23:46,640

and and responding to the water erosion

3554

02:23:52,070 --> 02:23:48,800

thesis itself so there's an instance

3555

02:23:54,230 --> 02:23:52,080

where uh two scientists discovered

3556

02:23:57,750 --> 02:23:54,240

something that could question

3557

02:23:59,830 --> 02:23:57,760

uh the timeline of antiquity and rather

3558

02:24:02,389 --> 02:23:59,840

than saying well this is interesting

3559

02:24:05,270 --> 02:24:02,399

let's investigate it let's see what's

3560

02:24:07,510 --> 02:24:05,280

there a whole industry of people have

3561

02:24:10,950 --> 02:24:07,520

instead deemed it

3562

02:24:12,230 --> 02:24:10,960

a dangerous doorway to irrationality

3563

02:24:14,710 --> 02:24:12,240

and

3564

02:24:17,190 --> 02:24:14,720

tried to come up with ways to

3565

02:24:19,510 --> 02:24:17,200

counter and ridicule the thesis while

3566

02:24:21,750 --> 02:24:19,520

not directly responding to the thesis

3567

02:24:24,550 --> 02:24:21,760

itself so my suspicion is based on human

3568

02:24:25,830 --> 02:24:24,560

nature if glacial melting brought us

3569

02:24:27,830 --> 02:24:25,840

face to face with something

3570

02:24:30,150 --> 02:24:27,840

extraordinary we'd probably spend the

3571

02:24:33,990 --> 02:24:30,160

next generation running it down and

3572

02:24:36,070 --> 02:24:34,000

denying its existence how sad right

3573

02:24:37,990 --> 02:24:36,080

it is sad but but knowledge wants to be

3574

02:24:39,270 --> 02:24:38,000

free and it's a basic of human nature

3575

02:24:41,990 --> 02:24:39,280

that we want to know what's around the

3576

02:24:44,469 --> 02:24:42,000

next kill so you know you can burn the

3577

02:24:47,030 --> 02:24:44,479

fleet you can smash galileo's telescope

3578

02:24:49,190 --> 02:24:47,040

you can you can tear up the maps but but

3579

02:24:51,670 --> 02:24:49,200

the human wish to know will will always

3580

02:24:54,950 --> 02:24:51,680

be uh triumphant i believe yeah one of

3581

02:24:57,590 --> 02:24:54,960

the i encourage anybody that if you want

3582

02:24:58,870 --> 02:24:57,600

to have a paradigm shift a mind-bending

3583

02:25:00,710 --> 02:24:58,880

experience

3584

02:25:03,510 --> 02:25:00,720

simply go to the met

3585

02:25:05,110 --> 02:25:03,520

and walk through the egyptian wing yes

3586

02:25:08,630 --> 02:25:05,120

that's all you got to do that's all you

3587

02:25:11,830 --> 02:25:08,640

got to do you walk up i really agree

3588

02:25:15,349 --> 02:25:11,840

you just go up to a 4 500 year old

3589

02:25:17,590 --> 02:25:15,359

you know 10 ton 20 ton sarcophagus

3590

02:25:19,110 --> 02:25:17,600

carved out a black granite with those

3591

02:25:20,469 --> 02:25:19,120

inscriptions and you look at that and

3592

02:25:23,830 --> 02:25:20,479

you go man

3593

02:25:24,469 --> 02:25:23,840

somebody's lying to us because yeah that

3594

02:25:28,950 --> 02:25:24,479

is

3595

02:25:31,990 --> 02:25:28,960

books don't you know with the pictures

3596

02:25:34,309 --> 02:25:32,000

the internet no go and look at this for

3597

02:25:36,790 --> 02:25:34,319

yourselves and then you'll start to get

3598

02:25:39,590 --> 02:25:36,800

it you'll start to understand

3599

02:25:41,429 --> 02:25:39,600

i quite agree that's beautifully put and

3600

02:25:43,110 --> 02:25:41,439

uh if you walk through

3601

02:25:45,190 --> 02:25:43,120

those galleries and they're open to

3602

02:25:47,349 --> 02:25:45,200

everybody you will absolutely be be

3603

02:25:48,870 --> 02:25:47,359

haunted by by what you see and haunted

3604

02:25:51,590 --> 02:25:48,880

in the best way it'll give you a great

3605

02:25:53,429 --> 02:25:51,600

sense that there's there's so much more

3606

02:25:55,670 --> 02:25:53,439

that we've understood what we see is not

3607

02:25:57,590 --> 02:25:55,680

all there is now mitch i i want to thank

3608

02:25:59,110 --> 02:25:57,600

you i know that you've uh you've got to

3609

02:26:01,830 --> 02:25:59,120

go do your thing and then get on this

3610

02:26:05,110 --> 02:26:01,840

plane and get get out here to la

3611

02:26:06,389 --> 02:26:05,120

what is your first event once you get

3612

02:26:09,190 --> 02:26:06,399

here

3613

02:26:11,670 --> 02:26:09,200

my first event is going to be thursday

3614

02:26:14,950 --> 02:26:11,680

night at seven o'clock at manly hall

3615

02:26:18,389 --> 02:26:14,960

school it's called unvanquished angels

3616

02:26:20,230 --> 02:26:18,399

america's not so lost occult heroes and

3617

02:26:22,750 --> 02:26:20,240

you can register for this by going to

3618

02:26:26,950 --> 02:26:22,760

uprs.edu

3619

02:26:29,830 --> 02:26:26,960

going to be terrific it's going to kick

3620

02:26:32,630 --> 02:26:29,840

off a few days of some really wonderful

3621

02:26:33,990 --> 02:26:32,640

esoteric activities i can't wait and i'm

3622

02:26:36,070 --> 02:26:34,000

going to do my best to get out there

3623

02:26:37,910 --> 02:26:36,080

thursday night obviously i'm on the air

3624

02:26:39,830 --> 02:26:37,920

thank you man but uh

3625

02:26:42,309 --> 02:26:39,840

we've got to hang out this uh this trip

3626  
02:26:44,790 --> 02:26:42,319  
uh we missed each other last time let's

3627  
02:26:46,309 --> 02:26:44,800  
uh let's uh uh you rita and i go out and

3628  
02:26:47,990 --> 02:26:46,319  
break some bread

3629  
02:26:49,990 --> 02:26:48,000  
right on we'll do it i'll talk to you

3630  
02:26:52,309 --> 02:26:50,000  
mitch safe travels

3631  
02:26:54,630 --> 02:26:52,319  
safe travels out west

3632  
02:26:57,190 --> 02:26:54,640  
thank you great to be here mitch

3633  
02:26:59,270 --> 02:26:57,200  
horowitz everybody now all of the links

3634  
02:27:01,510 --> 02:26:59,280  
for mitch's schedule and everything is

3635  
02:27:03,429 --> 02:27:01,520  
up we've got it up in twitter and we

3636  
02:27:05,110 --> 02:27:03,439  
certainly have it up on the website

3637  
02:27:07,670 --> 02:27:05,120  
going click and if you're here in los

3638  
02:27:10,309 --> 02:27:07,680

angeles san francisco phoenix come on

3639

02:27:12,389 --> 02:27:10,319

out and hang out with mitch this weekend

3640

02:27:14,630 --> 02:27:12,399

at the manly p hall center right here in

3641

02:27:16,389 --> 02:27:14,640

glendale california our murals jimmy

3642

02:27:18,469 --> 02:27:16,399

church i'm going to get out of here

3643

02:27:20,150 --> 02:27:18,479

uh come back after this short break i

3644

02:27:21,990 --> 02:27:20,160

want to thank mitch and of course i'm

3645

02:27:23,910 --> 02:27:22,000

going to open up the phone lines what

3646

02:27:25,910 --> 02:27:23,920

did you think about this conversation

3647

02:27:28,500 --> 02:27:25,920

tonight we'll do all of that right after

3648

02:27:34,630 --> 02:27:28,510

this short break stay with us

3649

02:27:36,469 --> 02:27:34,640

[Music]

3650

02:27:38,870 --> 02:27:36,479

hey what up y'all should go biblical fox

3651  
02:27:44,070 --> 02:27:38,880  
here and you are listening to my boy

3652  
02:27:56,830 --> 02:27:46,630  
despite popular opinion

3653  
02:28:02,389 --> 02:28:00,469  
hurricanes earthquakes wildfires this

3654  
02:28:04,870 --> 02:28:02,399  
year we've experienced more than our

3655  
02:28:07,110 --> 02:28:04,880  
fair share this is jimmy church of fade

3656  
02:28:09,190 --> 02:28:07,120  
to black and last month i decided to

3657  
02:28:11,590 --> 02:28:09,200  
make sure my family does not have to

3658  
02:28:14,710 --> 02:28:11,600  
worry about food should we get caught in

3659  
02:28:17,190 --> 02:28:14,720  
a real emergency situation introducing

3660  
02:28:19,030 --> 02:28:17,200  
numana a healthy storable product that

3661  
02:28:20,870 --> 02:28:19,040  
tastes so good that you'll want to eat

3662  
02:28:23,270 --> 02:28:20,880  
it every day instead of just during

3663  
02:28:25,510 --> 02:28:23,280

those times of duress all new mana

3664

02:28:28,870 --> 02:28:25,520

products have a 25-year shelf life are

3665

02:28:31,429 --> 02:28:28,880

msg and gmo free no preservatives and

3666

02:28:33,349 --> 02:28:31,439

are made in america with the new mana

3667

02:28:34,870 --> 02:28:33,359

pack in your home you'll be able to

3668

02:28:36,630 --> 02:28:34,880

sleep at night knowing that you've

3669

02:28:39,429 --> 02:28:36,640

protected your family

3670

02:28:42,150 --> 02:28:39,439

not only have i tasted and tested i own

3671

02:28:44,550 --> 02:28:42,160

it now you can too just click on the new

3672

02:28:46,710 --> 02:28:44,560

mana banner on jimmychurchradio.com and

3673

02:28:49,030 --> 02:28:46,720

use the promo code jimmy when you order

3674

02:28:51,510 --> 02:28:49,040

in addition to a discount we'll send you

3675

02:28:54,630 --> 02:28:51,520

an autographed fade to black t-shirt

3676

02:28:56,389 --> 02:28:54,640

seriously go backly tappy

3677

02:28:59,270 --> 02:28:56,399

this is jimmy church of fade to black

3678

02:29:02,790 --> 02:28:59,280

and i take life change tea supplements

3679

02:29:07,990 --> 02:29:02,800

every single day it's what i do click on

3680

02:29:12,710 --> 02:29:10,070

when you take the beans from central

3681

02:29:15,190 --> 02:29:12,720

america with dashes of indonesian and

3682

02:29:18,309 --> 02:29:15,200

african mixed in and then roasted to the

3683

02:29:20,870 --> 02:29:18,319

dark side of fade to black you create

3684

02:29:23,830 --> 02:29:20,880

the ultimate brew of fringe

3685

02:29:27,110 --> 02:29:23,840

introducing the fade to black blend from

3686

02:29:29,910 --> 02:29:27,120

river moon coffee yes river moon's

3687

02:29:32,710 --> 02:29:29,920

darkest customized roast was created for

3688

02:29:35,270 --> 02:29:32,720

the love of fade to black

3689

02:29:37,910 --> 02:29:35,280

the alchemy of masterful roasting and

3690

02:29:41,429 --> 02:29:37,920

smoking the beans is in every sip of

3691

02:29:42,870 --> 02:29:41,439

this full-bodied dark java i need my

3692

02:29:45,429 --> 02:29:42,880

coffee doc

3693

02:29:48,469 --> 02:29:45,439

deep with distinct bittersweet chocolate

3694

02:29:50,950 --> 02:29:48,479

highlights just like the bunker leaning

3695

02:29:53,590 --> 02:29:50,960

further into the darkness of the roast

3696

02:29:56,270 --> 02:29:53,600

is fade to black blend from river moon

3697

02:29:58,230 --> 02:29:56,280

coffee just click on the banner at

3698

02:30:01,990 --> 02:29:58,240

jimmychurchradio.com and use the promo

3699

02:30:03,110 --> 02:30:02,000

code f2b blend for 15 off of your order

3700

02:30:05,750 --> 02:30:03,120

today

3701

02:30:08,230 --> 02:30:05,760

go back lee tappy

3702

02:30:10,309 --> 02:30:08,240

hi folks cbd is the home run hitter for

3703

02:30:12,790 --> 02:30:10,319

health right now why you ask because of

3704

02:30:14,630 --> 02:30:12,800

what it does for the body unfortunately

3705

02:30:16,550 --> 02:30:14,640

i can't tell you all about the benefit

3706

02:30:18,790 --> 02:30:16,560

you know there's reasons do your due

3707

02:30:21,270 --> 02:30:18,800

diligence and log on to ancient life oil

3708

02:30:23,510 --> 02:30:21,280

dot com that's ancient life oil dot com

3709

02:30:25,670 --> 02:30:23,520

angel life oil uses organic ingredients

3710

02:30:28,469 --> 02:30:25,680

and is blended in coconut oil for some

3711

02:30:29,230 --> 02:30:28,479

of the best benefits legal in 50 states

3712

02:30:31,670 --> 02:30:29,240

and

3713

02:30:34,309 --> 02:30:31,680

non-psychoactive log on to ancient life

3714

02:30:35,349 --> 02:30:34,319

oil dot com that's ancient life oil dot

3715

02:30:37,110 --> 02:30:35,359

com

3716

02:30:39,990 --> 02:30:37,120

this is jimmy church of fade to black

3717

02:30:42,870 --> 02:30:40,000

and my family is safe because of new

3718

02:30:44,950 --> 02:30:42,880

mana emergency food storage

3719

02:30:47,270 --> 02:30:44,960

just go to the new mana banner at

3720

02:30:51,030 --> 02:30:47,280

jimmychurchradio.com

3721

02:30:53,190 --> 02:30:51,040

promo code jimmy10

3722

02:30:56,070 --> 02:30:53,200

are you intrigued by paranormal talk

3723

02:30:58,790 --> 02:30:56,080

radio you love the new paranormal radio

3724

02:31:00,469 --> 02:30:58,800

app from talkstream live

3725

02:31:03,349 --> 02:31:00,479

you'll find a great selection of talk

3726

02:31:05,990 --> 02:31:03,359

shows covering ufos ghosts strange

3727

02:31:08,230 --> 02:31:06,000

phenomena and much more download the

3728

02:31:10,309 --> 02:31:08,240

paranormal radio app now and start

3729

02:31:12,550 --> 02:31:10,319

listening to the very best in paranormal

3730

02:31:14,309 --> 02:31:12,560

talk entertainment including the network

3731

02:31:17,510 --> 02:31:14,319

you're listening to right now the

3732

02:31:27,510 --> 02:31:17,520

paranormal radio app free in google play

3733

02:31:39,910 --> 02:31:30,630

it's store a lifestyle we chose we were

3734

02:31:39,920 --> 02:31:46,110

this is kjcr at jimmychurchradio.com

3735

02:31:46,120 --> 02:32:00,630

[Music]

3736

02:32:05,690 --> 02:32:03,270

all right welcome back fade to black

3737

02:32:09,270 --> 02:32:05,700

i'm opening up the phone lines right now

3738

02:32:11,270 --> 02:32:09,280

[Music]

3739

02:32:18,150 --> 02:32:14,870

seven four seven two two eight two zero

3740

02:32:19,429 --> 02:32:18,160

five one and um while we wait for the

3741

02:32:21,510 --> 02:32:19,439

delay

3742

02:32:24,630 --> 02:32:21,520

and the calls to come in

3743

02:32:28,150 --> 02:32:24,640

um a fascinating conversation tonight

3744

02:32:30,309 --> 02:32:28,160

and manifesting uh that's that's my word

3745

02:32:34,469 --> 02:32:30,319

you know creating your

3746

02:32:37,429 --> 02:32:34,479

your own reality it is 100 possible

3747

02:32:40,389 --> 02:32:37,439

it's 100 possible and

3748

02:32:41,670 --> 02:32:40,399

the the concepts behind it although

3749

02:32:43,349 --> 02:32:41,680

simple

3750

02:32:45,429 --> 02:32:43,359

they take work

3751

02:32:48,710 --> 02:32:45,439

and it can't be

3752

02:32:49,830 --> 02:32:48,720

uh simplified there's no easy road but

3753

02:32:52,950 --> 02:32:49,840

you can

3754

02:32:54,950 --> 02:32:52,960

and the power of the mind and thought is

3755

02:32:57,670 --> 02:32:54,960

is so strong

3756

02:32:59,830 --> 02:32:57,680

that if you choose to do that you know

3757

02:33:01,750 --> 02:32:59,840

uh

3758

02:33:06,550 --> 02:33:01,760

be careful

3759

02:33:08,230 --> 02:33:06,560

because

3760

02:33:11,910 --> 02:33:08,240

what i think that you want to base

3761

02:33:14,150 --> 02:33:11,920

everything on something as simple as

3762

02:33:18,309 --> 02:33:14,160

finding your bliss

3763

02:33:20,710 --> 02:33:18,319

what is it what is that one thing

3764

02:33:23,349 --> 02:33:20,720

what is that one thing where

3765

02:33:25,030 --> 02:33:23,359

you will achieve that that happiness

3766

02:33:28,389 --> 02:33:25,040

that glow

3767

02:33:29,910 --> 02:33:28,399

right and everything else will follow

3768

02:33:31,030 --> 02:33:29,920

everything else

3769

02:33:34,230 --> 02:33:31,040

um

3770

02:33:37,670 --> 02:33:34,240

again going back to these concepts and i

3771

02:33:40,070 --> 02:33:37,680

do want to hear from from you about this

3772

02:33:43,910 --> 02:33:40,080

so uh the numbers are open now

3773

02:33:48,309 --> 02:33:46,150

in that the reason why you want to be

3774

02:33:51,670 --> 02:33:48,319

careful find your bliss and that is

3775

02:33:53,270 --> 02:33:51,680

something that is is very very personal

3776

02:33:55,190 --> 02:33:53,280

don't be scared

3777

02:33:57,910 --> 02:33:55,200

whatever it is don't be embarrassed

3778

02:33:59,030 --> 02:33:57,920

about it or whatever it's what makes you

3779

02:34:02,630 --> 02:33:59,040

happy

3780

02:34:04,710 --> 02:34:02,640

and everything else will align itself

3781

02:34:06,469 --> 02:34:04,720

into your life

3782

02:34:08,070 --> 02:34:06,479

with that

3783

02:34:11,110 --> 02:34:08,080

comes the chaos

3784

02:34:14,550 --> 02:34:11,120

and i addressed this in my opening

3785

02:34:17,910 --> 02:34:14,560

statement and rant tonight on the show

3786

02:34:20,150 --> 02:34:17,920

in that rita and i decided

3787

02:34:22,790 --> 02:34:20,160

to change our reality

3788

02:34:23,910 --> 02:34:22,800

we did and we made a very conscious

3789

02:34:25,590 --> 02:34:23,920

effort

3790

02:34:27,830 --> 02:34:25,600

in in that

3791

02:34:31,190 --> 02:34:27,840

and we did and we pulled it off what

3792

02:34:34,550 --> 02:34:31,200

comes with that is chaos i expressed it

3793

02:34:35,510 --> 02:34:34,560

in very personal and in a very direct

3794

02:34:37,830 --> 02:34:35,520

way

3795

02:34:40,870 --> 02:34:37,840

what came with that are things that you

3796

02:34:42,710 --> 02:34:40,880

have to deal with and figure out a way

3797

02:34:45,429 --> 02:34:42,720

to embrace

3798

02:34:48,790 --> 02:34:45,439

because that chaos

3799

02:34:51,190 --> 02:34:48,800

that that unwinding that ungluing

3800

02:34:54,550 --> 02:34:51,200

of your life is going to come with that

3801  
02:34:59,190 --> 02:34:54,560  
because now you are changing directions

3802  
02:35:02,469 --> 02:34:59,200  
and and and and nobody warned me

3803  
02:35:05,270 --> 02:35:02,479  
nobody let reed and i know that this is

3804  
02:35:06,230 --> 02:35:05,280  
what's going to come along with the ride

3805  
02:35:09,190 --> 02:35:06,240  
okay

3806  
02:35:12,550 --> 02:35:09,200  
we were so focused on on getting things

3807  
02:35:15,190 --> 02:35:12,560  
done and still are to this day that the

3808  
02:35:18,950 --> 02:35:15,200  
chaos and the things that started to

3809  
02:35:21,910 --> 02:35:18,960  
erupt and it erupted and it it it it

3810  
02:35:24,870 --> 02:35:21,920  
showed itself very very early

3811  
02:35:29,510 --> 02:35:24,880  
and naturally this is what we did

3812  
02:35:31,750 --> 02:35:29,520  
naturally we chose to ignore

3813  
02:35:33,190 --> 02:35:31,760

some of the negative things we chose to

3814

02:35:35,429 --> 02:35:33,200

ignore

3815

02:35:37,429 --> 02:35:35,439

uh things that would take us out you

3816

02:35:40,389 --> 02:35:37,439

know i keep saying this that we were in

3817

02:35:42,230 --> 02:35:40,399

our lane and we're still in our lane

3818

02:35:43,750 --> 02:35:42,240

things that were trying to pull us out

3819

02:35:44,710 --> 02:35:43,760

of our lane

3820

02:35:48,309 --> 02:35:44,720

no

3821

02:35:50,389 --> 02:35:48,319

we stayed true

3822

02:35:52,630 --> 02:35:50,399

right and we stayed in our lane and it's

3823

02:35:54,550 --> 02:35:52,640

hard man oh

3824

02:35:56,469 --> 02:35:54,560

it's hard you just got your hands on

3825

02:35:58,469 --> 02:35:56,479

that wheel and you're just staying in

3826

02:36:00,870 --> 02:35:58,479

your lane but

3827

02:36:04,309 --> 02:36:00,880

nobody told it naturally

3828

02:36:05,270 --> 02:36:04,319

we figured this out day to day today

3829

02:36:09,030 --> 02:36:05,280

today

3830

02:36:11,429 --> 02:36:09,040

right and and figuring out that uh there

3831

02:36:13,349 --> 02:36:11,439

were going to be jealousies and there

3832

02:36:15,110 --> 02:36:13,359

was going to be some negative influence

3833

02:36:17,270 --> 02:36:15,120

there was people

3834

02:36:19,270 --> 02:36:17,280

out there not everybody

3835

02:36:21,510 --> 02:36:19,280

but people hate

3836

02:36:23,349 --> 02:36:21,520

uh success

3837

02:36:26,150 --> 02:36:23,359

and it doesn't matter

3838

02:36:28,790 --> 02:36:26,160

and what i am referring to here uh about

3839

02:36:31,750 --> 02:36:28,800

this show is it a success well in its

3840

02:36:33,429 --> 02:36:31,760

own little way it is

3841

02:36:35,190 --> 02:36:33,439

certainly it is

3842

02:36:38,710 --> 02:36:35,200

uh a success

3843

02:36:40,790 --> 02:36:38,720

but in your own lives out there in your

3844

02:36:42,469 --> 02:36:40,800

own lives when you're out doing your

3845

02:36:43,670 --> 02:36:42,479

thing and you're successful at something

3846

02:36:49,270 --> 02:36:43,680

you know

3847

02:36:51,670 --> 02:36:49,280

that don't want to see somebody succeed

3848

02:36:53,670 --> 02:36:51,680

they just they don't like it and they

3849

02:36:56,469 --> 02:36:53,680

will do everything to fight it and they

3850

02:36:58,389 --> 02:36:56,479

will say things to you and plan things

3851  
02:37:00,550 --> 02:36:58,399  
in your mind and

3852  
02:37:03,670 --> 02:37:00,560  
and and try to throw you off your game

3853  
02:37:04,389 --> 02:37:03,680  
to get you to drive out of your lane

3854  
02:37:06,230 --> 02:37:04,399  
so

3855  
02:37:09,190 --> 02:37:06,240  
hearing this for me and hearing this

3856  
02:37:11,190 --> 02:37:09,200  
from mitch and others will reinforce

3857  
02:37:14,150 --> 02:37:11,200  
that in you

3858  
02:37:15,270 --> 02:37:14,160  
to recognize it when it happens it's not

3859  
02:37:17,429 --> 02:37:15,280  
you

3860  
02:37:19,270 --> 02:37:17,439  
it's other things out there

3861  
02:37:21,670 --> 02:37:19,280  
right and and so

3862  
02:37:23,830 --> 02:37:21,680  
changing your reality and getting this

3863  
02:37:26,790 --> 02:37:23,840

on on on track

3864

02:37:30,389 --> 02:37:26,800

and giving you this advice right now and

3865

02:37:33,270 --> 02:37:30,399

a self-awareness of what is possible

3866

02:37:35,830 --> 02:37:33,280

and not only in changing your reality

3867

02:37:39,030 --> 02:37:35,840

but those other forces out there that

3868

02:37:41,030 --> 02:37:39,040

will start to create chaos

3869

02:37:44,469 --> 02:37:41,040

and you have to recognize that when it's

3870

02:37:46,230 --> 02:37:44,479

coming in okay so uh now i'm going to

3871

02:37:47,750 --> 02:37:46,240

let everybody know that like this caller

3872

02:37:49,349 --> 02:37:47,760

right here i'm going to put you on hold

3873

02:37:51,750 --> 02:37:49,359

right now don't freak out it's going to

3874

02:37:54,070 --> 02:37:51,760

go silent okay i'm going to bring in

3875

02:37:57,030 --> 02:37:54,080

another caller right now

3876

02:37:59,750 --> 02:37:57,040

you stay right there i'm about to put

3877

02:38:00,950 --> 02:37:59,760

you on hold welcome to the show stay

3878

02:38:03,510 --> 02:38:00,960

right there

3879

02:38:05,670 --> 02:38:03,520

and uh let's uh

3880

02:38:07,270 --> 02:38:05,680

let's uh let's start uh seeing what's on

3881

02:38:09,190 --> 02:38:07,280

people's minds

3882

02:38:11,270 --> 02:38:09,200

let's go here first hi you're live on

3883

02:38:15,110 --> 02:38:11,280

fade to black who's calling

3884

02:38:18,230 --> 02:38:15,120

hi this is leanna hi leanna how are you

3885

02:38:21,190 --> 02:38:18,240

i am good jimmy i think you're awesome

3886

02:38:23,349 --> 02:38:21,200

i think you're awesome

3887

02:38:25,110 --> 02:38:23,359

thank you so much i appreciate that

3888

02:38:27,670 --> 02:38:25,120

what's on your mind

3889

02:38:30,070 --> 02:38:27,680

well you know you were talking about

3890

02:38:32,070 --> 02:38:30,080

how people try to derail you once you're

3891

02:38:33,429 --> 02:38:32,080

successful

3892

02:38:35,670 --> 02:38:33,439

and

3893

02:38:37,429 --> 02:38:35,680

one of the reasons why i think

3894

02:38:39,349 --> 02:38:37,439

that i don't try to go for that one

3895

02:38:42,230 --> 02:38:39,359

thing or what i love is because i'm

3896

02:38:43,590 --> 02:38:42,240

afraid at my very core i'm going to lose

3897

02:38:45,190 --> 02:38:43,600

people

3898

02:38:47,110 --> 02:38:45,200

yeah you know what

3899

02:38:49,510 --> 02:38:47,120

it's inevitable

3900

02:38:52,790 --> 02:38:49,520

right yeah i know right but yes yes do

3901

02:38:55,510 --> 02:38:52,800

you want to put your happiness

3902

02:38:57,830 --> 02:38:55,520

you know in jeopardy yeah you know and

3903

02:38:59,510 --> 02:38:57,840

and the other thing is this leanna and i

3904

02:39:02,389 --> 02:38:59,520

i really mean this

3905

02:39:05,270 --> 02:39:02,399

our time on this planet in our physical

3906

02:39:07,990 --> 02:39:05,280

selves is very very short and you know

3907

02:39:09,510 --> 02:39:08,000

when we hear this all the time but it's

3908

02:39:12,309 --> 02:39:09,520

really really true

3909

02:39:15,830 --> 02:39:12,319

and when you get to the end of the road

3910

02:39:18,070 --> 02:39:15,840

right and you're in your 70s 75

3911

02:39:21,110 --> 02:39:18,080

do you want to be that old lady that

3912

02:39:23,429 --> 02:39:21,120

says you know what i almost did what i

3913

02:39:25,110 --> 02:39:23,439

really loved but i didn't

3914

02:39:26,790 --> 02:39:25,120

you don't want to be that you don't want

3915

02:39:28,710 --> 02:39:26,800

to be saying those words you don't want

3916

02:39:31,349 --> 02:39:28,720

to be the woman with a billion cats i

3917

02:39:33,429 --> 02:39:31,359

totally agree

3918

02:39:34,790 --> 02:39:33,439

well if that makes you happy

3919

02:39:35,590 --> 02:39:34,800

but

3920

02:39:37,590 --> 02:39:35,600

so

3921

02:39:39,750 --> 02:39:37,600

you know but you're exactly right don't

3922

02:39:41,990 --> 02:39:39,760

worry about anybody else if i was

3923

02:39:44,309 --> 02:39:42,000

worried about the

3924

02:39:48,070 --> 02:39:44,319

the uh the critics

3925

02:39:49,670 --> 02:39:48,080

or the criticism or the negativity this

3926

02:39:51,349 --> 02:39:49,680

show would have never happened and you

3927

02:39:52,710 --> 02:39:51,359

and i wouldn't be talking right now and

3928

02:39:54,070 --> 02:39:52,720

you know what that would have sucked

3929

02:39:55,830 --> 02:39:54,080

right

3930

02:39:57,910 --> 02:39:55,840

yeah and i just wanted to say i think

3931

02:39:58,710 --> 02:39:57,920

that you're famous you're famous to me

3932

02:40:00,790 --> 02:39:58,720

and

3933

02:40:02,630 --> 02:40:00,800

a lot of other people so

3934

02:40:04,950 --> 02:40:02,640

you know as i get older i'm like well

3935

02:40:06,950 --> 02:40:04,960

what is self-worth what is what is

3936

02:40:08,950 --> 02:40:06,960

success

3937

02:40:10,870 --> 02:40:08,960

and you know i think that you've nailed

3938

02:40:12,790 --> 02:40:10,880

it dude you're cool

3939

02:40:14,790 --> 02:40:12,800

thank you so much leanna behave and be

3940

02:40:17,030 --> 02:40:14,800

well where are you calling from

3941

02:40:19,510 --> 02:40:17,040

i'm calling from pensacola florida

3942

02:40:21,750 --> 02:40:19,520

pensacola florida will behave and be

3943

02:40:22,870 --> 02:40:21,760

well and don't be a stranger to this

3944

02:40:24,870 --> 02:40:22,880

show

3945

02:40:26,790 --> 02:40:24,880

i won't and love to you and read it

3946

02:40:29,030 --> 02:40:26,800

thank you so much leanna behave thank

3947

02:40:30,550 --> 02:40:29,040

you thank you bye-bye

3948

02:40:32,790 --> 02:40:30,560

that's a great phone call right there

3949

02:40:37,110 --> 02:40:32,800

that's exactly right and that's how we

3950

02:40:38,309 --> 02:40:37,120

play it you know do not do not worry

3951  
02:40:39,670 --> 02:40:38,319  
about

3952  
02:40:42,230 --> 02:40:39,680  
critics

3953  
02:40:43,270 --> 02:40:42,240  
don't worry about losing somebody

3954  
02:40:44,870 --> 02:40:43,280  
because

3955  
02:40:46,469 --> 02:40:44,880  
what did i say

3956  
02:40:49,750 --> 02:40:46,479  
what did mitch say

3957  
02:40:51,750 --> 02:40:49,760  
right you can't be worried about that

3958  
02:40:57,830 --> 02:40:51,760  
don't be scared

3959  
02:40:59,590 --> 02:40:57,840  
that makes you happy

3960  
02:41:03,750 --> 02:40:59,600  
only you know that

3961  
02:41:09,030 --> 02:41:03,760  
and nail it

3962  
02:41:11,030 --> 02:41:09,040  
if your life will change

3963  
02:41:13,429 --> 02:41:11,040

uh you will glow

3964

02:41:16,550 --> 02:41:13,439

and not only that you are going to

3965

02:41:18,309 --> 02:41:16,560

attract other positive beings

3966

02:41:19,990 --> 02:41:18,319

right and they you you're just going to

3967

02:41:22,230 --> 02:41:20,000

look around and go wow things are so

3968

02:41:24,710 --> 02:41:22,240

much different you know and and and just

3969

02:41:27,910 --> 02:41:24,720

think about that don't worry about don't

3970

02:41:29,429 --> 02:41:27,920

be scared don't worry about anything do

3971

02:41:31,110 --> 02:41:29,439

your thing

3972

02:41:34,150 --> 02:41:31,120

the reason why

3973

02:41:36,030 --> 02:41:34,160

i am here is because i am happy i get to

3974

02:41:38,870 --> 02:41:36,040

hang out with all of you i'm doing

3975

02:41:40,550 --> 02:41:38,880

exactly what i want to do i don't want

3976

02:41:42,630 --> 02:41:40,560

to do anything else

3977

02:41:44,870 --> 02:41:42,640

right i don't play guitar

3978

02:41:46,230 --> 02:41:44,880

as much as i should

3979

02:41:49,110 --> 02:41:46,240

right

3980

02:41:50,790 --> 02:41:49,120

my my life is is this this is what makes

3981

02:41:53,750 --> 02:41:50,800

me happy i

3982

02:41:54,469 --> 02:41:53,760

i used to build model cars right i've

3983

02:42:01,990 --> 02:41:54,479

got

3984

02:42:04,070 --> 02:42:02,000

literally packed of models that i have

3985

02:42:06,950 --> 02:42:04,080

built over the years i used to sit i

3986

02:42:09,110 --> 02:42:06,960

mean i've got airbrush machines

3987

02:42:11,270 --> 02:42:09,120

i've got all of the

3988

02:42:13,990 --> 02:42:11,280

tools and things and

3989

02:42:16,550 --> 02:42:14,000

oh man and i've i've built i've

3990

02:42:18,870 --> 02:42:16,560

probably built hundreds

3991

02:42:20,230 --> 02:42:18,880

hundreds and and i even got rita

3992

02:42:21,670 --> 02:42:20,240

involved rita would be over there

3993

02:42:23,750 --> 02:42:21,680

airbrushing and

3994

02:42:24,790 --> 02:42:23,760

and and we built i i don't do that

3995

02:42:27,349 --> 02:42:24,800

anymore

3996

02:42:30,309 --> 02:42:27,359

now i i got a lot of enjoyment out of

3997

02:42:32,870 --> 02:42:30,319

that but they are sitting in in boxes

3998

02:42:35,429 --> 02:42:32,880

now i don't even i used to have shelves

3999

02:42:38,710 --> 02:42:35,439

and displays and lights and

4000

02:42:40,389 --> 02:42:38,720

and little things and scenes and i oh

4001

02:42:42,630 --> 02:42:40,399

man i was so into it

4002

02:42:44,469 --> 02:42:42,640

but i don't have time for that anymore

4003

02:42:45,750 --> 02:42:44,479

what makes me happy is what i'm doing

4004

02:42:47,830 --> 02:42:45,760

right here

4005

02:42:49,349 --> 02:42:47,840

you know and i talked about this my

4006

02:42:52,630 --> 02:42:49,359

stupid ear

4007

02:42:54,790 --> 02:42:52,640

you know i forget about my ear

4008

02:42:58,469 --> 02:42:54,800

when i'm here hanging out with you

4009

02:42:59,429 --> 02:42:58,479

you know it's my escape and i am just so

4010

02:43:05,349 --> 02:42:59,439

happy

4011

02:43:06,309 --> 02:43:05,359

i can only imagine and uh

4012

02:43:09,750 --> 02:43:06,319

that

4013

02:43:11,349 --> 02:43:09,760

maybe in the back of my mind

4014

02:43:13,429 --> 02:43:11,359

that i didn't want to tell anybody i

4015

02:43:15,510 --> 02:43:13,439

wanted to be on the radio

4016

02:43:18,150 --> 02:43:15,520

i didn't want to hear any

4017

02:43:20,550 --> 02:43:18,160

dude you on the radio you know i

4018

02:43:22,389 --> 02:43:20,560

okay so i kept it to myself

4019

02:43:25,590 --> 02:43:22,399

you know it wasn't something that i i

4020

02:43:28,630 --> 02:43:25,600

discussed with people but one day rita

4021

02:43:31,030 --> 02:43:28,640

and i decided we're gonna do this

4022

02:43:32,550 --> 02:43:31,040

you know that's it and we were committed

4023

02:43:33,750 --> 02:43:32,560

and that's all you need to do whatever

4024

02:43:36,710 --> 02:43:33,760

it is

4025

02:43:38,230 --> 02:43:36,720

do it commit and make it happen let's go

4026

02:43:40,790 --> 02:43:38,240

back to the phones hi you're live on

4027

02:43:43,190 --> 02:43:40,800

fade to black who's calling

4028

02:43:47,349 --> 02:43:43,200

jimmy this is ray

4029

02:43:51,349 --> 02:43:47,359

also known as mr anonymous

4030

02:43:54,710 --> 02:43:51,359

yes ray mr anonymous how are you

4031

02:43:58,550 --> 02:43:54,720

i'm terrific jimmy hey

4032

02:44:00,710 --> 02:43:58,560

i really appreciate your intro tonight

4033

02:44:03,349 --> 02:44:00,720

um

4034

02:44:05,670 --> 02:44:03,359

and and not to complain but

4035

02:44:07,269 --> 02:44:05,680

i feel for what you're going through i

4036

02:44:10,150 --> 02:44:07,279

work to

4037

02:44:11,990 --> 02:44:10,160

i work at a metrology lab i was a lab

4038

02:44:15,190 --> 02:44:12,000

manager until i got fired from that

4039

02:44:18,790 --> 02:44:16,870

and that's cool

4040

02:44:21,510 --> 02:44:18,800

it is what it is

4041

02:44:24,469 --> 02:44:21,520

but i had i had walking pneumonia for a

4042

02:44:27,030 --> 02:44:24,479

month and a half and i didn't know it

4043

02:44:30,230 --> 02:44:27,040

i just know i yeah when i went home i

4044

02:44:32,070 --> 02:44:30,240

just i felt like crap all the time

4045

02:44:33,990 --> 02:44:32,080

i didn't want to do anything you know i

4046

02:44:36,070 --> 02:44:34,000

was just tired all the time

4047

02:44:38,630 --> 02:44:36,080

had trouble breathing i thought it was

4048

02:44:41,030 --> 02:44:38,640

and i i had moved i was living up in

4049

02:44:43,429 --> 02:44:41,040

turlock and now i'm in bakersfield of

4050

02:44:44,630 --> 02:44:43,439

all places probably the worst air

4051  
02:44:46,309 --> 02:44:44,640  
quality is

4052  
02:44:48,230 --> 02:44:46,319  
you know everything in san joaquin

4053  
02:44:50,309 --> 02:44:48,240  
valley kind of focuses on bakersfield

4054  
02:44:51,990 --> 02:44:50,319  
that sits there in the summertime yes it

4055  
02:44:53,269 --> 02:44:52,000  
does but

4056  
02:44:56,070 --> 02:44:53,279  
yeah

4057  
02:44:57,590 --> 02:44:56,080  
anyway uh got a nice house here in

4058  
02:45:00,550 --> 02:44:57,600  
bakersfield

4059  
02:45:01,990 --> 02:45:00,560  
brought all of my 11 cats down here with

4060  
02:45:03,830 --> 02:45:02,000  
me

4061  
02:45:06,950 --> 02:45:03,840  
they're all rescues

4062  
02:45:09,030 --> 02:45:06,960  
in turlock i was staying at a house

4063  
02:45:12,070 --> 02:45:09,040

that i'd rented for 20 years one of the

4064

02:45:14,070 --> 02:45:12,080

conditions was no animals

4065

02:45:15,910 --> 02:45:14,080

and i actually got through that that

4066

02:45:18,230 --> 02:45:15,920

whole thing had been signing off the

4067

02:45:22,230 --> 02:45:18,240

house with them never finding out that i

4068

02:45:24,870 --> 02:45:22,240

had as many as 15 cats of the house

4069

02:45:25,990 --> 02:45:24,880

and that's a that's that's a challenge i

4070

02:45:28,309 --> 02:45:26,000

mean

4071

02:45:29,670 --> 02:45:28,319

you know what a uv light does with the

4072

02:45:31,990 --> 02:45:29,680

cat urine

4073

02:45:36,230 --> 02:45:32,000

you can find it immediately i was

4074

02:45:38,870 --> 02:45:36,240

scrubbing walls and floors for two weeks

4075

02:45:43,830 --> 02:45:38,880

wow anyway wow wow

4076

02:45:45,110 --> 02:45:43,840

but but um have you found your bliss

4077

02:45:47,349 --> 02:45:45,120

you know i

4078

02:45:49,110 --> 02:45:47,359

what two years ago when i first started

4079

02:45:52,950 --> 02:45:49,120

listening to you

4080

02:45:56,230 --> 02:45:52,960

uh what a blessing that was seriously

4081

02:45:58,230 --> 02:45:56,240

and and and i have enjoyed every time i

4082

02:46:01,910 --> 02:45:58,240

listen to you on the radio

4083

02:46:02,870 --> 02:46:01,920

i mean you you are prime time in my book

4084

02:46:07,750 --> 02:46:02,880

if

4085

02:46:08,790 --> 02:46:07,760

may watch about five minutes of hannity

4086

02:46:11,510 --> 02:46:08,800

and then

4087

02:46:13,269 --> 02:46:11,520

ingram comes on and i say oh time for

4088

02:46:15,590 --> 02:46:13,279

fade black

4089

02:46:18,070 --> 02:46:15,600

and she's my cue to go turn that on and

4090

02:46:19,670 --> 02:46:18,080

turn the tv off and that's the best

4091

02:46:22,550 --> 02:46:19,680

therapy that i've done

4092

02:46:27,349 --> 02:46:25,429

as far as the bliss

4093

02:46:30,070 --> 02:46:27,359

you know

4094

02:46:31,910 --> 02:46:30,080

i have spurts i'll

4095

02:46:34,389 --> 02:46:31,920

i'll listen to music

4096

02:46:36,870 --> 02:46:34,399

you know i'm 65 and i remember

4097

02:46:39,590 --> 02:46:36,880

harry james and doug sacks and all those

4098

02:46:42,870 --> 02:46:39,600

guys down there and i couldn't get as

4099

02:46:45,269 --> 02:46:42,880

involved with all of that as i wanted to

4100

02:46:46,710 --> 02:46:45,279

my mentor was he taught me all of the

4101

02:46:47,990 --> 02:46:46,720

audio

4102

02:46:49,750 --> 02:46:48,000

uh

4103

02:46:52,309 --> 02:46:49,760

shoot i can't even discuss audio with

4104

02:46:54,630 --> 02:46:52,319

anybody else anymore they just there's

4105

02:46:56,469 --> 02:46:54,640

no one like my mentor left and when you

4106

02:46:57,830 --> 02:46:56,479

mentioned bob

4107

02:47:00,389 --> 02:46:57,840

uh

4108

02:47:02,230 --> 02:47:00,399

that situation you talked about

4109

02:47:04,150 --> 02:47:02,240

yeah five minutes later after i was

4110

02:47:06,790 --> 02:47:04,160

thinking about a problem he'd call me on

4111

02:47:10,550 --> 02:47:06,800

the phone right and we and we were

4112

02:47:15,910 --> 02:47:12,550

and i had known him ever since i was

4113

02:47:18,830 --> 02:47:15,920

dropped on his doorstep in 1985

4114

02:47:23,110 --> 02:47:18,840

because like your guest tonight

4115

02:47:24,790 --> 02:47:23,120

i my last drop of alcohol was 1985 and i

4116

02:47:27,670 --> 02:47:24,800

think the world is probably a better

4117

02:47:29,110 --> 02:47:27,680

place for everybody else because of that

4118

02:47:31,670 --> 02:47:29,120

and i have no issues with that

4119

02:47:32,950 --> 02:47:31,680

whatsoever i was truly blessed i i

4120

02:47:35,030 --> 02:47:32,960

didn't have to

4121

02:47:37,830 --> 02:47:35,040

side slip or go back out and find out

4122

02:47:39,830 --> 02:47:37,840

how bad it was

4123

02:47:42,950 --> 02:47:39,840

the truth was was

4124

02:47:45,750 --> 02:47:42,960

given to me as a gift and i found out

4125

02:47:48,389 --> 02:47:45,760

who i was at that point

4126  
02:47:49,670 --> 02:47:48,399  
and it's been a slow process

4127  
02:47:52,790 --> 02:47:49,680  
after that

4128  
02:47:55,590 --> 02:47:52,800  
hey i got top secret jobs at nasa

4129  
02:47:57,990 --> 02:47:55,600  
uh was offered top secret jobs at skunk

4130  
02:47:59,670 --> 02:47:58,000  
works i even turned down two jobs at

4131  
02:48:01,510 --> 02:47:59,680  
skunk works

4132  
02:48:03,190 --> 02:48:01,520  
and i'm still kind of

4133  
02:48:04,870 --> 02:48:03,200  
you know i'm a little upset about that

4134  
02:48:07,590 --> 02:48:04,880  
because i wouldn't know more about that

4135  
02:48:09,269 --> 02:48:07,600  
rich if i'd have taken if i find a job

4136  
02:48:10,950 --> 02:48:09,279  
sure

4137  
02:48:13,030 --> 02:48:10,960  
but

4138  
02:48:15,590 --> 02:48:13,040

the bliss part of it you know the

4139

02:48:18,309 --> 02:48:15,600

meditation and all of that kind of stuff

4140

02:48:21,429 --> 02:48:18,319

that takes a severe devotion

4141

02:48:23,670 --> 02:48:21,439

and i really honestly am not there yet

4142

02:48:25,910 --> 02:48:23,680

i'll come home at the end of the day and

4143

02:48:27,429 --> 02:48:25,920

i'm just so tired

4144

02:48:29,670 --> 02:48:27,439

that i just want to sit down and do

4145

02:48:31,910 --> 02:48:29,680

nothing you know feed the cats get

4146

02:48:34,870 --> 02:48:31,920

myself a bite to eat and i'll just

4147

02:48:38,389 --> 02:48:34,880

vegetate for about a half an hour

4148

02:48:42,150 --> 02:48:38,399

and unlike you i'm not really doing

4149

02:48:43,670 --> 02:48:42,160

what i enjoy doing

4150

02:48:48,389 --> 02:48:43,680

yeah

4151

02:48:51,429 --> 02:48:48,399

those things

4152

02:48:53,830 --> 02:48:51,439

that only you don't have to verbalize it

4153

02:48:55,990 --> 02:48:53,840

right now with me that's not my intent

4154

02:48:59,030 --> 02:48:56,000

but only you

4155

02:49:03,110 --> 02:48:59,040

know your little secret

4156

02:49:05,030 --> 02:49:03,120

only you right and and whatever that

4157

02:49:08,550 --> 02:49:05,040

thing is

4158

02:49:11,190 --> 02:49:08,560

go and do it well if it's legal right

4159

02:49:13,670 --> 02:49:11,200

you know whatever i'm not saying your

4160

02:49:14,790 --> 02:49:13,680

little secret is robbing banks or or

4161

02:49:16,070 --> 02:49:14,800

whatever

4162

02:49:19,670 --> 02:49:16,080

um but

4163

02:49:23,110 --> 02:49:19,680

but if you know whatever that thing is

4164

02:49:26,630 --> 02:49:23,120

that you've always wanted to do

4165

02:49:29,750 --> 02:49:26,640

right go and do it you're 65.

4166

02:49:31,429 --> 02:49:29,760

man the time is now ray

4167

02:49:33,990 --> 02:49:31,439

quit what do you what are you farting

4168

02:49:36,230 --> 02:49:34,000

around for go and do it i

4169

02:49:38,309 --> 02:49:36,240

that's the thing is you know

4170

02:49:40,950 --> 02:49:38,319

when you say okay go ahead and dream

4171

02:49:42,070 --> 02:49:40,960

dream big go do your dream

4172

02:49:43,990 --> 02:49:42,080

it's like

4173

02:49:46,710 --> 02:49:44,000

damn i don't have any dreams i've been

4174

02:49:49,590 --> 02:49:46,720

in the workforce for 42 years

4175

02:49:51,510 --> 02:49:49,600

and i'm worked out i really it's gonna

4176

02:49:54,230 --> 02:49:51,520

take some time getting in contact with

4177

02:49:55,590 --> 02:49:54,240

ray yeah yeah i hear you there too my

4178

02:49:58,309 --> 02:49:55,600

friend i do

4179

02:50:00,389 --> 02:49:58,319

i do but you know that's why

4180

02:50:02,870 --> 02:50:00,399

uh you know not only fade to black is

4181

02:50:05,590 --> 02:50:02,880

here but a guest like mitch horowitz

4182

02:50:07,590 --> 02:50:05,600

uh will get you to think because that's

4183

02:50:09,349 --> 02:50:07,600

why you made this phone call

4184

02:50:13,110 --> 02:50:09,359

you know that's the truth that's the

4185

02:50:15,510 --> 02:50:13,120

truth so yeah go and do it go and think

4186

02:50:17,429 --> 02:50:15,520

all right ray anonymous go do your thing

4187

02:50:20,230 --> 02:50:17,439

man and uh

4188

02:50:22,630 --> 02:50:20,240

i'll see you tomorrow night right here

4189

02:50:24,710 --> 02:50:22,640

jimmy thanks very much and and say hello

4190

02:50:26,950 --> 02:50:24,720

to rita i sure will ray thank you so

4191

02:50:27,910 --> 02:50:26,960

much i always enjoy the phone calls with

4192

02:50:28,870 --> 02:50:27,920

ray

4193

02:50:31,110 --> 02:50:28,880

and

4194

02:50:33,269 --> 02:50:31,120

it's the truth it's the truth

4195

02:50:36,630 --> 02:50:33,279

if if you

4196

02:50:39,269 --> 02:50:36,640

get inspired by tonight's show where you

4197

02:50:41,110 --> 02:50:39,279

just sit back and go you know

4198

02:50:43,990 --> 02:50:41,120

church is right

4199

02:50:45,750 --> 02:50:44,000

there's this one thing you know all

4200

02:50:48,070 --> 02:50:45,760

right i've been beating around you know

4201

02:50:51,110 --> 02:50:48,080

what all right all right

4202

02:50:53,510 --> 02:50:51,120

that that right there we all win

4203

02:50:55,670 --> 02:50:53,520

the world wins

4204

02:50:56,870 --> 02:50:55,680

we all win so think about that let's go

4205

02:50:59,110 --> 02:50:56,880

back to the phones how you're live on

4206

02:51:01,590 --> 02:50:59,120

fade to black who's calling

4207

02:51:03,349 --> 02:51:01,600

mr jimmy church how are you hey scott

4208

02:51:05,110 --> 02:51:03,359

how are you

4209

02:51:07,429 --> 02:51:05,120

damn you you know my voice every time i

4210

02:51:10,309 --> 02:51:07,439

call in uh no i don't i i know your

4211

02:51:14,469 --> 02:51:10,319

phone number so uh

4212

02:51:16,950 --> 02:51:14,479

so scott uh have you found your bliss

4213

02:51:21,590 --> 02:51:16,960

i have i have my friend i really have

4214

02:51:21,600 --> 02:51:26,150

don't stop there

4215

02:51:29,110 --> 02:51:27,349

jimmy

4216

02:51:31,349 --> 02:51:29,120

i left

4217

02:51:34,550 --> 02:51:31,359

rock and roll business

4218

02:51:37,349 --> 02:51:34,560

and uh i took a hard left turn

4219

02:51:41,510 --> 02:51:37,359

and decided that

4220

02:51:44,389 --> 02:51:41,520

i am going to not be an old rocker like

4221

02:51:47,190 --> 02:51:44,399

icky pop and decide to make a family and

4222

02:51:48,870 --> 02:51:47,200

try to become a normal human being

4223

02:51:50,150 --> 02:51:48,880

and when i did that

4224

02:51:52,389 --> 02:51:50,160

it became

4225

02:51:55,110 --> 02:51:52,399

a very very

4226  
02:51:56,230 --> 02:51:55,120  
very hard journey and

4227  
02:51:57,990 --> 02:51:56,240  
i

4228  
02:52:00,150 --> 02:51:58,000  
purchased

4229  
02:52:01,990 --> 02:52:00,160  
from my road manager he had some hubcap

4230  
02:52:04,630 --> 02:52:02,000  
in will stores and

4231  
02:52:06,070 --> 02:52:04,640  
from that point on i just dedicated

4232  
02:52:09,030 --> 02:52:06,080  
myself to

4233  
02:52:10,790 --> 02:52:09,040  
trying to make myself a

4234  
02:52:14,070 --> 02:52:10,800  
human being that would make

4235  
02:52:17,510 --> 02:52:14,080  
just the right decision from there on in

4236  
02:52:20,389 --> 02:52:17,520  
does that make sense it does and

4237  
02:52:22,630 --> 02:52:20,399  
are you happy

4238  
02:52:25,429 --> 02:52:22,640

i am very happy i'm very happy and

4239

02:52:27,590 --> 02:52:25,439

sometimes i'm too happy and i have to

4240

02:52:29,830 --> 02:52:27,600

calm myself down

4241

02:52:32,550 --> 02:52:29,840

and that's the point

4242

02:52:34,870 --> 02:52:32,560

that's that's exactly the point i mean

4243

02:52:37,830 --> 02:52:34,880

so where you are today

4244

02:52:40,389 --> 02:52:37,840

you wouldn't change a thing and that's

4245

02:52:42,950 --> 02:52:40,399

what's most important i i when i said

4246

02:52:45,269 --> 02:52:42,960

tonight uh my opening rant

4247

02:52:46,950 --> 02:52:45,279

uh i may sound like i'm complaining i am

4248

02:52:51,349 --> 02:52:46,960

not i am thankful

4249

02:52:52,389 --> 02:52:51,359

um and rita and i would not change a

4250

02:52:54,150 --> 02:52:52,399

thing

4251

02:52:57,190 --> 02:52:54,160

we would not change there's there's

4252

02:52:58,150 --> 02:52:57,200

nothing there's nothing that we would do

4253

02:53:00,389 --> 02:52:58,160

different

4254

02:53:03,349 --> 02:53:00,399

you know not not a single thing

4255

02:53:05,990 --> 02:53:03,359

and that is what's most important is

4256

02:53:08,630 --> 02:53:06,000

that we are happy and anybody that's

4257

02:53:10,469 --> 02:53:08,640

around us you're around us uh we've got

4258

02:53:13,750 --> 02:53:10,479

a small circle of friends that are

4259

02:53:16,630 --> 02:53:13,760

around us they will all attest

4260

02:53:19,110 --> 02:53:16,640

to what rita and i are about we are real

4261

02:53:21,590 --> 02:53:19,120

our feet are on the ground and we just

4262

02:53:23,269 --> 02:53:21,600

do our thing we have no outside forces

4263

02:53:26,950 --> 02:53:23,279

that are pulling on us

4264

02:53:30,230 --> 02:53:26,960

uh we the reason why fade to black is

4265

02:53:32,469 --> 02:53:30,240

what it is is because it's uh

4266

02:53:34,550 --> 02:53:32,479

by design it's us

4267

02:53:36,150 --> 02:53:34,560

right it's nothing more than that and

4268

02:53:37,670 --> 02:53:36,160

people want to make

4269

02:53:38,710 --> 02:53:37,680

uh

4270

02:53:39,910 --> 02:53:38,720

you know

4271

02:53:41,670 --> 02:53:39,920

how do i want to say this i'm going to

4272

02:53:43,429 --> 02:53:41,680

say this in a polite way they want to

4273

02:53:45,510 --> 02:53:43,439

make fade to black something that it

4274

02:53:47,110 --> 02:53:45,520

isn't right they want to make me

4275

02:53:49,349 --> 02:53:47,120

something that i'm not

4276

02:53:51,670 --> 02:53:49,359

they want to you know by the power of

4277

02:53:53,910 --> 02:53:51,680

suggestion like he was saying mitch said

4278

02:53:55,190 --> 02:53:53,920

earlier you know with gossip and none of

4279

02:53:57,510 --> 02:53:55,200

it is true

4280

02:54:01,429 --> 02:53:57,520

you know only the people that are around

4281

02:54:04,230 --> 02:54:01,439

us know what is real and they laugh

4282

02:54:06,550 --> 02:54:04,240

they laugh at all the negatives because

4283

02:54:09,349 --> 02:54:06,560

it's all made up you know and and that's

4284

02:54:12,309 --> 02:54:09,359

what is hilarious you know and

4285

02:54:15,110 --> 02:54:12,319

we're happy i i can attest jimmy that

4286

02:54:16,389 --> 02:54:15,120

everybody and everyone that circles

4287

02:54:19,910 --> 02:54:16,399

around you

4288

02:54:21,190 --> 02:54:19,920

uh are very decent human beings and um

4289

02:54:24,389 --> 02:54:21,200

very polite

4290

02:54:26,150 --> 02:54:24,399

and you yourself are very very very

4291

02:54:28,230 --> 02:54:26,160

polite and uh

4292

02:54:30,230 --> 02:54:28,240

and conduct yourself as a gentleman and

4293

02:54:32,550 --> 02:54:30,240

and i i i don't know anybody would come

4294

02:54:33,670 --> 02:54:32,560

off as seen anything differently than

4295

02:54:36,389 --> 02:54:33,680

that

4296

02:54:39,110 --> 02:54:36,399

yeah yeah it's it's funny when i you

4297

02:54:41,830 --> 02:54:39,120

know i see some posts and i immediately

4298

02:54:44,070 --> 02:54:41,840

just like delete block right but i see

4299

02:54:46,790 --> 02:54:44,080

the paul you know the post start off or

4300

02:54:49,190 --> 02:54:46,800

some email or some tweet you know you

4301  
02:54:50,950 --> 02:54:49,200  
know uh you know jimmy and rita are

4302  
02:54:53,590 --> 02:54:50,960  
doing this or they're you know they're

4303  
02:54:56,550 --> 02:54:53,600  
they're it's like

4304  
02:54:58,950 --> 02:54:56,560  
you know it's it's hilarious

4305  
02:55:00,870 --> 02:54:58,960  
it's hilarious and and we don't

4306  
02:55:02,469 --> 02:55:00,880  
subscribe to it we just don't we don't

4307  
02:55:03,990 --> 02:55:02,479  
pay attention

4308  
02:55:05,830 --> 02:55:04,000  
i've got to ask you something now you

4309  
02:55:07,990 --> 02:55:05,840  
you have this inner ear problem and i

4310  
02:55:09,910 --> 02:55:08,000  
did about a year ago

4311  
02:55:11,830 --> 02:55:09,920  
and um i got to ask you something

4312  
02:55:13,590 --> 02:55:11,840  
because when we were talking about this

4313  
02:55:15,750 --> 02:55:13,600

when i was talking about

4314

02:55:16,550 --> 02:55:15,760

my bigfoot experience

4315

02:55:18,150 --> 02:55:16,560

and

4316

02:55:20,469 --> 02:55:18,160

i had mentioned something that who

4317

02:55:22,790 --> 02:55:20,479

created that inner ear the vertical

4318

02:55:24,630 --> 02:55:22,800

horizontal diagonal and the crystals

4319

02:55:26,550 --> 02:55:24,640

that float around in ears

4320

02:55:28,830 --> 02:55:26,560

and you've got to you got to really look

4321

02:55:32,309 --> 02:55:28,840

at this in a deep

4322

02:55:33,590 --> 02:55:32,319

um conceptual um

4323

02:55:35,110 --> 02:55:33,600

why not say this i don't know what to

4324

02:55:37,190 --> 02:55:35,120

say but

4325

02:55:40,309 --> 02:55:37,200

it is your your inner ear is a

4326

02:55:42,950 --> 02:55:40,319

floatation device and there's crystals

4327

02:55:45,190 --> 02:55:42,960

that are in that inner ear

4328

02:55:47,349 --> 02:55:45,200

that will tell you if you're going up

4329

02:55:49,110 --> 02:55:47,359

down diagonal

4330

02:55:50,630 --> 02:55:49,120

and if one of those crystals get

4331

02:55:52,630 --> 02:55:50,640

dislodged

4332

02:55:54,710 --> 02:55:52,640

you're going to go a different way that

4333

02:55:55,910 --> 02:55:54,720

you'll never believe and i i felt like a

4334

02:55:58,870 --> 02:55:55,920

couple times

4335

02:56:01,349 --> 02:55:58,880

that i was floating down 17 stories

4336

02:56:03,349 --> 02:56:01,359

down a building and that was because i

4337

02:56:05,110 --> 02:56:03,359

do a lot of mountain bike riding so i

4338

02:56:07,110 --> 02:56:05,120

don't know what you're experiencing but

4339

02:56:10,469 --> 02:56:07,120

you've got to ask yourself who designed

4340

02:56:12,469 --> 02:56:10,479

that this is a grand design

4341

02:56:15,510 --> 02:56:12,479

well you know what's uh what's really

4342

02:56:17,269 --> 02:56:15,520

funny in this seven month journey of

4343

02:56:19,750 --> 02:56:17,279

this chronic

4344

02:56:21,190 --> 02:56:19,760

uh ear situation

4345

02:56:25,030 --> 02:56:21,200

uh

4346

02:56:27,269 --> 02:56:25,040

so many different every single type of

4347

02:56:29,269 --> 02:56:27,279

medication and treatment has been done

4348

02:56:30,070 --> 02:56:29,279

okay everything from

4349

02:56:37,349 --> 02:56:30,080

uh

4350

02:56:38,550 --> 02:56:37,359

maneuver all right

4351  
02:56:40,950 --> 02:56:38,560  
hold on

4352  
02:56:42,550 --> 02:56:40,960  
uh antibiotics and steroids and

4353  
02:56:45,429 --> 02:56:42,560  
antihistamines

4354  
02:56:49,030 --> 02:56:45,439  
and and everything

4355  
02:56:51,590 --> 02:56:49,040  
seemed to have helped

4356  
02:56:54,150 --> 02:56:51,600  
and then it comes back and it comes back

4357  
02:56:56,550 --> 02:56:54,160  
stronger and it's you know and i've been

4358  
02:56:59,670 --> 02:56:56,560  
going on this this roller coaster and

4359  
02:57:01,030 --> 02:56:59,680  
it's it's it's just been gnarly

4360  
02:57:06,150 --> 02:57:01,040  
gnarly

4361  
02:57:08,309 --> 02:57:06,160  
everybody's energy coming this way i've

4362  
02:57:09,510 --> 02:57:08,319  
exposed it now everybody knows what's

4363  
02:57:12,230 --> 02:57:09,520

going on

4364

02:57:15,429 --> 02:57:12,240

and uh there you go it

4365

02:57:17,110 --> 02:57:15,439

uh are you facing vertigo uh i don't

4366

02:57:18,630 --> 02:57:17,120

want to get into you know what i don't

4367

02:57:19,830 --> 02:57:18,640

even want to talk about it i don't even

4368

02:57:21,990 --> 02:57:19,840

want to talk about it okay let's just

4369

02:57:24,469 --> 02:57:22,000

get let's just get let's just get the

4370

02:57:26,630 --> 02:57:24,479

energy flowing this way and and the

4371

02:57:27,750 --> 02:57:26,640

power of this audience will fix things

4372

02:57:29,510 --> 02:57:27,760

and there you go

4373

02:57:32,630 --> 02:57:29,520

you know and can i ask you one more

4374

02:57:40,070 --> 02:57:34,469

you know as i was growing up and you've

4375

02:57:45,429 --> 02:57:42,150

okay what scares me the most

4376

02:57:46,870 --> 02:57:45,439

what is worse is the man has lost

4377

02:57:48,790 --> 02:57:46,880

everything

4378

02:57:51,190 --> 02:57:48,800

and where are we going from here jimmy

4379

02:57:53,670 --> 02:57:51,200

where are we going

4380

02:57:56,950 --> 02:57:53,680

you know and it just seems like uh at

4381

02:57:59,110 --> 02:57:56,960

one point we were on the right track and

4382

02:58:01,750 --> 02:57:59,120

we've just come unglued you know and

4383

02:58:04,070 --> 02:58:01,760

we've lost sight of of everything that

4384

02:58:05,750 --> 02:58:04,080

we learned and we're taught thousands of

4385

02:58:08,630 --> 02:58:05,760

years ago it just all went out the

4386

02:58:10,150 --> 02:58:08,640

window and with that scott i gotta roll

4387

02:58:11,429 --> 02:58:10,160

credits and i gotta get out of here

4388

02:58:14,070 --> 02:58:11,439

you're my last caller of the night

4389

02:58:16,150 --> 02:58:14,080

behave and be well stay dry

4390

02:58:17,830 --> 02:58:16,160

i will you got it my brother i love you

4391

02:58:19,830 --> 02:58:17,840

love you back scott thank you so much

4392

02:58:21,830 --> 02:58:19,840

that's scott the rocker right there

4393

02:58:23,830 --> 02:58:21,840

fade to black's executive producer is

4394

02:58:25,670 --> 02:58:23,840

rita kumarian

4395

02:58:27,750 --> 02:58:25,680

show is produced by hilton j palmer

4396

02:58:30,710 --> 02:58:27,760

renee dennis and bob announcers are

4397

02:58:33,190 --> 02:58:30,720

steve harder gene vettel mark d kobar

4398

02:58:35,870 --> 02:58:33,200

webmaster is drew the geek music doug

4399

02:58:37,750 --> 02:58:35,880

aldrige intro spaceboy

4400

02:58:39,670 --> 02:58:37,760

spaceboymusic.com fade to black is

4401  
02:58:43,349 --> 02:58:39,680  
produced by kjcr for the game changer

4402  
02:58:47,429 --> 02:58:43,359  
network and syndication is kgra

4403  
02:58:48,190 --> 02:58:47,439  
the planet thank you mitch horowitz

4404  
02:58:49,990 --> 02:58:48,200  
mitch

4405  
02:58:52,309 --> 02:58:50,000  
horowitz.com you can follow him on

4406  
02:58:54,710 --> 02:58:52,319  
twitter at mitch horowitz amazing

4407  
02:58:57,269 --> 02:58:54,720  
conversation tonight this broadcast zone

4408  
02:58:59,190 --> 02:58:57,279  
and copyrighted 2019 by fade to black

4409  
02:59:01,590 --> 02:58:59,200  
and the game changer network it cannot

4410  
02:59:03,590 --> 02:59:01,600  
be rebroadcast downloaded copied or used

4411  
02:59:05,510 --> 02:59:03,600  
anywhere in the known universe without

4412  
02:59:07,590 --> 02:59:05,520  
written permission from page to black or

4413  
02:59:09,510 --> 02:59:07,600

the game changer network i'm your host

4414

02:59:10,309 --> 02:59:09,520

jimmy church follow me on twitter right

4415

02:59:11,349 --> 02:59:10,319

now

4416

02:59:14,630 --> 02:59:11,359

at j

4417

02:59:16,790 --> 02:59:14,640

church radio tomorrow night is our soul

4418

02:59:18,630 --> 02:59:16,800

tech 2019

4419

02:59:21,510 --> 02:59:18,640

special event you're not going to want

4420

02:59:23,269 --> 02:59:21,520

to miss that until then everybody be

4421

02:59:33,040 --> 02:59:23,279

safe